



# the catskill canister

January - March 2009

Volume 42, Number 1

## Inside

*President's Column (Catskill Park Master Plan, Winter Hiking References).....2*

*Hike Schedule .....4 - 6*

*Winter Weekend .....6*

*Please Help Us Help You .....6*

*Our New Members .....7*

*Scree ( Dues, Due, Court Rules against Fall Victim, OSI Adds 20 Acres to the Park, and more).....7*

*Club Dinner Preview.....7*

.....  
• **SAVE THE DATE** •  
.....

⇒ **Winter Weekend:** Jan 30 - Feb 1 (see page 6)

⇒ **Annual Dinner:** Saturday, April 4, 2009 (see page 7)



With sadness we report that founding member, **Bill Spangenberg #3** of Rhinebeck, formerly of Woodstock, died at Thomson House in Rhinebeck on Oct. 21, 2008. He was 102. Mr. Spangenberg was born in Kingston, on Dec. 9, 1905, the son of the late Lawrence J. and Anna Pfrommer Spangenberg. His wife, Kay #4, predeceased him on Aug 1, 2007, at the age of 101. Bill's will leaves a bequest to the Club.

To memorialize a portion of the lives of Bill and his wife, Kay, we offer this article adapted from Carol White's book "Catskill Peak Experiences".

### The Birth of Our Club

a vision of Bill and Kay Spangenberg

**B**ill and Kay Spangenberg had been repeatedly hiking their favorite few mountains in the Catskills when, in 1949, the thought occurred to them that it would be fun to try something new: "why not climb all the mountains in the Catskills that are 3500 feet or higher?". In the next three years they, indeed, did so, and then tried to raise interest with their friends in establishing a Catskill hiking club — but got little favorable response. The subject remained dormant for another decade. Meanwhile they extended their hiking range to New Hampshire's White Mountains and to the Adirondacks, and learned about the Adirondack Forty-Sixers Club.

told them "Kay and I are both 99 years old and planning a small gathering for our seventieth wedding anniversary". Their years and years of working and playing hard must be a recipe for health, for the Whites found both Bill and Kay still in robust health. "One icy day last winter

"Elinore Leavitt suggested that the club draw up a creed to encourage good stewardship of the wilderness by aspiring 3500ers."

I walked out to get the mail and when I came back in the house, I slipped on a rug and broke my hip!" Bill told them, somewhat amused.

Born in 1905 in Rondout, New York, Bill Spangenberg worked for the Ulster and Delaware Railroad during high school and spent a summer as station agent at one of the Catskills' great hotels, the Laurel House, located near the Catskill Mountain House. He later became president of the Cornell Steam-

During a lively and extensive talk with Carol and Dave White on a beautiful autumn day in 2005, Bill

(Continued on page 3)

### The Catskill Canister

#### President

Joseph B. Bogardus  
joe.adks@gmail.com  
P.O. Box 165  
Keene, New York 12942  
(518) 576-9739

#### Editor

Martin A. Cohen  
wm169@verizon.net  
169 Pershing Ave.  
Ridgewood, NJ 07450  
(201) 670-8383

#### Associate Editor

Michael E. Doehring  
7 Cloverdale Ave.  
White Plains, NY 10603  
(914) 761-7225

#### Membership

David White  
ccswhite@juno.com  
28 Mulberry St.  
Clinton, NY 13323  
(315) 853-6942

#### Subscriptions/Aspirants

Judith M. Weiner  
Jmw755@aol.com  
755 Anderson Ave., #4J  
Cliffside Park, NJ 07010  
(201) 840-7078

#### Outings

Manuel A. Peraza  
mapcolus1@att.net  
23 Kathy Pl., #2B  
Staten Island, NY 11030-3009  
(718) 698-4422

#### Peripatetic Porcupine

Ralph Ferrusi  
rjferrusi@frontiernet.net  
34 Kim Lane  
Stormville, NY 12582  
(845) 227-6217

The Catskill Canister is published four times yearly by the Catskill 3500 Club, Inc. for \$10.00 a year. Articles of less than 1100 words on hiking, essays, or poetry, should be sent to [wm169@verizon.net](mailto:wm169@verizon.net).

