the catskill canister

Vol. XXII, No. 1

WINTER 1989

1989 MEMBERSHIP DUES AND SUBSCRIPTION FEES

1989 dues for members or subscription fees for aspirants are now payable. Please send in your money with the appropriate form on page 7.

\$10 HIKER'S FEE PROPOSED

To raise revenue and overcome New York state's fiscal problems, Governor Mario Cuomo's budget for the new fiscal year contains a proposal to require all hikers on state lands to pay a "user fee" of \$10. Money collected would go directly into the state's general fund; it would not be earmarked for land management or conservation. Before this measure can go into effect, it will have to pass the state legislature. If the "hiker's fee" does pass, New York would become the first state in the nation to have such a law.

While details of the collection and enforcement of the fee are not clear at this time, the intention is that a "hiking license" similar to a hunting or fishing license would be created. For the \$10 annual fee, each hiker would receive a permit which he would have to show to appropriate state officials whenever he was hiking on state lands. Hunters and fishermen would not have to pay the "hiker's fee"; their licenses would also be permits to be on state lands.

Along with several other hiking clubs, the Catskill 3500 Club has gone on record as opposed to this measure. The club has asked our president, Jonathan Clement, to write to the governor, members of the state legislature, or other appropriate state officials to express the club's opposition to this new fee.

WALKING ADVENTURES AT ANY AGE

(The following article is the first of several by Samuel Tannen describing his experiences walking in various foreign countries. -ED)

My walking background consists of hiking in stages the Appalachian Trail from New Jersey to Massachusetts and then becoming member #395 of the Catskill 3500 Club. The joyous feeling of movement makes me feel good especially after suffering a heart attack in 1976 and a cancerous kidney in 1980. Those setbacks reaffirmed my belief it is necessary to have a sensible program of exercise to remain fit. Walking and hiking fits the bill for me.

In 1977 at the age of 65, I attempted my first foreign walking adventure in merry old England. I researched the area from Christ Church to Stratford-on-Avon, and it seemed to fit my format. I walk about 15 miles a day, stop at a

THE CATSKILL CANISTER Published by The Catskill 3500 Club, Inc.

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hotel or inn, have my evening meal, and then continue the following day. Since small towns in this section of England are about fifteen miles apart, it was ideal for my type of hiking.

In May, I said good-bye to my wife and headed to Christ Church near Bournemouth on England's south coast. Hoisting my pack on my back, I felt tense and jittery as I started north along the Avon River. After a few hours my nervousness disappeared. Admiring the thatch roofed houses, beautiful gardens, peaceful villages, and rolling verdant country, I began to enjoy the English countryside. Because they lacked heavy traffic, I selected peaceful secondary roads paralleling main roads. Here I could hear the birds and admire the old majestic trees. Even getting lost was not a hardship. Sometimes I chose footpaths which wandered through private farmland and stopped abruptly in the middle of nowhere. I would flip a coin whether to turn left or right and then hope the direction taken would lead to a main road. In most cases it did.

I passed through Ringwood, Salisbury, Amesbury, Pewsey, Marlboro, Cheltenham, Evesham and finally Stratford-on-Avon. At one point I lost the Avon River; and then, behold, it appeared again. Curious about the phenomenon, I learned there were three different rivers named Avon. Cartographers might disapprove, but I did not complain. Refusing kind people who offered me lifts, I covered 125 miles. I enjoyed the trip so much I decided walking trips were going to be an annual affair. The friendly people, beautiful countryside, quaint inns, and joyful walking all contributed to my resolve to hike in another part of the world the next year.

In September, 1978, I embarked on my second foreign adventure. This time I choose France. I speak French poorly. I can make myself understood; but when spoken to, I am lost. Language, however, proved no barrier. It was difficult to choose where to go in France. I finally picked the Loire River in the Chateau Region; towns were spaced to fit my format, and the area was historic.

Chinon was my starting point. I visited the ruined castle where Joan of Arc made history. Then using secondary roads, walking through farmland and vineyards, I started off toward Azay de Rideau. Along the way there were many photogenic subjects, and my camera was constantly in use. At the next stop, Tours, a most unusual happy coincidence occurred. Visiting the Rotary Club, I met a young American on a Rotary scholarship from Hyde Park, NY, my home town.

Next came the towns of Amboise, Chaumont, Blois, Chambord, Beaugency, Orleans, Chateauneuf, Sully, and Gien. There were chateaux at most of those towns, and I absorbed all the history in each of them. The chateau at Chambord was the most interesting to me. Located in the countryside, its immensity was heightened by its isolation. The evening Son et Lumiere was most dramatic. On my way to Beaugency, an incident gave me second thoughts about taking rural roads. Walking along, I was admiring my rural surroundings when shots rang out. Bullets were whizzing close by. Thinking World War II was over many years ago, I hurried out of that new war zone. Weekend hunters after small game, it seems were stalking the countryside.

After walking 150 miles and enjoying every minute of it, I returned to Paris. The quaint hotels, the hospitable people, and the delectable food added to the pleasurable experience.

Samuel R. Tannen 7 Hill & Hollow Road Hyde Park NY 12538

INDUSTRIOUS MICE OF THE SMOKIES

On the Appalachian Trail in North Carolina, fourteen miles of hiking that day in blowing rain and dense fog were almost behind me. I sloshed uphill through wet and slippery leaves toward Deer Park Shelter. The temperature was dropping rapidly. I could see my breath vaporize as I pushed along. Even before arriving at the damp shelter, I made the decision to pitch my tent. I knew that in the tent I would eventually be warm and dry.

After a delicious freeze-dried potatoes, cheese and mushroom dinner, topped off by a granola bar and dried strawberries soaked in steaming tea, I trudged out into the rain and hung my food bag from a high tree branch. I suspended my cook set from a nail in the shelter.

All along the trail in the Smokies, bears, boars, deer, skunks, and even wild dogs had been avoided or repulsed; but the mice outsmarted me at every turn. When I hung my food in a shelter and rigged a "baffle" along the rope, the clever little beasties just slid down the rope and dove off the baffle onto my food bag. There they proceeded to chew through three heavy plastic bags, two light ones, paper, and foil to get to my chocolate-coated peanut cluster bar. Meanwhile, their cousins would scale my hanging backpack and nibble mammoth holes in the plastic bag protecting my woolen hat and mittens. The persistent little night marauders had a good time with toilet paper too.

Well, this night they wouldn't! The only things I left in the shelter were my empty backpack, my soaking crusher hat sitting on top of it, my blackthorn walking stick leaning against it, and my extra eyeglasses in a lower pocket.

Early the next morning, I groped my way through the pea-soup fog to the wet shelter for an oatmeal, brown sugar, dried bananas, "butter buds", powdered milk, and cocoa breakfast, topped off by my very last piece of applesauce cake. I reached toward my backpack to load it with my sleeping gear. The upper outside pocket, previously empty, was bulging. Cautiously and slowly, I peered into the pocket and laughed aloud. What amused me was the industry of the shelter's mousy inhabitants and the work they would have to do all over again the next night--stowing away three hundred sixty-two acorns!

> Joan Dean, #360 12 Crowell Place Maplewood, NJ 07040

- 4	- CATSKILL 3500 CLUB	
646	Robert C. Consadine 10/11/88 36 Lincoln Dr., Poughkeepsie, NY 12601	914-297-9116
647	Richard L. Ehli 10/15/88 17 Hoover Lane, Bethpage, NY 11714	516-735-7363
648	William H. Schwab 10/15/88 RD 1, Enterprise Rd., Rhinebeck, NY 12572	
649	Harvey T. McGee 10/15/88 5 Julia Dr., Hyde Park, NY 12538	914-229-8418
650	Ferdinand Caiocca 10/13/88 508 East 78th St., New York, NY 10021	212-734-7974
651	Denis P. McLane 10/27/88 Box 563, Phoenicia, NY 12464	914-688-5569
65 2	Joseph W. Testerman 10/16/88 RD 1, Box 300, Wallkill, NY 12589	914-744-2041
653	Geoffrey L Meissner 11/12/88 96 Mandalay Dr., Poughkeepsie, NY 12603	914-473-8452
654	Darielle Graham 11/12/88 60 Barker St., Apt. 419, Mt. Kisco, NY 10549	914-241-2240
655	Alvin DeMaria 12/25/88 P.O. Box 98, New Paltz, NY 12561	914-255-1740
656	Fred W. Doneit 12/29/88 34 Lincoln Dr., Poughkeepsie, NY 12601	914-297-5046
657	Geoffrey T. Haderath 1/2/89 18 Delaware Terr., Albany, NY 12209	518-463-5648

HIKE LEADERS NEEDED

Club members who have not previously led scheduled hikes are encouraged to become leaders. While the club now has over 650 members, only a relative few regularly lead hikes. New members are particularly asked to sign up.

To encourage hike leadership and to reward veteran leaders, the club plans to start awarding a hike "leader" patch. This patch will complement the club membership and winter member patches we now have. Details on how to qualify for this patch will be announced at the Annual Dinner Meeting. They will also appear in the next issue of the Canister.

If you are intested in becoming a hike leader, please contact the Outings Chairman, Anthony Amaral, Jr., 575 Quaker Road, Chappaqua, NY, 10514. During work days (8:00 A.M. to 6:00 P.M.), he can be reached at 212-490-7900. Evenings Mondays through Wednesdays, he is at 914-238-8164.