All material contained herein is copyrighted by the authors or by the Catskill Canister.

Nominal dates for receiving the Canister are:  
Feb 15, Jun 15, Sep 15, and Dec 15.

### The President's Column

In September the NYSDEC finalized the update to the Catskill Park State Land Master Plan. The full text of the plan can be accessed on the DEC website, [www.dec.ny.gov/lands/43013.html](http://www.dec.ny.gov/lands/43013.html). **The most significant changes to the original 1985 plan** are creation of the new Primitive Bicycle Corridor land classification for four trails through existing or proposed new wilderness areas that would allow the public to use a bicycle, but would otherwise be managed according to wilderness guidelines. These corridors are along old roads and have had historic bicycle use including all or parts of Mink Hollow Rd., Overlook Tpke, Diamond Notch Rd., and the Colgate Lake-Dutcher Notch Trail, a total of 13.3 miles in length. In Wild Forests, bicycle use will be allowed on roads open to the public, state truck trails, old wood roads, foot trails, snowmobile trails, and horse trails, unless such use is deemed unsuitable through the UMP process. The original draft proposed a positive signage requirement: roads and trails only open if so posted. This change, **open unless signed closed**, makes it consistent with the Adirondack Park State Land Master Plan. Important to the hiking community are expansion of Wilderness area classification to protect the summit of Hunter Mountain and the Escarpment Range as well as enlargement of several other Wilderness areas.

The Club's official winter hiking season begins December 21. To many of us (myself included) it is the best season of the year for hiking and climbing mountains. This is further evidenced by fact that 40% of 3500 Club members have also earned their winter patch. But it is much more than just hiking in cold weather, snow, or ice with shorter hours of daylight. Mother Nature plays a much larger role and is in control. The margin for error, and consequences of our mistakes, are much greater.

Fortunately, we have great information available today (some might argue too much), such as internet groups and forums ([3500club@yahoo.com](mailto:3500club@yahoo.com), [www.adkhighpeaks.com](http://www.adkhighpeaks.com), and [www.viewsfromthetop.com](http://www.viewsfromthetop.com)) with Catskill trip reports, trail conditions, and other information. We also can easily access weather forecasts and radar maps, although we all know the weather forecasters are not always right! In addition, there are many books and internet resources from which we can learn about winter hiking and climbing. Even learning from the mistakes and misadventures of others can be helpful. I will list some excellent books from my own shelf, just a sampling of what is available (and give our own Carol White a well deserved pat on the back):

"Catskill Peak Experiences", by Carol White, Black Dome Press, 2008  
"Women with Altitude", by Carol White, North Country Books, 2005  
"Winterwise—A Backpacker's Guide", by John M. Dunn, 2<sup>nd</sup> edition, ADK, 1996  
"Snowshoeing", by Gene Prater, 5<sup>th</sup> edition, The Mountaineers, 2002

So, get out there on club hikes or with friends and enjoy the great hiking in the Catskills this winter.

Joe Bogardus



(Continued from page 1)

boat Company after the death of Edward Coykendall who, with his brother Frederick, had headed the 127-year-old company. Kay Spangenberg became an editor for HarperCollins in New York, after graduating summa cum laude from college. "Kay proposed to me three times," Bill joked. Actually, he proposed to her in 1934 on a hike at North Lake near the Catskill Mountain House when the 750-room hotel was still thriving (their hiking gear at the time was a pack basket with a knapsack attached to it).