CATSKILL 3500 CLUB HIKES

Mar 4 BEARPEN AND VLY A moderate bushwhack. Elev.: 3600', 3529' Order: 29, 32 Distance: 7 mi. Ascent: 2000' Meeting Place: Call leader for details. Leader: Richard Dabal (#555) 139 George Street, Lambertville, NJ 08530 609-397-0707 between 7:00 and 10:00 P.M. Mar 11 INDIAN HEAD, TWIN, A strenuous, fastpaced trail hike SUGARLOAF, AND PLATEAU (depending on conditions). Distance: 14 mi. Ascent: 4100' Elev.: 3573', 3640', Order: 30, 23 3800', 3840' 13, 12 Meeting Place: Call leader early for details. Leader: Larry Leslie (#208) 19 William Street, Catskill, NY 12414 914-431-5852 days between 7:30 A.M. and 3:40 P.M. Mar 18 FRIDAY AND BALSAM CAP A strenuous, fastpaced bushwhack from Moon Haw Road. Snowshoes and full crampons required. Heavy precipitation or bad driving conditions cancel. Distance: 7 mi. Ascent: 3100' Elev.: 3694', 3623' Order: 19, 25 Meeting Place: Junction of Rts. 28 and 28A in Boiceville at 9:00 A.M. Leader: John Graham (#478) 60 Barker Street, Mt. Kisco, NY 10549 914-241-2240 Apr 1 HUDSON HIGHLANDS Scenic, moderately strenuous trail hike including climbs of North Beacon, South Beacon, Sunset Hill, and Sugarloaf. Joint with AMC. Heavy rain cancels. Hike should be over an hour before the Annual Dinner Meeting, which is not far across the bridge near Newburgh. Distance: 9 mi. **Ascent: 2300'** Meeting Place: Parking lot on Rt. 9D, 1/4 mile north of the tunnel and 2 miles north of Rt. 301 in Cold Spring, at 10:15 A.M. Leader: Anthony Amaral, Jr. (#612) 575 Quaker Road, Chappaqua, NY 10514 212-490-7900, days between 8:00 A.M. and 6:00 P.M. Apr 8 TABLE AND LONE A moderately strenuous trail hike and bushwhack. Snowshoes are required and crampons are recommended. Distance: 9 mi. Ascent: 1950' Elev.: 3847', 3721' Order: 10, 17 Meeting Place: Denning at 9:00 A.M. Leader: John Fish, (#27) R.D. 4, Box 42, Hudson, NY 12534 518-851-9670 Apr 15 SHOKAN HIGH POINT A moderate trail hike via the Kenape. Distance: 6 mi. Ascent: 1980' Elev.: 3082' Meeting Place: Junction of Rts. 28 and 28A in Boiceville at 9:00 A.M. Leader: Angie Mahdavian (#372) R.D. 4, Box 2180, Kingston, NY 12401 914-338-6263

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Apr 22 BIG INDIAN AND FIR

A moderate bushwhack and trail hike. Bring snowshoes.

Distance: 9 mi. Ascent: 2150' Elev.: 3680', 3625' Order: 20, 24 Meeting Place: Junction of Rt. 28 and County Road 47 in Big Indian. Meet on County Road 47 across from the grocery store near the corner at 9:00 A.M.

Leader: Ernest Mahlke (#72) R.D.1, Box 178B1, Laurens, NY 13796 607-432-2583

Apr 29 PEEKAMOOSE

5

A moderate trail hike from Peekamoose Road.

Distance: 7 mi. Ascent: 2650' Elev.: 3843' Order: 11 Meeting Place: Junction of Rt. 28 and 28A in <u>Boiceville</u> at 9:00 A.M. Leader: Anthony Amaral, Jr. (#612) 575 Quaker Road, Chappaqua, NY 10514 212-490-7900 days between 8:00 A.M. and 6:00 P.M.

ASSUMED RISK

Hiking involves certain inherent hazards, and persons participating do so at their own risk.

CLOSER TO THE SKY

As I wander on a tree lined path of dirt and rock That winds its way uphill, soft and gradual or hard and steep, Sometimes narrow next to a rushing stream, Sometimes widening over a worn ridge of stone (carved by time herself), Drawing me, ever closer to the sky.

SNOW/TIME

Snow/Time minute by minute faster and faster, till it whites out the lights of mankind filling the cracks and burying whole cities removing them from memory. It whirls, eddies, and dances over life itself, cleansing with its old, endlessly drifting over the ugliness of manmade wounds of the earth, to reflect the sun on the beginning of a new day.

> Katrina Van Tassel, #67 P.O.Box 383 Germantown, NY 12526

ANNUAL DINNER DATE

Save the date of Saturday, April 1, 1989, for the annual meeting of the Catskill 3500 Club. The dinner will be at Meadowbrook Lodge, New Windsor, NY, near Newburgh. At the meeting, new members receive their membership certificates. Those completing during the past year all the peaks in winter receive their winter memberships. Members, aspirants, and all other people interested in the club's activities are invited to attend.

DUES AND SUBSCRIPTION NOTICE

Annual dues for members and subscription fees for aspirants are now payable for 1989. Please note that dues include a subsciption to <u>The Catskill</u> <u>Canister</u>. Since delinquent payments make extra work for the volunteers who have to send out reminders and also cost extra for postage, please send your money now. There is a space for those wishing to make a contribution to the treasury.

Only one payment is required - dues or subsciption.

<u>Annual dues for members</u> - \$3.00 Make check payable to The Catskill 3500 Club, Inc. and mail to Elinore G. Leavitt, 246 Joslen Blvd., Hudson, NY 12534. Sign and retain the enclosed membership card.

Name	#
Address	DUES \$ 3.00
	CONTRIBUTION
Phone ()	TOTAL ENCL
Social Security No. (optional*)	
Annual subscription fee for aspirants - Catskill 3500 Club, Inc. and mail to Cy Wyckoff, NJ 07481.	
Name	SUBSCRIPTION . \$ 3.00
Address	CONTRIBUTION .
	TOTAL ENCL

* Members of the club "involved with operation, maintenance and development of trails on New York State Parkland" are eligible for the protection of Worker's Compensation coverage in the event of injury incurred while working on any trail maintained by the club. Your name and social security number must be on file with the state. If you wish to be eligible, include your social security number above.

A SUCCESSFUL WINTER WEEKEND

The 1989 Winter Weekend was a great success; 34 members and aspirants participated in the weekend activities. Despite cold temperatures and icy conditions which made climbs challenging, there were successful hikes to Balsam, Eagle, Big Indian, Fir, Panther, Slide, and Southwest Hunter. Several aspirants finished their required climbs to qualify for membership.

Current plans for 1990 are to return to the Alpine Inn in Oliverea on the weekend after the Martin Luther King holiday.

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the catskill canister

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SPRING 1989

NEW LEADERSHIP AWARD

To foster leadership within the Catskill 3500 Club, to encourage members of the Club to become proficient in the use of map and compass, and to promote safety in the wilderness, the Executive Committee is initiating a Leadership Award in the form of a patch.

Rules for Applying for the Leadership Patch

1. The leader must be a member of the Catskill 3500 Club and have accomplished the requirements for the membership patch.

2. The leader's hikes must be accepted by the Outings Chairman and be listed in <u>The Catskill Canister</u>.

3. The leader must lead six separate hikes -- there is no time limit. The initial qualifying date will be September 1, 1989, and no credit will be given retroactively. The Executive Committee, however, from time to time may award honorary patches.

4. One of the six hikes must be to a peak that qualifies as trailless.

5. One hike must be led during the winter period, determined to be between December 21 and March 21.

6. The hike sign-up sheet or a facsimile thereof is to be sent back to the Outings Chairman. Only one leader may receive credit for a hike led. No credit will be given unless the hike takes place. A substitute leader may qualify, provided his or her name is placed as the leader on the hike sign-up sheet.

7. When a leader has met the requirements, he or she is to submit a list of qualifying hikes to the Outings Chairman. The leadership patches will be awarded at the Annual Dinner.

SO WHO IS COUNTING

"Another treadmill on the road to oblivion," Fred Allen used to say in the golden age of radio.

On March 16, 1989, one day after my sixty-ninth birthday, the weather cooperated long enough to let me reach the summit of Mt. Monroe in New Hampshire's White Mountains. I thereby completed my long, often faltering quest to climb the 111/113 4000 foot peaks of the northeast in the winter season.

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The final effort was a 12 1/2 mile solo journey by way of the Crawford Path. I wore crampons above treeline and carried snowshoes. I did not see a soul until I returned to Mt. Clinton. By that time all the apprehensions I had experienced earlier in the day had left me.

It was strange I felt no particular elation as I viewed my surroundings from the top of Monroe. It was more a sense of relief coupled with a touch of sadness as I realized that my peak bagging days were about over. The real satisfactions had been from the fun of the chase and the adventures along the way. I also enjoyed the companionship of those who shared in my experiences.

> Sam Steen #92 6 Dubois Street, Kingston, NY 12401

SUGGESTION FROM AN ASPIRANT

I have thoroughly enjoyed my hikes in the CATSKILLS. The folks in the 3500 Club are outstanding people. There is, however, something missing for many of us who ascend these peaks: a sense of geography. On several hikes, I have wondered about the identity of some distant peak. I would ask the hike leader or a Catskill veteran to name the mountain. Much to my surprise, these people often could do no better than I could by looking at a map. I remember last November's hike up Bearpen. We had 25 on that hike, but I was the one who picked out Hunter, Doubletop, Graham, Slide, and Mt. Everett in Massachusetts. Folks are hiking these peaks without a good idea of what they are seeing at the summits!

I have done much hiking in the White Mountains, and one mental activity I do on a summit is to pick out surrounding ones. This exercise helps me find my way better when bushwhacking and yields a better appreciation of the mountains and their geography. In my experience, however, many Catskill hikers are not as familiar with their surroundings as they could be.

Many years ago, the <u>Catskill Canister</u> published a compass plot from the summit of Slide Mountain to all the other 3500 footers. I think we ought to do this more. Hikers could make compass plots or sketch rough panoramas from Catskill viewpoints and identify the peaks. The <u>Canister</u> could publish them. Among others, views worthy of this treatment include the summits of Slide, Twin, Bearpen, Hunter, Panther, as well as viewpoints on Peekamoose, Blackhead, West Kill, Windham High Peak, Cornell, Wittenberg, and Table. Documenting views would be a tremendous learning experience for both aspirants and members. It would also be a fine addition to our knowledge of Catskill geography.

> Lawrence D. David 28 Edgehill Drive, Wappingers Falls, NY 12590-3646

STATE SHELVES HIKER'S FEE PROPOSAL

Governor Mario Cuomo's administration has apparently shelved at least for the time being the proposal to impose a \$10 hiker's fee on users of state forest preserve lands. There were serious questions within the Department of Environmental Conservation itself as to how the fee system would be administered and policed.

To make known the Catskill 3500 Club's position regarding any such fee, past president Jonathan Clement wrote to the Governor on March 13th to express our opposition. In his letter, Jonathan pointed out the problems of collection and enforcement. He also mentioned the fee would be counterproductive to the "I love NY" campaign, would increase the state's exposure to lawsuits, and would lower the morale and enthusiasm of volunteer trail maintainers.

SEARCH AND RESCUE VOLUNTEERS CAN SIGN UP

The Catskill 3500 Club maintains a list of members and aspirants to assist the Department of Environmental Conservation in its search and rescue efforts on certain occasions. People on the list have expressed a willingness to be called should the need arise. Being listed, however, is not interpreted as a commitment to turn out on any particular occasion. Living near the CATSKILLS is not a requirement because intensive searches need lots of volunteers and may take days to accomplish. Special Saturday training sessions, supervised by the DEC, take place from time to time.

If you would like to be added to the search and rescue volunteer list, please send your name, address, home phone number, and work phone number to Jonathan Clement, RD#1, Box 223, East Greenbush, New York 13061, 518-477-6602.

CLUB APPROVES LIFE MEMBERSHIP PROVISION

At the April 1st Annual Meeting, the club approved changing Article 5 of the bylaws to allow for life membership in the club. For a one time payment of a minimum of \$100, a member will become a life member and be exempt from any further payment of dues for the rest of his or her life. The provision is similar to those in effect for other area hiking clubs. More details about obtaining life membership will be forthcoming.

BALSAM LAKE MOUNTAIN WILD FOREST PLAN NEARS COMPLETION

The unit management plan for the Balsam Lake Mountain Wild Forest is nearing completion. Almost entirely in the town of Hardenbergh, the area involved is roughly bounded by Balsam Lake Mountain on the east, Beaver Kill on the south, Alder Lake on the west, and Mill Brook on the north. Plans call for closing old roads to motorized access, creating new parking, and removing hazardous buildings. A new 7.5 mile trail will be built from Alder Lake along Mill Brook Ridge to Balsam Lake Mountain. The new trail is expected to become a link in the Finger Lakes Trail. At the annual meeting, Conservation Chairman Ray Donahue referred to this plan as "one of the more thoughtful" made by the Department of Environmental Conservation.

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LETTERS FROM MEMBERS

This was quite a winter to climb in the CATSKILLS. The ice made many of the climbs interesting and difficult. It took two me attempts to get Friday and Balsam Cap and three tries to finally reach the top of Plateau.

Bob Consadine (#646) 36 Lincoln Drive, Poughkeepsie, NY 12601

I hope the 3500 Club and others will make every effort to defeat the proposed "hikers tax." In my view, the State of New York already collects a similar "tax." Several years ago, two of us each in our own auto went to Woodland Valley for the first time. The ranger collected \$5.00 from EACH of us to park. Unbelievable!

Ronald E. Schneider 33 Willard Road, Aurora, OH 44202

A REMINDER

Please check your last issue of the <u>Canister</u> for dues and subscription notices. Several members and aspirants are delinquent. Only one payment is needed - for <u>either</u> members' dues <u>or</u> aspirants' subscriptions. Send it in today to keep your membership active and your <u>Canister</u> coming.

CATSKILL 3500 CLUB

658	J. Marion Dickey 1/21/89 153 Rockwood Rd., Manhasset, NY 11030	
659	Neal Snyder 1/2/89 P.O. Box 236, Cape May Court House, NJ 08210	609-463-0007
660	George R. Deibert 2/4/89 Cookingham Drive East, Staatsburg, NY 12580	9148894906
661	Henry Edmonds 2/4/89 268 Main St., Apt. 12, Danbury, CT 06810	203-743-7039
662	Renate A. M. Koble 2/4/89 185 West End Ave., New York, NY 10023	212-724-3006
663	Joseph DiSaverio 2/4/89 988 Cordes Court, Oradell, NJ 07649	201-967-7160
664	Thomas Fox 2/4/89 30 Wildwood Dr., Poughkeepsie, NY 12603	914-462-3124
665	Scott L. Fonner 2/13/89 R.D. 2. Box 2. Autumn Mt. White Haven PA 18661	215-267-4614

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		- 5 -
666	Mirielle Potter 2/11/89 51 Church St., Keyport, NJ 07735	201-888-8291
667	Susan Arbit 1/21/89 Box 110A, Bryan Rd., Rensselaerville, NY 12147	914-255-1740
668 669	Frank J. Raffaldi 2/26/89 Marjorie A. Raffaldi 2/26/89 Rt. 28A, Box 460, West Hurley, NY 12491	914-331-5207
670	Angela Suter 3/4/89 118 Puritan Rd., Fairfield, CT 06430	203-255-1603
671	Kathleen Davies 3/11/89 Box 1193, Hillburn, NY 10931	914-357-2219
672	Devon Russ 3/20/89	914-352-7013

NEW TALLY SHEETS READY

3 Dunlop Drive, Spring Valley, NY 10977

New tally sheets, which include Southwest Hunter, have been printed and are now available for distribution. Remember, Southwest Hunter becomes a required ascent on April 1, 1990.

Bill Clock (#473) has suggested the club needs some way to advertise and promote the club to non members. The executive committee agrees and feels the tally sheet itself may be our best "business card." The executive committee recommends all members carry a few spare tally sheets whenever hiking in the CAT-SKILLS (and perhaps elsewhere). When non members are encountered on the trail and the subject of the Catskill 3500 Club comes up, it would be excellent to offer the non member a tally sheet. Not only does the sheet contain all the information one needs to become acquainted with the club, but also it permits the hiker to become an aspirant on the spot by recording recent hikes.

Spare tally sheets may be obtained from Elinore Leavitt, 246 Joslen Boulevard, Hudson, NY 12534. Please send a legal size self addressed stamped envelope with your request.

THE PERIPATETIC PORCUPINE

Alice and Clarence Beehler (#25) are busy building and selling houses in western North Carolina. They recently welcomed newcomer Walter Gregory (#18) to their area. * * * * Best wishes to Bill Riemvis (#171) for a swift and complete recovery from his recent operation. * * * * Gene Daniell (#498), Chair of the AMC Four Thousand Footer Committee reports four more people have completed the 451 peak New England 3000 Footer list this year, raising the total to nine. * * * * Bill Byrne, observer on Hunter Mountain, is looking forward to seeing some of the "gang" on Hunter again this year. * * * * Ralph Ferrusi (#122) recently climbed 1710' Sage Mountain, highest point in the Virgin Islands, as part of a two week "island bagging" trip to the West Indies. * * * * F. Irwin (Smithy) Smith (#58), equipped with recently installed Mechanical Heart Valve #269342, will soon be back hiking with the Union County and Frost Valley clubs. He also plans a ten day canoe trip down the Green River in Utah this spring. * * * * Larry Russ (#522) and Devon Russ (#672) were married on March 18th. A honeymoon climb to the top of Sugarloaf completed the CATSKILLS for Devon on March 20th.

WINTER SONG OF ROCKY AND LONE (to the tune of "Sweet Betsy from Pike")

Deep in the Neversink Valley, alone Rise two trailless mountains called Rocky and Lone. They went in the winter, the cold wind, and snow, At a pace that was steady, not fast and not slow. ("Come a ki yi yippie yi yippie yi yay.")

They were three hours hiking along that cold stream, When they spotted their landmark just like in a dream: The river on their left and before them a creek With two trees leaning outward, was the place they did seek. ("Come a ki yi yippie yi yippie yi yay.")

They scaled up the mountains with the skill of the bold And nothing could stop them not wind, ice, not cold. To the top of each mountain directly they went, And we know that they know well what bushwhacking meant. ("Come a ki yi yippie yi yippie yi yay.")

Now the wind, it was howling, but the sun in the sky Helped bring peace to their spirits, as the day went on by. The wind finally calmed, but day ended too soon. They followed their tracks out with their backs to the moon. ("Come a ki yi yippie yi yippie yi yay.")