The couple lived in Greenwich Village in New York City, moved to 45 Fifth Avenue, and then to Ardsley-on-Hudson before settling in Woodstock, New York. In their mid-nineties they moved to Rhinebeck where they maintained a beautiful garden. They had always been active. Kay on occasion swam across the Hudson River from Rhinecliff to Kingston Point. Sometimes they rode their bicycles one hundred miles a day, after which they stripped and threw buckets of water on each other. They played tennis and he, basketball. Bill credited splitting wood and hiking with keeping him strong enough to play tennis twice a week at age eighty-four. Bill hiked Overlook Mountain near their home hundreds of times. A reporter caught up with him at age eighty-four on the 1,500-foot climb, when the 2.5-mile hike took him just fifty-eight minutes. "I used to summit in twenty-seven minutes," he said. The couple traveled widely, scaling Ayres Rock in Australia, hiking New Zealand and Scotland, and exploring the American West.

In 1962 Brad Whiting was chair of the Mid-Hudson Chapter of the Adirondack Mountain Club (ADK). One day, while descending Doubletop Mountain, he said to Bill, "Wouldn't it be interesting to organize a club to hike all the Catskill peaks 3500 feet and over?" Spangenberg replied, "An excellent thought, but not a new one!". With the Brad Whitings, the Spangenbergs organized a first meeting at the beautiful Lake Mohonk Mountain House in an attempt to form a hiking club. Nancy Locke, then a member of the Vassar College Outing Club, and Dan Smiley also attended; founding member Gunter Hauptman of IBM was unable to be there.

Dan, in studying the Bicknell's thrush and its habitat, the balsam fir which are found above 3,500 feet, had compiled a list of Catskill peaks over that height. After studying the United States Geological Survey topographic sheets and county sheets, the group determined that thirty-four peaks must be hiked in order to qualify for membership in the soon to be established club (in 1990, Southwest Hunter was added, making the total thirty-five). In addition, in order to encourage winter

hiking, Slide, Panther, Blackhead, and Balsam mountains were designated to be climbed in winter.

In November 1962, The Catskill 3500 Club was born, headed by Bill Spangenberg. Virginia Smiley was put in charge of designing an insignia—an attractive oval in blue and green outlined in gold, containing the skyline of Twin and Indian Head. Nancy Locke mailed lists of the required peaks and other membership rules to ADK Chapters, college outing clubs and other hiking clubs, and publicized the new group in "Adirondack", the ADK magazine. Twenty-seven people were designated as charter members.

It turned out, that the required peaks were slightly different from those the Spangenbergs had climbed more than a decade earlier, so the following spring the couple climbed the new qualifying peaks, Sherrill and Friday, after returning from a trip. However, while the Spangenbergs had been away, their friends Elinore and Bill Leavitt had already become the first two charter members, on April 13, 1963. After serving as treasurer, Elinore was the Club's membership chair from 1969 to 1990, with the coveted job of handing proud new climbers a patch and membership scroll, which in the early years was homemade and hand-colored. There was an initial \$3.00 membership fee, and active members paid \$1.00 in dues annually.

Elinore was also the associate editor of the *Catskill Canister* through 1987, typing and mimeographing the final copy on an old hand-fed machine owned by Franklin Clark, the first and long-time editor-in-chief. Before the days of electronic word processors, each letter and each space on each line had to be counted carefully. Clark says there's one "error" in all those *Canisters*: he had asked Bill Spangenberg to write an article for the Spring 1968 issue about the founding of the club, and Elinore changed his word "thought" to the word "idea," to save space! Elinore and Franklin did not limit their club duties just to producing the *Canister*: Elinore helped organize the annual dinners, did trail cleanups on her beloved Wittenberg Mountain, and cooked huge meals for the executive committee when they met at the Leavitt camp. Franklin is the only person to have served as president of the Catskill 3500 Club and as president of ADK. He is an Adirondack 46er, and he climbed all qualifying Catskill peaks when he was past age seventy.