All you mountaineer people, you already know The mountains are where all our spirits do go. The mountains are big; we are tiny like elves. When we look for the summit, we're finding ourselves. ("Come a ki yi yippie yi yippie yi yay.")

> Stephen Fishman (#618) 202 Albany Avenue, Kingston NY 12401

ANNUAL DINNER WELCOMES NEW MEMBERS

At the Annual Dinner Meeting, 42 new members were welcomed into the club. In addition, 24 new winter members were recognized. After the business meeting Howard Adriance (#327) gave a brief slide presentation on skiing the glaciers of Alaska's Mt. McKinley.

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CATSKILL 3500 CLUB HIKES

May 6 <u>BALSAM, Haynes, and EAGLE</u> A moderately strenuous bushwhack and trail hike from McKenley Hollow.

Distance: 7 mi. Ascent: 2700' Elev.: 3600', 3605' Order: 28, 27 Meeting Place: Sweet Sue's Bakery in Phoenicia at 8:30 A.M. Leader: Anthony Amaral, Jr. (#612), 575 Quaker Road, Chappaqua, NY 10514 212-490-7900 Days, 8:00 A.M. - 6:00 P.M.

May 6Overlook, (Plattekill, maybe),
and INDIAN HEADA moderately strenuous trail hike
(and possible bushwhack with an
additional ascent of 500') from Meads
to Prediger Road. Heavy precipitation cancels.

Distance: 9 mi. Ascent: 2800' Elev.: 3573' Order: 30 Meeting Place: Call leader not later than the evening of May 4 for details. Leader: Richard E. Barr (#604), 205 West 86th Street, New York, NY 10024 212-877-2694

May 13North Mountain, Stoppel Point,
and BLACKHEADA strenuous trail hike with spectacular
views from North Lake to the Black Dome
Valley via the Escarpment Trail. Rain
cancels. Call leader for possible make-
up date.

Distance: 12 mi. Ascent: 2800' Elev.: 3940' Order: 5 Meeting Place: Maplecrest Post Office at 8:00 A.M. Leader: Sue Eilers (#337), 307 Anita Lane, Mamaroneck, NY 10543 914-698-7219

May 13 NORTH DOME and SHERILL A moderately strenuous bushwhack.

Distance: 8 mi. Ascent: 2600' Elev.: 3610', 3540' Order: 26, 31 Meeting Place: Call leader for details.

Leader: Geoffrey L. Meissner (#653), 96 Mandalay Drive, Poughkeepsie, NY 12603 914-473-8452 before 10:00 P.M.

May 20 <u>Bellayre, BALSAM, Haynes,</u> A strenuous trail hike. and EAGLE

Distance: 14 mi. Ascent: 3100' Elev.: 3600', 3605' Order: 28, 27 Meeting Place: Junction of Route 28 and County Road 47 in Big Indian across from Morra's grocery store on County Road 47 at 8:30 A.M.

Leader: Paul Wulff (#591), Fox Hollow Road, P.O. Box 213, Shandaken, NY 12480 914-688-7559

May 27 LONE and ROCKY

A moderately strenuous bushwhack.

Distance: 9 mi. Ascent: 1950' Elev.: 3721', 3508' Order: 17, 35 Meeting Place: Denning at 9:00 A.M.

Leader: Bruno Walmsley (#610), 312 N. Harrison Street, Princeton, NJ 08540 609-924-4679

- 7 -

- 8 -

Jun 3 WEST KILL

A moderately strenuous trail hike.

Distance: 9 mi. Ascent: 2100' Elev.: 3880' Order: 6 Meeting Place: Junction of Rt. 42 and County Road 6 in West Kill at 9:00 A.M. Leader: Anthony Amaral, Jr. (#612), 575 Quaker Road, Chappaqua, NY 10514 212-490-7900 Days, 8:00 A.M. - 6:00 P.M.

Jun 3 <u>THOMAS COLE and BLACK DOME</u> A moderately strenuous trail hike from Barnum Road to Big Hollow Road.

Distance: 6 mi. Ascent: 2150' Elev.: 3945', 3990' Order: 4, 3 Meeting Place: Maplecrest Post Office at 9:00 A.M. Leader: Lenny Bernstein (#342), 16 Beverly Court, Metuchen, NJ 08840 201-321-1079

Jun 10 <u>TABLE and PEEKAMOOSE</u> trail clearing hike along the section of the Long Path maintained by the Club. Bring tools if you have them; otherwise, they will be provided.

Distance: 10 mi. Ascent: 2800' Elev.: 3847', 3843' Order: 10, 11 Meeting Place: Junction of Rts. 28 and 28A in <u>Boiceville</u> at 8:00 A.M. Leader: Tim Watters (#268), 30 Wagner Avenue, Wallington, NJ 07057 212-984-0373 Weekdays (9:00 A.M. - 5:00 P.M.)

Jun 24 WITTENBERG and CORNELL

All are invited to join Wanda on her moderately strenuous Fortysomething Birthday Hike. Heavy rain cancels.

Distance: 9 mi. Ascent: 3100' Elev.: 3780', 3865' Order: 14, 9 Meeting Place: Phoenicia Diner on Route 28 at 9:00 A.M. Leader: Wanda Davenport (#523), 169 Pershing Avenue, Ridgewood, NJ 07450 201-670-7790 before 9:00 P.M.

Jun 24 <u>KAATERSKILL HIGH PEAK</u> and Huckleberry Point Swim at the end of the day at Plattekill Clove Falls.

Distance: 11 mi. Ascent: 2000' Elev.: 3655' Order: 22 Meeting Place: Howard Johnson Restaurant on Rt. 32 just north of the Saugerties Exit #20 of the New York State Thruway at 10:00 A.M. Leader: Richard Wolff (#321), 125 Gates Avenue - 14, Montclair, NJ 07042 201-746-7415 9:00 P.M. - 11:00 P.M. only.

ASSUMED RISK

Hiking involves certain inherent hazards, and persons participating do so at their own risk.

the catskill canister

Vol. XXII, No. 3

SUMMER 1989

WALKING ADVENTURES AT ANY AGE

(This article, started in the Winter, 1989 issue, continues and concludes Samuel Tannen's walking experiences in various countries. -ED)

The preparation for my 1979 trip kept me in a quandary. Where would my yearly walking adventure take me? The decision was finally the Costa Brava of Spain. My wife and I had visited the Costa Brava years back and stayed at an olde-world hotel in a cozy resort town called San Feliu de Guixols. We had loved it. I decided to start walking from San Feliu and head south.

I arrived at San Feliu in early October, 1979. I searched for my old hotel but found in sixteen years it had become modern, multi-storied, and deluxe. I enjoyed the hotel's amenities, then loaded my pack, and started south. The first day was gruelling because the road was like a roller-coaster -- sometimes up a steep grade to a peak, sometimes back at sea level. I was constantly rewarded, however, with spectacular views of the Mediterranean Sea. At times, from a high elevation I would look down to see below a town snuggled between two peaks. The scenery was constantly changing, and through most of the trip I was never more than 200 feet from the sea.

The first stop was Tossa de Mar. Because of the sea, most towns along my route catered to tourists and were ideally spaced 13 to 16 miles apart. Towns that followed were Blanes, Arenys de Mar, then Barcelona. Lunching at a Rotary Club, I tarried a while in Barcelona. During his time, Franco had outlawed Rotary Clubs. The Barcelona club had met secretly; ostensibly it was a stamp club. It had only openly been a Rotary Club again about a year when I visited.

I left Barcelona and went to Sitges. Next came Tarragona, a large active city, then Cambrils and Reus. Reus took me about 15 miles inland. Fortunately, I picked the town's patron saint's day to visit. It was overflowing with people. There were parades and fireworks. People sprinkled gunpowder and explosives around the square. Then they ignited the gunpowder, which blew up the explosives. Between the smoke and the noise, it was bedlam. All the spectators were showered with ash, but I had a bang up time. By the end of the trip to Spain, I had covered 120 miles.

In September, 1980, my next country became Austria, the land of Strauss waltzes, Tyrolean Alps, pastries, beer, and the beautiful Danube. My itinerary was to walk along the Danube River from Vienna to Linz and then to sail back to Vienna aboard an excursion boat. My first stopover from Vienna was Tulln. The first day of the walk I was in good spirits and felt like yodeling. As time went on during the day, however, my pack felt heavier and my pace slowed. But the scenery compensated for my weariness. On the way toward my next town, Traismauer, I passed through agricultural areas with typical

THE CATSKILL CANISTER

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Austrian homes with ornate bric-a-brac and pleasing flower gardens. Here I was always close to the Danube with mountains on both sides of the river. It was a hiker's delight.

Krems, a good-sized town, was next. I checked into a hotel and then took a stroll through town. What a busman's holiday! Although I had already completed a 15-mile walk, I did three more miles of wandering to inspect the town.

The next morning was extremely foggy. While crossing a bridge over the Danube, I noticed along a wire fence a spider's web -- the moisture from the fog emphasizing its intricate design. It certainly deserved a snapshot. Then the fog lifted, the sun appeared, and I felt grand pleasure and euphoria.

Then the unthinkable happened. Suddenly, I developed a serious medic il problem and decided to abort the trip to check it. I was in the middle of nowhere and had to get to the next town, Melk. Despite my problem, I put in 22 miles, the most for one day. My wife in London arranged to check me into a hospital where the doctors found I had a carcinogen on my right kidney. We returned to the States, and I had my kidney removed. After a time, my health was restored. A sure sign it had returned was when I proceeded to research my next trip.

To narrate the accounts of my subsequent trips would make this article lengthy. Suffice to say, each year I travelled to another country and walked about 125 to 150 miles in each. Now I have hiked Denmark, Holland, Belgium, Japan, New Zealand, Australia, Brazil, Uruguay, Argentina, China, and India. This year, at the age of 76, I am off to Malaysia, Singapore, and Thailand.

If one were to ask me which trip I enjoyed the most, I would have no answer. Each one was unique and distinct. I enjoyed the culture and the people of each country, and it was a learning experience throughout. These trips truly were walking adventures. They can be enjoyed at any age.

> Samuel R. Tannen (#395) 7 Hill & Hollow Road, Hyde Park, NY 12538

COMPLETING THE CYCLE OF WHITEFACE MOUNTAIN

Baseball players hit for the cycle -- single, double, triple, home run. Although peak baggers can usually check off a mountain on the first ascent, ambitious hikers may reach the top by all the various trails or all the bushwhack opportunities. After having climbed the Adirondacks' Whiteface Mountain in all these ways and ascending it in winter on both snowshoes and skis, I completed the "cycle" on May 14, 1989, by bicycling up the mountain.

> Friedel Schunk (#248) 53A Christopher Street, Ramsay, NJ 07446

CATSKILL 3500 CLUB

	Paul S. Thomas 4/17/89 1354 Boston Ave., Bay Shore, NY 11707	516-666-1043
674	George Dietz 4/17/89 231 Ryerson Ave., Manorville, NY 11949	516-878-2260
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676	Patrick DiMilia 4/23/89 84-34 164th St., Jamaica, NY 11432	718-523-2616
677	Marge Velasquez 4/22/89 R.D. 1, Box 392, Pine Bush, NY 12566	914-361-4351
678	Mildred F. Adriance 5/14/89 R.D. 1, Box 405, Nassau, NY 12123	518-766-3170
679	David H. Fish 4/22/89 20 Woodbridge Ave., Chatham, NY 12037	
680	Dr. Mark J. Calligan 5/18/89 2 Malden Ave., Saugerties, NY 12477	914-246-5020
681	Brian T. Sullivan 6/3/89 R.D. 2, Box 199, Pine Bush Rd., Stone Ridge, NY 12484	
682	Jeffrey Martin 6/5/89 151 S. Highland Ave., #6-0, Ossining, NY 10562	914-762-5654
683	Mary Hallenback 6/9/89 2 Ildra Lane, Albany, NY 12203	518-456-0774
684	Ronald W. Naylor 6/18/89 58 Clark St., Torrington, CT 06790	203-489-0786
685	Howard Rothstein 6/15/89 163 Ulster Ave., Saugerties, NY 12477	
686	Don Stevens 7/3/89 4 Wash. Sq. Vlg., #13R, New York, NY 10012	212-777-2911

WINTER MEMBERS

197 198 199 200 201	Donald Johnson Thomas Kendall Hal Lesser Scott Fonner Leonard Bernstein Renate Koble Arthur Schneier	204 205 206 207 208	Edward Walsh Angela Suter Bruno Walmsley Rosemary Walmsley Norman Sills Bernard Mansbach Robert Consadine	211 212 213 214 215	Alvin De Maria Marion Chalat Wayne Foote Janine Vega Daniel Chazin David Hildebrand George Buttler
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MALFMUTES ASSIST WINTER HIKER

Last winter I climbed all the winter peaks with two Alaskan malemute packdogs. My dogs let me stay up on the ridges and hike from peak to peak for many days nonstop. Each dog can carry up to fifty pounds of groceries and equipment.

My most memorable, enjoyable hiking was on three circular routes of twenty to thirty miles each. These were the Big Hollow Cirque, including Windham High Peak, Acra Point, Blackhead, Black Dome, and Thomas Cole; the Westkill Cirque of Evergreen, Rusk, Hunter, Southwest Hunter, Westkill, North Dome, Sherrill, and Balsam; and the Neversink Cirque with Slide, Cornell, Wittenberg, Friday, Balsam Cap, Rocky, Lone, Table, and Peekamoose.

Senior hikers can use these wonderful animals to open up new freedoms in the hills. By alleviating the burdens on their backs, they too can become ridge walkers, as well as peak baggers. Anyone with questions about selecting, training, hiking, and mountain climbing with malemute dogs may write me.

> Scott Fonner (#665) R.D. 2, Box 2, Autumn Mountain Woodlands White Haven, Pennsylvania 18661

CATSKILL 3500 CLUB 1989-90 OFFICERS AND CHAIRMEN

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Trails Winter Weekend Paul Hoyt Jonathan Clement Roman Hrycun Howard Dash Joan Dean David Clapper

Roy Messaros Larry Leslie Ray Donahue Elinore Leavitt Anthony Amaral, Jr. Jonathan Clement Douglas Robins Michael Doehring Timothy Watters Cyrus Whitney CATSKILL 3500 CLUB HIKES (Sept.-Dec. 1989)

Sept 2 RUSK

A strenuous bushwhack from Spruceton. Heavy rain cancels.

Distance: 5 mi. Ascent: 1600' Elev.: 3680' Order: 21 Meeting Place: Junction of Routes 28 and 42 in Shandaken at 9:00 A.M. Leader: Wanda Davenport (#523), 169 Pershing Avenue, Ridgewood, NJ 07450 201-670-8383 before 9:00 P.M.

Sept 16 SLIDE, CORNELL and WITTENBERG A strenuous trail hike. Distance: 10 mi. Ascent: 2700' Elev.: 4180', 3865', 3780. Order: 1, 9, 14 Meeting Place: Sweet Sue's Bakery in Phoenicia at 8:30 A.M. Leader: Lenny Bernstein (#342), 16 Beverly Court, Metuchen, NJ 08840

201-321-1079

Sept 16 Overlook, (Plattekill, A moderately strenuous trail hike (and maybe), and INDIAN HEAD possible bushwhack with an additional ascent of 500') from Meads to Prediger Road. Heavy rain cancels.

Distance: 9 mi. Ascent: 2800' Elev.: 3573' Order: 30 Meeting Place: Call leader not later than evening of Sept. 14 for details. Leader: Richard E. Barr (#604), 205 West 86th Street, New York, NY 10024 212-877-2694

Sept 17 THOMAS COLE, BLACK DOME, A very strenuous trail hike. Heavy (Sunday) BLACKHEAD and Acra Point rain cancels. Distance: 10 mi. Ascent: 2750' Elev.: 3945', 3990', 3940' Order: 4, 3, 5 Meeting Place: Maplecrest Post Office at 9:00 A.M. Leader: Wanda Davenport (#523), 169 Pershing Avenue, Ridgewood, NJ 07450

201-670-8383 before 9:00 P.M.

Sept 23 <u>Western Catskills</u>

A moderate trail hike in the lower elevations from the Beaverkill Campground to the Little Pond Campground.

Distance: 8.5 mi. Ascent: 1300' Meeting Place: Call leader for details.

Leader: Mary Sive (#595), P.O. Box 7159, Ardsley-On-Hudson, NY 10503 914-693-5689 or 914-586-3622 before 10:00 P.M.

Sept 30 Stoppel Point and North Mountain

A moderate trail hike with several spectacular views from Dutcher Notch to North Point.

Distance: 9 mi. Ascent: 2600' Meeting Place: Porch at Pickwick Lodge, Round Top, NY at 9:30 A.M. (Send SASE early if driving directions to meeting place are needed.) Leader: Richard Wolff (#321), 125 Gates Avenue - 14, Montclair, NJ 07042

201-746-7415 between 9:00-11:00 P.M. only

Sept 30 KAATERSKILL HIGH PEAK Join Bleeker's Creepers on this moderately strenuous hike on snowmobile and unmarked trails. Rain cancels. Distance: 10 mi. Ascent: 1700' Elev.: 3655' Order: 22 Meeting Place: Howard Johnson's on Route 32 just north of Saugerties exit (#20)

of Thruway at 8:30 A.M. Leader: Marlene Alexander (#577), RD-2 Box 512, Red Hook, NY 12571