"For many years there was a special hike that was led by my mom," Ann Clapper, daughter of Elinore and Bill Leavitt, writes, "It was a joint hike between the 3500 Club and some ADK chapters on New Year's Eve. We'd start in the early evening on snowshoes with overnight

(Continued on page 8)

## Hike Schedule January — March, 2009

**Assumed Risk:** Hiking involves certain inherent risks and persons participating do so at their own risk. In cold weather hike participants should avoid cotton clothing, as it retains dampness and the resulting chill can result in hypothermia, **which can lead to death.** Instead, wear (and have available in your pack) garments of wool or fleece. Silk or polypropylene make the best base layers, as they tend to wick moisture away from the body. Hats, gloves and a headlamp must be part of the standard winter kit. Ice and snow can come early and unexpectedly to these peaks. **Each hiker must bring snowshoes and full crampons to the trailhead;** the leader may advise that these do not have to be taken on the hike, but be aware that while there may be bare ground at the trailhead, there is often very significant ice and snow as the elevation increases, which could result in those improperly prepared being sent back. Anyone not properly equipped may be refused permission to participate, at the leader's absolute discretion. **Winter in the Catskills is not to be treated lightly.**

**Rating System:** Please be advised that the hikes listed herein would most likely be rated more difficult by clubs who hike in non-mountainous terrains

**Cancelations:** Please be aware that, **in the case of bad weather or bad driving conditions, most hikes will be canceled; if you are uncertain, please contact the leader before leaving for the hike.** As a matter of courtesy to our volunteer hike leaders, we ask that you let them know as early as possible if you have to cancel your attendance on a hike.

**Private Property:** All Catskill 3500 Club hikes respect "No Trespassing" signs and the owners' wishes in such regards; leaders shall obtain permission to cross private property when so required.

**Volunteer to Lead:** If you are a member of the Club please consider becoming a hike leader. Just contact Manuel Peraza (mapcolus1@att.net; 718-698-4422 (7pm-9pm)), and Manny will arrange to add you to the low-volume private Yahoo list through which hikes are coordinated. You will be contacted via this means when hikes are needed.

### Sat., Jan. 3 – GRAHAM & BALSAM LAKE

Distance: 8 mi. Ascent: 2040', Elev. 3723', 3868'

Moderately paced trail hike and bushwhack.

Meeting Place/Time: Contact leader by Friday night before hike.

Leader: Jim Bouton #1539;

[jbouton@catskill.net](mailto:jbouton@catskill.net) (preferred); 607-326-4033.

### Sun., Jan. 4 – KATTERSKILL HIGH PEAK

Distance: 8 miles Ascent: 1730' Elev. 3651'

Moderately paced trail hike and bushwhack.

Meeting Place/Time: Contact leader to register.

Leader: Ken Hubert #1351 [hikeleader3500@yahoo.com](mailto:hikeleader3500@yahoo.com) ; 718-463-5675 after 3pm (or 518-827-7327 Fri & Sat).

### Sat., Jan. 10 – FIR & BIG INDIAN

Distance: 9 mi. Ascent: 2400', Elev. 3700', 3620'

Moderately paced bushwhack and trail hike.

Meeting Place/Time: Contact leader to register before January 8.

Leader: Joe Bogardus #1399; [joe.adks@gmail.com](mailto:joe.adks@gmail.com) ; 518-576-9739

### Sun., Jan. 11 – DOUBLETOP

Distance: 6 mi Ascent 1860' Elev. 3862'

Moderate trail hike and bushwhack.

Meeting Place/Time: Contact leader to register during the week prior to the hike.

Leaders: Walter Brett and Liz Faulkner #'s 1716, 1717; [lawzil@verizon.net](mailto:lawzil@verizon.net); 845-373-7164, 646-522-8000(m).

### Sat., Jan. 17 – INDIAN HEAD & TWIN

Distance: 7 mi. Ascent: 2200' Elev. 3573', 3640'

Moderately paced trail hike.

Meeting Place/Time: Call leader Mon. – Thu. before the hike to register.

Leader: Peggy Wissler #1499; 914-260-7506; 914-260-7506(m).

### Sun., Jan. 18 – PEEKAMOOSSE & TABLE

Distance: 9 mi. Ascent: 3000', Elev. 3843', 3847'

Moderately paced but strenuous trail hike.

Meeting Place/Time: Contact leader by Friday night before hike.

Leader: Jim Bouton #1539; [jbouton@catskill.net](mailto:jbouton@catskill.net) (preferred); 607-326-4033

### Sat., Jan. 24 – HUNTER

Distance: 8 mi. Ascent: 2000', Elev. 4040'

Moderately paced but strenuous trail hike.

Meeting Place/Time: Contact leader to register by Jan 22.

Leader: Carol Nestor # 1325; 914-683-3858. NCA 9pm.

### Sun., Jan. 25 – FRIDAY & BALSAM CAP

Distance: 7 mi. Ascent 2200', Elev. 3694', 3623'

Moderately paced, but strenuous bushwhack to two of the more difficult peaks.

Meeting Place/Time: Contact leader.

Leader: Edward Ripley-Duggan #1389; [erd@wilsey.net](mailto:erd@wilsey.net) (preferred); 845-657-7057

**Each hiker must bring snowshoes, full crampons, and full winter gear to the trailhead.**

**Sat., Jan. 31 – SLIDE**

Distance: 6 mi. Ascent: 1800', Elev. 4180'  
Easy trail hike to a required winter peak; perfect for beginners.

Meeting Place/Time: Contact leaders to register  
Leaders: Tom and Laurie Rankin #'s1503, 1337  
[trankin@hvc.rr.com](mailto:trankin@hvc.rr.com); 845-926-6209

**Sun., Feb. 1 – PANTHER**

Distance: 6 miles Ascent: 1830', Elev. 3720'  
Moderately paced trail hike.

Meeting Place/Time: Contact leader to register for time and meeting place.

Leader: Ken Hubert #1351 [hikeleader3500@yahoo.com](mailto:hikeleader3500@yahoo.com);  
718-463-5675 after 3pm (or 518-827-7327 Fri & Sat).

**Sat., Feb. 7– SUGARLOAF & PLATEAU**

Distance: 8 mi. Ascent: 3100', Elev. 3800', 3840'  
Moderately paced trail hike.

Meeting Place/Time: Call leader Mon. – Thu. before the hike to register.

Leader: Peggy Wissler #1499; 914-260-7506;  
914-260-7506(m).

**Sun., Feb. 8 – SOUTHWEST HUNTER**

Distance: 6 mi. Ascent: 2000', Elev. 3740'  
Moderately paced trail hike and bushwhack.

Meeting Place/Time: Route 214 parking area 8:30 am.  
Contact leader to register.

Leader: Elie Bijou #1492; [adirondacks@verizon.net](mailto:adirondacks@verizon.net) ;  
718-377-2990 NCA 9 pm.

**Sat., Feb. 14 – LONE & ROCKY**

Distance: 10 mi. Ascent: 2000', Elev. 3721', 3508'  
Moderately paced, arduous bushwhack to these remote peaks.

Meeting Place/Time: Contact leader.

Leader: Edward Ripley-Duggan #1389;  
[erd@wilsey.net](mailto:erd@wilsey.net) (preferred), 845-657-7057

**Sun., Feb. 15 – THOMAS COLE, BLACK DOME, & BLACKHEAD**

Distance: 7.5 mi. Ascent: 2760', Elev. 3940', 3980', 3940'  
Moderately paced but strenuous trail, through hike (shuttle required).

Meeting Place/Time: Contact leader to register.

Leader: Ken Hubert #1351; [hikeleader3500@yahoo.com](mailto:hikeleader3500@yahoo.com);  
718-463-5675 after 3pm (or 518-827-7327 Fri & Sat).

**Sat., Feb. 21 – HALCOTT**

Distance: 4 mi. Ascent: 1700', Elev. 3537'  
Moderately paced bushwhack.

Meeting Place/Time: Contact leader to register by February 20.

Leader: George Preoteasa #1478;  
[gvp@ms.com](mailto:gvp@ms.com) (preferred); 201-694-8344.