914-758-6423

A beautiful hike via the Curtis and Sept 30 <u>SLIDE</u> Ormsbee Trails. All hikers, especially aspirants, are invited. Elev.: 4180' Distance: 7 mi. Ascent: 1780' Order: 1 Meeting Place: Sweet Sue's Bakery in Phoenicia at 8:00 A.M. for breakfast; 8:45 A.M. for departure to trailhead. Leader: Paul Hoyt (#315), 92 South Clinton Avenue, Bayshore, NY 11706 516-968-4467 A strenuous bushwhack. Oct 7 LONE and ROCKY Distance: 12 mi. Ascent: 1800' Elev.: 3721', 3508' Order: 17, 35 Meeting Place: Denning at 10:00 A.M. Leader: Wayne Foote (#590), 37-68 64th Street, Woodside, NY 11377 718-335-3741 A moderate bushwhack. Oct 8 (Sunday) <u>BEARPEN and VLY</u> Distance: 6 mi. Ascent: 2100' Elev.: 3600', 3529' Order: 29, 32 Meeting Place: Municipal parking lot in Fleischmanns across from library at 9:30 A.M. Leader: Wayne Foote (#590), 37-68 64th Street, Woodside, NY 11377 718-335-3741 A scenic, moderately strenuous trail Oct 14 Dry Brook Ridge hike from Mill Brook Road to Margaretville. Ascent: 1200' Distance: 10 mi. Meeting Place: Bridge over Dry Brook on Route 28 in Arkville at 9:00 A.M. Leader: Ernest Mahlke (#72), R.D. 1, Box 178B1, Laurens, NY 13796 607-432-2583 A strenuous bushwhack and trail hike. Oct 14 BIG INDIAN and FIR Distance: 9 mi. Ascent: 2150' Elev.: 3680', 3625' Order: 20, 24 Meeting Place: State parking area on County Road 47 approx. 13 miles south of Big Indian and 1 mile before Frost Valley at 9:00 A.M. Leader: Bruno Walmsley (#610), 312 N. Harrison Street, Princeton, NJ 08540 609-924-4679 A very strenuous bushwhack from Moon Haw Oct 15 (Sunday) FRIDAY Road. Distance: 6 mi. Ascent: 2750' Elev. 3694' Order: 19 Meeting Place: Junction of Routes 28 and 28A in Boiceville at 8:30 A.M. Leader: Anthony Amaral, Jr. (#612), 575 Quaker Road, Chappaqua, NY 10514 212-490-7900 Days (9:00 A.M. - 5:00 P.M.) A moderately strenuous hike with an Oct 21 PEEKAMOOSE and TABLE opportunity to do some needed trimming at the top of Table. Bring hedgeclippers if you have them. Otherwise, they will be provided. Elev.: 3843', 3847' Order: 11, 10 Distance: 9 mi. Ascent: 3000' Meeting Place: Junction of Routes 28 and 28A in Boiceville at 8:00 A.M. Leader: Tim Watters (#268), 30 Wagner Avenue, Wallington, NJ 07057

212-984-0373 Weekdays (9:00 A.M. - 5:00 P.M.)

Oct 28 <u>DOUBLETOP and GRAHAM</u> A strenuous bushwhack from Seager. Distance: 8 mi. Ascent: 2600' Elev.: 3870', 3868' Order: 7, 8 Meeting Place: Bridge over Dry Brook on Route 28 in Arkville at 9:00 A.M. Leader: Geoffrey L. Meissner (#653), 96 Mandalay Drive, Poughkeepsie, NY 12603 914-473-8452 before 10:00 P.M.

Nov 4 <u>Belleayre, BALSAM, Haynes</u> A strenuous trail hike. <u>and EAGLE</u> Distance: 14 mi. Ascent: 3100' Elev.: 3600', 3605' Order: 28, 27 Meeting Place: Junction of Route 28 and County Road 47 in Big Indian across

from Morra's Grocery Store on County Road 47 at 8:30 A.M.

Leader: Paul Wulff (#591), Fox Hollow Road, P.O. Box 213, Shandaken, NY 12480 914-688-7559

Nov 4 <u>NORTH DOME and SHERRILL</u> A long and strenuous bushwhack. Distance: 8 mi. Ascent: 2600' Elev.: 3610', 3540' Order: 26, 31 Meeting Place: Call leader for details.

Leader: Roman Hrycun (#314), R.D. #1, Box 419B, Rhinebeck, NY 12572 914-876-2451

Nov 5 (Sunday) <u>BALSAM CAP (and</u> <u>maybe ROCKY)</u> A very strenuous bushwhack from Moon Haw Road (with possible additional ascent of 800' and distance of 2 miles).

Distance: 5 mi. Ascent: 2650' Elev.: 3623', (3508') Order: 25, (35) Meeting Place: Junction of Routes 28 and 28A in <u>Boiceville</u> at 8:00 A.M. Leader: Joan Dean (#360), 12 Crowell Place, Maplewood, NJ 07040 201-762-0396

Nov 11 SOUTHWEST HUNTER

A strenuous bushwhack and trail hike including a very steep climb up the Diamond Notch landslide.

Distance: 6 mi. Ascent: 1700' Elev.: 3740' Order: 15 Meeting Place: Junction of Route 42 and County Road 6 at flagpole in Westkill at 9:00 A.M.

Leader: Anthony Amaral, Jr. (#612), 575 Quaker Road, Chappaqua, NY 10514 212-490-7900 Days (9:00 A.M. - 5:00 P.M.)

Nov 12 (Sunday) <u>HALCOTT</u> Distance: 5 mi. Ascent: 1750' Elev.: 3520' Order: 34 Meeting Place: Junction of Routes 28 and 42 in Shandaken at 9:00 A.M.

Leader: Anthony Amaral, Jr. (#612), 575 Quaker Road, Chappaqua, NY 10514 212-490-7900 Days (9:00 A.M. - 5:00 P.M.)

Nov. 20-Dec. 12 <u>HUNTING SEASON (FIREARMS) in the CATSKILLS</u> No hikes in the CATSKILLS scheduled

Dec 3 (Sunday) <u>Bear Mountain</u>, A moderate circular <u>Connecticut</u> nity of Bear Mountair Frissell, MA. (No h

A moderate circular hike in the vicinity of Bear Mountain, CT, and Mt. Frissell, MA. (No hunting in CT and MA on Sunday.)

Distance: 7 mi. Ascent: 1600' Meeting Place: Call leader for details. Leader: Douglas Robins (#153), 33 Trailsend Drive, Canton, CT 06109 203-693-0130 before 9:00 P.M. Dec 24 (Sunday) <u>KAATERSKILL HIGH PEAK</u> A long and moderately strenuous trail hike and bushwhack. Heavy precipitation or bad driving conditions cancel. Distance: 9 mi. Ascent: 2000' Elev.: 3655' Order: 22 Meeting Place: Call leader for details. Leader: Steve Fishman (#618), 202 Albany Avenue, Kingston, NY 12401 914-331-1206

ASSUMED RISK AND HIKE LEADER'S DISCRETION

Hiking involves certain inherent hazards, and persons participating do so at their own risk.

The hike leader, nevertheless, conducts the hike according to his or her own absolute discretion. The leader may refuse the participation of anyone for any reason, including being improperly equipped or conditioned. The leader also may, in his or her own judgment, alter, abridge, or terminate a hike early. Hikes labelled "strenuous" or "fast-paced" assume participants will have the stamina to keep up with a group of strong hikers. Bushwhacks and winter hikes are generally more difficult than the distance or elevation gain would suggest. In winter conditions, adequate clothing and equipment are essential.

Hike leaders conduct hikes with the enjoyment and safety of everyone in mind. Anyone with questions about his or her participation in any Catskill 3500 Club hike should contact the leader of the hike in advance.

HOTEL THAYER TO HOST NEXT ANNUAL DINNER

The 1990 annual dinner of the Catskill 3500 Club will take place at the Hotel Thayer in West Point, New York, on Saturday, March 31. More details about a day full of activities and carpooling arrangements will appear soon.

LEADERSHIP PATCH QUALIFICATION BEGINS

With the hikes listed in this issue of the <u>Canister</u>, qualification begins for the new Leadership Award, which will be made in the form of a patch. Briefly, to qualify, a member must lead six hikes accepted by the Outings Chairman and listed in the <u>Canister</u>. (Although most scheduled hikes are to one or more of the 35 Catskill 3500 footers, it is <u>not required</u> that a hike be only to those peaks to count.) One of the six hikes must be to a trailless peak, and one hike must be during the winter period (December 21 to March 21). See the Spring 1989 issue of the <u>Canister</u> for all the details.

ASSISTANT EDITORS APPOINTED

Darielle Graham (#654) and Thomas Fox (#664) are the new assistant editors of <u>The Catskill Canister</u>. Their responsibilities include editing, input, and the preparation of the final copy for the printer. Douglas Robins (#153) and Michael Doehring (#144) remain, respectively, editor and associate editor of the <u>Canister</u>.

the catskill canister

AUTUMN 1989

Vol. XXII, No. 4

WINTER HIKE

"The winds will blow their freshness into you"

John Muir

"You shouldn't go alone," he said. I was counting on him to climb with me that day. "Can't yet," he said. "Knee's still sore, and the back hurts a bit. Maybe in a week or so."

About two feet of new snow had fallen in two preceding storms. I had downhilled all day in whirling powder during the first blizzard. It snowed again that night. Today dawned cold and clear; the sky was cobalt blue; and I wanted to climb in the fresh, clean, untracked world. Soon after leaving my friend's home, I was at the trailhead and parked my car close to the newly plowed, high banks of snow. I geared up, decided on high gaiters, put sunwind cream on my face, chose a ski pole rather than an ice ax, and committed myself to the mountain.

For the first hour, I was in the shade, cold, listening to the wind high above and wondering how high I had to climb before I was in that wind. I signed in the register and added when I expected to sign out. There were no other tracks. Not even animal tracks. No sounds of birds. Just the wind and the swish of my pant legs as they brushed past each other.

The route I had chosen had some steep sidehilling, but two feet of new snow gives good purchase for snowshoes. At the sidehill area I plunged the ski pole into the snow until it dug into the ice below, took about three steps with the snowshoes, and established my climbing pattern.

A small avalanche starts by my right foot. I watch pieces of snow jump and skitter like Mexican jumping beans, gather weight, and smack into a tree. Other little slides take off with every step. (I must keep aware, <u>be</u> aware of conditions.) Twenty-five steps, a ten-second rest, plunge the ski pole in, swing, step, press in - again and again. Any tree a welcome handhold, even any decent branch. Large rocks good stopping places for a handful of gorp, even a sip of hot and honeyed tea from my thermos. Drinking water at each rest stop - replacing water lost in the exertion of the climb, water I don't notice because the wind keeps me dry. Ice forms in my water bottle tuck it in the pack closer to my back. Should have brought a wide-mouthed jug and hung it inside my shirtfront.