**Sun., Feb. 22 – BALSAM**

Distance: 5.5 mi. Ascent: 1700', Elev. 3600'  
Moderately paced trail hike to a required winter peak.

Meeting Place/Time: Contact leader to register by February 20.

Leader: George Preoteasa #1478;  
[gvp@ms.com](mailto:gvp@ms.com) (preferred); 201-694-8344.

**Sat., Feb. 28 – RUSK**

Distance: 3mi. Ascent: 1600', Elev. 3680'  
Moderately paced bushwhack, suitable for beginners.

Meeting Place/Time: Contact leaders to register.

Leaders: Tom and Laurie Rankin #'s1503, 1337  
[trankin@hvc.rr.com](mailto:trankin@hvc.rr.com); 845-926-6209

**Sun., Mar. 1 – BEARPEN & VLY**

Distance: 8 mi. Ascent: 2035', Elev. 3600', 3529'  
Relaxed to moderately paced bushwhack.

Meeting Place/Time: Contact leader to register Feb. 23-27.

Leader: David White #859;  
[ccswhite@juno.com](mailto:ccswhite@juno.com) (preferred); 315-853-6942.

**Sat., Mar. 7 – SHERRILL & NORTH DOME**

Distance: 6.5 mi. Ascent: 2500', Elev. 3540', 3610'  
Moderately paced bushwhack starting from Rt. 42; (through hike, shuttle required).

Meeting Place/Time: Contact leader to register before March 6.

Leader: Elie Bijou #1492; [adirondacks@verizon.com](mailto:adirondacks@verizon.com);  
718-377-2990 NCA 9pm.

**Daylight Savings Time Begins March 8 at 2:00 am. (Heed or plan to do some running to catch up with your hike).**

**Sun., Mar. 8 - CORNELL & WITTENBERG**

Distance: 7 mi. Ascent: 2850', Elev. 3860' & 3780'  
Moderately paced trail hike.

Meeting Place/Time: Contact leader to register for time and meeting place.

Leader: Ken Hubert #1351; [hikeleader3500@yahoo.com](mailto:hikeleader3500@yahoo.com);  
718-463-5675 after 3pm (or 518-827-7327 Fri & Sat).

**Sun., Mar. 8 – EAGLE & HAYNES (possibly BALSAM)**

Distance: 8 mi. Ascent: 2600', Elev. 3600', 3240', (3600')  
Moderately paced bushwhack and trail hike.

Meeting Place/Time: Contact leader to register between Mar 2-5.

Leader: Pavel Litvinov #1348;  
[pavellitvinov@hotmail.com](mailto:pavellitvinov@hotmail.com); 914-231-6187. NCA 9pm.

(Continued on page 6)

**In case of bad weather or bad driving conditions, most hikes will be canceled; if in doubt contact the leader.**

**Sat., Mar. 14 – WINDHAM Mountain**

Distance: 7 mi. Ascent: 1800', Elev. 3524'

A moderately paced trail hike.

Meeting Place/Time: Contact leader to register by Mar. 12.

Leader: Carol Nestor #1325; 914-683-3858. NCA 9pm.

**Sun., Mar. 15 — BALSAM LAKE & GRAHAM**

Distance: 9.5 mi. Ascent: 1900', Elev. 3720', 3868'

A moderately-paced trail hike and bushwhack.

Meeting Place/Time: Contact leader to register Mar. 9-13.

Leader: David White, #859; [ccswhite@juno.com](mailto:ccswhite@juno.com); 315-853-6942; after Fri., cell 315-853-1070.

**Sat., Mar. 21 – WESTKILL Mountain**

Distance: 8 miles Ascent: 2400' Elevation: 3880'

A moderately paced trail through hike (shuttle).

Meeting Place/Time: Contact leader to register.

Leader: Ken Hubert #1351; [hikeleader3500@yahoo.com](mailto:hikeleader3500@yahoo.com); 718-463-5675 after 3pm (or 518-827-7327 Fri & Sat).