Ah, that cold, blue sky! The wind! Such sharp contrasts - blue sky, white snow, gray birch, sparkling ice trees, black tree scars. The woods change - more evergreens. And now the hoarfrost, a white coating on trees and bushes. A new world hides the trail markers.

THE CATSKILL CANISTER

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Wind blows, and trees whisper secrets to me. A sudden crack in a tree. A creak, as a live tree moves under the weight of a dead and partially fallen tree. Don't fall now, please. The rock areas are thicker here, the boulders larger, some cliffs, less trees. Have to use a hand to help my knees up and get that old bearpaw over and between the rocks. Now an icy rock ledge, and I heave myself up, using all four elbows and six knees and any inch of dry rock to grasp. Actual peak's a bit onward, but ah, the views from here! <u>Cock-adoodle-doo</u>! I look quickly around - did I yell that? I've done it! I'm here! Drunk with the climb, drinking in the vast white-gray vista, ridges leading to other mountain, peaks and valleys, sky, and the wind.

Another look at the ALL THAT IS and I stroll over to the peak in this fairy world of evergreens and snow. Time to go down now - turnaround time (<u>beyond</u> turnaround time). Don't get caught on that sidehill down below in the dark. Plunge, slide, whoop, catch a crab, face full of snow, who cares? get up, brush off, plunge, slide, holler, now slower here, take a break, caution at the sidehill, don't want to imitate the Mexican jumping bean. Off the mountain now. Already? So fast? Stopping to eat the last of my gorp, drink tepid tea, linger in the silence of the woods, colder as evening falls. I sign out in the register at 5 P.M., not 4 as I had estimated. Close enough.

I decided to drive past my friend's house to tell him I was off the mountain. I met him walking along the road. "It's dark," he chided. "I was coming over to the lodge to see if you were back. Anne fixed a casserole. Come on over for supper and tell us about your climb." I was home.

Joan Dean (#360) 12 Crowell Place, Maplewood, NJ 07040

LETTERS

My most memorable winter hike in the CATSKILLS has to be the climb up Friday. I was alone (I know it can be dangerous and is not recommended, but I still do it from time to time). My plan was to climb both Friday and Balsam Cap. Somewhere on the way up Friday, however, my watch band broke, and I lost my watch in the snow. Since the day was overcast, I didn't know how late it was when I reached the summit of Friday. So I decided to retrace my steps back to Moonhaw Road and save Balsam Cap for another day. I noted all this in the register on Friday. Since the watch was inexpensive, I didn't give it much thought.

Five months later, I received from Ray Donahue a package containing my watch. He had been looking for a lost compass and instead found my watch. He said he knew it had been there for a while because it was still on Standard Time and the date was off because of Leap Year. But it was still running, even

after a porcupine had tried to make a meal out of it. I sent the watch to Casio, the manufacturer; they repaired it and returned it to me. Every time I look at my "wilderness watch," I remember the hike up Friday and Ray's thought-fulness in returning it.

Edward J. Walsh (#598) 11 Kwiecinski Street, West Haverstraw, NY 10993

I participated in the trail-clearing hike over Table and Peekamoose on Saturday, June 10, 1989. I was extremely surprised at the very small turnout - only six people! Since last fall when I became acquainted with the Catskill 3500 Club, I have been on quite a few club hikes, several with 25 or 30 people. With the club membership approaching 700 and perhaps 100 aspirants, I honestly expected 100 people. We were asked to set this date aside for the trail clearing at the annual meeting and were strongly urged to participate by the hike description in the <u>Canister</u>. Any member of the club who hiked elsewhere in the CATSKILLS that day should be ashamed. As an organization which probably uses the Catskill trails as much as any other group, the Catskill 3500 Club should strive to make the trails over Table and Peekamoose good examples of well-maintained trails.

> Gerald A. Gervais (#687) 31 Blossom Lane, Newburgh, NY 12550

TWO NEW CATSKILL GUIDEBOOKS PUBLISHED

Two new Catskill guidebooks have recently been published. <u>Guide to the</u> <u>CATSKILLS</u> by Bruce Wadsworth and the Schenectady Chapter of the Adirondack Mountain Club is available from the ADK, R.D.3, Box 3055, Luzerne Road, Lake George, NY 12845, and costs \$14.95. <u>Hiking the CATSKILLS</u> by Lee McAllister (#484) and Myron Steven Ochman (#490) is sold by the New York-New Jersey Trail Conference, 232 Madison Avenue, New York, NY 10016. It costs \$11.95 for Trail Conference members and \$13.95 for non-members (to which costs should be added \$1.10 for postage and any applicable New York State taxes).

The <u>Canister</u> would be interested in comments or observations regarding either of these books.

HOTEL THAYER TO HOST 1990 ANNUAL DINNER

Reserve Saturday, March 31, 1990, for the annual dinner meeting of the Catskill 3500 Club. The meeting will be held at the Hotel Thayer in West Point. Special activities including, possibly, a guided tour of West Point, are being planned for the day.

WE APOLOGIZE

The staff of the <u>Canister</u> would like to apologize for any inconvenience or disappointment the delay in mailing the Summer, 1989 issue may have caused -- especially to September hike leaders and participants. The package of <u>Canisters</u> shipped from the printer to the mailer inadvertently became lost. We would like to thank our printer and mailer who worked expeditiously to reprint and mail the issue at no extra cost to the club.

Hiking involves certain inherent hazards, and persons participating do so at their own risk.

December through April, the windchill on exposed ridges may reach 50 below zero. If you do not know what type of clothing will be adequate, telephone the hike leader in advance. If you cannot buy, rent, or borrow snowshoes, avoid the mountains in winter. Either full or instep crampons should be carried. Properly dressed and equipped, and in proper physical condition, a hiker can enjoy the CATSKILLS in what many people consider the most beautiful season of the year.

CATSKILL 3500 CLUB HIKES (Dec. 1989 - Feb. 1990)

Nov 20-Dec 12 <u>HUNTING SEASON (FIREARMS) in the CATSKILLS</u> No hikes in the CATSKILLS scheduled

Dec 3 (Sun) Bear Mountain, Connecticut

Dec 24 (Sun) <u>KAATERSKILL HIGH PEAK</u> For details, see the last issue of the <u>Canister</u>, or call the respective leaders:

Doug Robins (#153) (203-693-0130); Steve Fishman (#618) (914-331-1206).

Jan 1 <u>WINDHAM HIGH PEAK</u> (Mon) A moderately strenuous trail hike. Snowshoes and crampons required. Heavy precipitation or bad driving conditions cancel.

Distance: 7 mi. Ascent: 1825' Elev.: 3524' Order: 33

Meeting Place: State parking area on Route 23 (3 miles west of East Windham) at 9:30 A.M.

Leader: Lenny Bernstein (#342), 16 Beverly Court, Metuchen, NJ 08840 201-321-1079

Jan 6 <u>RUSK and HUNTER</u>

A strenuous bushwhack and trail hike. Snowshoes and crampons required. Heavy precipitation or bad driving conditions cancel.

Distance: 8 mi. Ascent: 2400' Elev.: 3680', 4040' Order: 21, 2 Meeting Place: Junction of Route 42 and County Road 6 at flagpole in Westkill at 8:30 A.M.

Leader: Geoffrey L. Meissner (#653), 96 Mandalay Drive, Poughkeepsie, NY 12603 914-473-8452 before 10:00 P.M.

Jan 6 <u>FIR, BIG INDIAN, EAGLE</u>, A very strenuous and difficult bushwhack <u>Haynes, and BALSAM</u> and trail hike

Distance: 11 mi. Ascent: 3800' Elev.: 3625', 3680', 3605', 3600' Order: 24, 20, 27, 28

Meeting Place: Call leader for details.

Leader: Bruce Ross (#589), 367 High Street, Closter, NJ 07624 718-522-5768 before 9:30 P.M.

Jan 13 <u>BLACKDOME and BLACKHEAD</u>

A combination bushwhack and trail hike of strenuous difficulty. Heavy precipitation or bad driving conditions cancel. Snowshoes and full crampons required.

Distance: 6 mi. Ascent: 2400' Elev.: 3940', 3980' Order: 5, 3 Meeting Place: Call leader for details. Leader: David Mack (#267) 914-358-4325 Friday night: 518-263-4292

A strenuous trail hike. Snowshoes and Jan 13 INDIAN HEAD and TWIN crampons required. Heavy precipitation or bad driving conditions cancel. Ascent: 2000' Elev.: 3573', 3640' Order: 30, 23 Distance: 8 mi. Meeting Place: Warm's Restaurant in Tannersville at 8:30 A.M. Leader: Warren Hale (#576), 94 Draehook Road, Whitehouse Station, NJ 08889 201-563-5474 (Office); 201-236-9543 (Home) before 10:00 P.M. A strenuous bushwhack from Seager. Jan 14 (Sun) DOUBLETOP Elev.: 3870' Order: 7 Ascent: 1850' Distance: 5 mi. Meeting Place: Call leader for details. Leader: Steve Fishman (#618), 202 Albany Avenue, Kingston, NY 12401 914-331-1206 A strenuous trail hike. Snowshoes and Jan 14 SUGARLOAF and PLATEAU crampons required. Heavy precipitation (Sun) or bad driving conditions cancel. Elev.: 3800', 3840' Order: 13, 12 Distance: 9 mi. Ascent: 2850' Meeting Place: Warm's Restaurant in Tannersville at 9:00 A.M. Leader: Lenny Bernstein (#342), 16 Beverly Court, Metuchen, NJ 08840 201-321-1079 Jan 15 (Mon) LONE and ROCKY A very strenuous and difficult bushwhack. Distance: 12 mi. Ascent: 1800' Elev.: 3721', 3508' Order: 17, 35 Meeting Place: Call leader for details NOT LATER THAN JANUARY 11. Leader: Erwin Conrad (#202), 2 Highview Avenue, Rockaway, NJ 07866 201-627-5372 before 9:30 P.M. Jan 19-21 CATSKILL WINTER WEEKEND AT ALPINE INN Hike leaders will be available for hikes to any of the three winter required peaks in the area: SLIDE, PANTHER, and BALSAM. Events will be posted on a bulletin board in the hotel lobby. See page 7 for directions and details on the winter weekend. Jan 20 HALCOTT A strenuous bushwhack from Route 42. Joint with ADK. Elev.: 3520' Distance: 5 mi. Ascent: 1800' Order: 34 Meeting Place: Call leader for details. The number of hikers will be limited. Leader: Alan Via (#429), 27 Bookview Avenue, Delmar, NY 12054 518-439-3514 7:00-9:00 P.M. only A beginner's snowshoe hike. Snowshoes Jan 27 North Lake Area and crampons required. Distance: 6 mi. Meeting Place: Call leader for details. Leader: Joan Dean (#360), 12 Crowell Place, Maplewood, NJ 07040 201-762-0396 Jan 28 SLIDE A required winter peak; ideal for beginning snowshoers; easy grades; superb (Sun) scenery. Proper equipment required (call if in doubt). Heavy precipitation or bad driving conditions cancel. Distance: 6 mi. Ascent: 1650' Elev.: 4180' Order: 1 Meeting Place: Central Hudson parking area (parking lot behind Johnson Ford) at intersection of Thruway and Route 28 at 8:00 A.M. Leader: John Kennedy (#247), P.O. Box 71, Rhinebeck, NY 12572 914-876-3269

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WITTENBERG and CORNELL A strenuous trail hike from Woodland Valley. Feb 3 Heavy precipitation or bad driving conditions cancel. Snowshoes and full crampons required. Ascent: 3120' Elev.: 3780', 3865' Order: 14, 9 Distance: 9 mi. Meeting Place: Sweet Sue's Bakery in Phoenicia at 8:30 A.M. Leader: Anthony Amaral, Jr. (#612), 575 Quaker Road, Chappaqua, NY 10514 212-490-7900 9:00 A.M. to 5:00 P.M. WESTKILL A strenuous trail hike. Heavy precipitation Feb 4 or bad driving conditions cancel. Snowshoes (Sun) and full crampons required. Elev.: 3880' Distance: 9 mi. Ascent: 2100' Order: 6 Meeting Place: Junction of Route 42 and County Road 6 at flagpole in Westkill at 9:00 A.M. Leader: Anthony Amaral, Jr. (#612), 575 Quaker Road, Chappaqua, NY 10514 212-490-7900 9:00 A.M. to 5:00 P.M. Feb 10 DOUBLETOP, GRAHAM, and A very strenuous and difficult bushwhack and BALSAM LAKE trail hike. Ascent: 3100' Elev.: 3870', 3868', 3725' Order: 7, 8, 16 Distance: 10 mi. Meeting Place: Call leader for details. Leader: Bruce Ross (#589), 367 High Street, Closter, NJ 07624 718-522-5768 before 9:30 P.M. A strenuous bushwhack and trail hike. Snow-Feb 17 EAGLE, BIG INDIAN, and FIR shoes and crampons required. Elev.: 3605', 3680', 3625' Order: 27, 20, 24 Ascent: 3000' Distance: 8 mi. Meeting Place: Parking lot of Valley View Inn in Oliverea at 8:30 A.M. Leader: Wayne Foote (#590), 37-68 64th Street, Woodside, NY 11377 718-335-3741 Feb 18 BALSAM LAKE and GRAHAM A moderately strenuous bushwhack and trail hike. Snowshoes and crampons required. (Sun) Ascent: 1900' Elev. 3725', 3868' Order: 16, 8 Distance: 8 mi. Meeting Place: Parking lot of Valley View Inn in Oliverea at 8:30 A.M. Leader: Marion Chalat (#562), 215 West 91st Street - 127, New York, NY 10024 212-362-4946 before 9:00 P.M. Feb 19 SOUTHWEST HUNTER A strenuous bushwhack and trail hike including a very steep climb up the Diamond (Mon) Notch landslide. Heavy precipitation or bad driving conditions cancel. Snowshoes and full crampons required. Distance: 6 mi. Ascent: 1700' Elev.: 3740' Order: 15 Meeting Place: Junction of Route 42 and County Road 6 at flagpole in Westkill at 9:00 A.M. Leader: Anthony Amaral, Jr. (#612), 575 Quaker Road, Chappaqua, NY 10514 212-490-7900 9:00 A.M. to 5:00 P.M. Feb 24 BEARPEN (and possibly VLY) If the snow is good we will ski and/or snowshoe to Bearpen, then over to the abandoned downhill area, and back the same way. If there is no snow we will do a straight-thru over Bearpen and Vly. Elev.: 3600', 3529' Order: 29, 32 Distance: 6 mi. Ascent: 2100' Meeting Place: Parking lot at Marie's Dream House, Route 42, Westkill at 9:30 A.M.

Leader: Richard Wolff (#321), 125 Gates Avenue - 14, Montclair, NJ 07042

201-746-7415 9:00 - 11:00 P.M. only.

CLUB DONATES \$50 TO THE DAN SMILEY RESEARCH CENTER

Joan Dean, club secretary, has received a letter of thanks from Mohonk for a \$50 gift the club made in memory of Dan Smiley to the Dan Smiley Research Center. Dan, who passed away earlier this year, was one of the founding spirits of the Catskill 3500 Club back in the 1960s.

CATSKILL WINTER WEEKEND

January 19 - 21, 1990: The Alpine Inn, Oliverea, NY 12462, 4 miles on County Rt. 47, south of Rt. 28 at Big Indian, NY. Tel.: 914-254-5026.

Members and aspirants are invited to our annual winter weekend in the heart of the CATSKILLS. Hikes will be scheduled and leaders provided for aspirants who might need any of the required winter peaks in the area: Slide, Panther, or Balsam. Any questions about the weekend should be referred to Cy Whitney, 41 Morley Drive, Wyckoff, NJ 07481, Tel.: 201-447-2653.

Reservations: \$40.00 per person must arrive by <u>January 2</u>. Make check payable to "The Alpine Inn" and <u>mail to The Alpine Inn</u>.

All rooms have two twin or double beds and private bath. Rates are based on double occupancy. Please specify preference of roommate, if any. Room assignments will be in the order of receipt of reservations. Saturday night only accommodations can be arranged, if available. Extra dinner Friday night and Sunday afternoon - \$17.00, plus tax and gratuity. Extra dinner Saturday night - \$19.00, plus tax and gratuity. \$4.00 will be added for the Saturday P.M. "Happy Hour." Saturday dinner is available by reservation only. Trail lunch - \$4.50 (1 sandwich) and \$8.50 (2 sandwiches), plus tax.

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2 nights = 2 lodgings, 2 breakfasts, 1 dinner (tax and gratuity included)			
Deluxe accommodations have 2 double beds, standard have 2 twin beds.			
<u>Deluxe</u> : des Alps	\$120.00 Edelweiss	\$120.00	
Standard: Ski Hut	\$107.00 Edelweiss	\$107.00	
\$ deposit enclosed for	persons. Roommate		
Friday evening dinner.	Sunday afternoon dinner.		
Signed	Address		
Phone ()	-		

CATSKILL 3500 CLUB: NEW MEMBERS

- 687 Gerald A. Gervais 6/30/89 31 Blossom Lane, Newburgh, NY 12550
- 688
 Bruce C. Wadsworth 2/5/89
 518-456-2769

 689
 Elizabeth A. Wadsworth 2/5/89
 518-456-2769

 71
 Willow St., Guilderland, NY 12084
 518-456-2769
- 690 Barbara J. Traver 8/25/89 1 Downey Rd., Troy, NY 12180
- 691 Neil Parker 9/1/89 39 Manchester Dr., RD 11, Clifton Park, NY 12065
- 692 Parker Barnum 8/31/89 310 Riverside Dr., #1901, New York, NY 10025
- 693 Roioli Schweiker 9/13/89 12 Chapel St., Concord, NH 03301
- 694 Susan L. Roberts 9/16/89 RD 1, Box 403, Nassau, NY 12123
- 695 Joseph F. Breyer 10/7/89 6 Maverick Terr., Woodstock, NY 12498
- 696 Roger Chung 10/1/89 P.O. Box 7710, Flushing, NY 11352
- 697 Barbara Albeck 10/7/89 2 Highview Ave., Rockaway, NJ 07866

201-627-5372

914-561-0859

518-279-9946

518-371-9139

212-662-2468

603-224-0598

518-766-4170

914-679-8043