**Sun., Mar. 22 –ASHOKAN HIGH POINT**

Distance: 7 mi. Ascent: 1900', Elev. 3080'

Moderately paced trail hike to one of Catskills 100 Highest with excellent view of Burroughs and Bushwhack ranges.

Meeting Place/Time: Contact leaders to register.

Leaders: Tom and Laurie Rankin #'s1503, 1337 [trankin@hvc.rr.com](mailto:trankin@hvc.rr.com); 845-926-2609

**Sat., Mar. 28 - KELLY HOLLOW**

Distance: 4 mi. Ascent: 400', Elev. 2200'

A moderate trail hike in attractive terrain.

Meeting Place/Time: Contact leaders to register Mar. 23-27.

Leaders: David White & Carol White, #'s 859, 860; [ccswhite@juno.com](mailto:ccswhite@juno.com); 315-853-6942.

**Sun., Mar. 29 - CAT HOLLOW**

Distance: 4.4 mi. Ascent negligible, Elev. 2000'.

A moderate trail hike in attractive terrain.

Meeting Place/Time: Contact leaders to register Mar. 23-27.

Leaders: David White & Carol White, #'s 859, 860; [ccswhite@juno.com](mailto:ccswhite@juno.com); 315-853-6942, after Fri., cell 315-853-1070.

**In case of bad weather or bad driving conditions, most hikes will be canceled; if in doubt contact leader.**

**Winter Weekend**

The club's annual winter weekend is scheduled for **Jan 30 - Feb 1, 2008**, once again at the Hilltop Acres Inn, Rice St., Jewett, NY 12444. Total cost of \$185 per person includes: 2 nights (Fri and Sat), 2 breakfasts (Sat and Sun), 2 bag lunches (Sat and Sun), 1 dinner (Sat). Optional Fri dinner \$15 + tip. Please send your \$50 deposit per person and/or inquiries to **Art Zimmerman**, 516-432-1205, [artzim1@msn.com](mailto:artzim1@msn.com), 766 Neptune Blvd, Long Beach NY 11561. This is a great opportunity to bag a couple of winter peaks and socialize with fellow club members. After a day of winter hiking, there is nothing like being toasty warm in a winter retreat, away from the tribulations of one's everyday life.

**Please, please, please**

In case not all of you are aware of how things work here at 3500 Club headquarters, let us so enlighten you. Our high paid employees start filing in sometime after 10am, freshly showered after their early morning climb of at least one 3500-footer. By then, the Club chef would have set out a four-course breakfast kept warm in the lap of a sow bear specially trained for that purpose. Once properly fed, the staff swings into action, attacking the daily emails and written correspondence like a pack of porcupines at last night's dinner remnants. First of all, the Change-of-address staff reads all such notices, and updates our database accordingly. Next the Accounting Department reviews the members' financial records and transmits the list of those in arrears to the Accounts Receivable department (headed by the meanest you-know-whom in the valley).

—fun and games at the 3500 Club office

Actually, the preceding is a figment of a fabulous fiction formulated by a frenetic fairy; the truth, as all who have not been on a really extended backpack know, is that we have no employees – not a one ! We're all volunteers, most of whom still have a regular job to boot. Soooo please **notify us promptly when you move** (attempting to contact people whose mail has been returned is time consuming), and please **pay your dues equally promptly** - sending delinquent dues notices is not nearly as much fun as climbing Wittenberg (but it does pay about the same). In other words **please do your part in helping our hardworking (that's no joke) volunteers** retain the little sanity they have left.

**Scree**

**Dave Does Dues** - Membership Chair, **Dave White**, will shortly be sending out yearly dues notices (\$10 cheap). **Please remit promptly** so that he doesn't have to go to the considerable bother and expense of a second mailing. Please note that the winter application fee has been increased to \$5.

**Bald Eagles in the Catskills**, after having been removed from the endangered species list, are now showing an alarming accumulation of mercury; see [www.nytimes.com/2008/11/25/science/25eagl.html?scp=1&sq=de%20palma%20catskills%20eagles&st=cse](http://www.nytimes.com/2008/11/25/science/25eagl.html?scp=1&sq=de%20palma%20catskills%20eagles&st=cse)

**Falls are Your Responsibility** - The Albany Times Union reports that the court has rejected a claim by a woman who sued the state because she fell 120 feet from the Kaaterskill Falls (she survived). The court said the "profound danger posed by the Kaaterskill Falls was open and obvious to anyone employing the reasonable use of her senses."

**Environment-friendly Representative Henry Waxman has replaced John Dingell** (no friend of the environment) as chair of the influential Committee on Energy and Commerce, and should give President-elect Obama an advantage in his plans to promote efforts to combat global warming.

**A Century of Weather** - Every day for the last 112 years, people from the Mohonk Mountain House have trekked up the path to the National Weather Service's cooperative station in the Shawangunks to dutifully record temperatures and weather conditions. In the process, they have compiled a remarkable data collection that has become a climatological treasure chest. For an interesting article about this, link to: [nytimes.com/2008/09/16/science/earth/16moho.html?th&emc=th](http://nytimes.com/2008/09/16/science/earth/16moho.html?th&emc=th)

**Trail Maintenance Chair, Elie Bijou** reports that three club members clipped and removed deadfall from the trails the club maintains, as well as cleaned the Bouton Leanto located on Table Mountain.

**Every Little Bit Helps** -The Open Space Institute (OSI) and NY State DEC announced recently the acquisition of nearly 20 acres of prime recreation land at the southeastern gateway to the 300,000-acre Catskill Forest Preserve.

**Our New Members**

- 1754 William M Schirmer 08/31/08
- 1755 Jean Quattrocchi 08/22/08
- 1756 Helene Weissman 09/05/08
- 1757 Douglas Garrity 09/14/08
- 1758 Richard Voloshen 09/24/08
- 1759 Benjamin Orenstein 07/04/08
- 1760 Jeremy Orenstein 10/10/08
- 1761 Evelyn S Dufur 09/24/08
- 1762 William R Schneider 10/05/08
- 1763 Ralph H Coy 08/02/08
- 1764 Michael S Grahfs 10/19/08
- 1765 David R Barkstedt 10/19/08
- 1766 William C Dieffen- 10/18/08
- 1767 Theresa F Rodrigues 07/18/08
- 1768 Richard Zillig 09/14/08
- 1769 Chris Zillig 09/14/08
- 1770 Nelson H Harris 08/02/08
- 1771 Kristen Turner 11/16/08
- 1772 Shawn Turner 11/16/08

**New Winter Member**

692W Betty Dykstra #1752 03/18/08

**New Life Member**

1765 David R. Barkstedt

**Still looking to get it right — Peter Fish #12** (winter #2), completed his 700th climb of Mount Marcy on August 28 at age 72.



Au-

**Our annual Club dinner** will be held on April 4, 2009 at the Hillside Manor in Kingston, per usual (reservation forms and more details will be in our next issue). For this year's dinner our second vice-president, **Jean Taylor**, has managed to schedule an exceptionally distinguished speaker: **Dr. Kevin J. Avery, Associate Curator of American Paintings and Sculpture at The Metropolitan Museum of Art**. His talk will contrast paintings of the Catskills by the esteemed nineteenth century Hudson River School of painters

with current photos of the same scenes (should be a very interesting comparison). Among other accomplishments, Dr. Avery has organized the Met's exhibition on the Hudson River School, co-authored the book "Hudson River School Visions", and wrote the Met's thematic essay on this topic (see [www.metmuseum.org/toah/hd/hurs/hd\\_hurs.htm](http://www.metmuseum.org/toah/hd/hurs/hd_hurs.htm)). He certainly has no shortage of expertise on the Hudson River School, a prominent member of which was the eponymous Thomas Cole.

(Continued from page 3)

packs, as we had to keep warm at the top while we waited for the New Year to arrive; we had down suits and sleeping bags. We also carried one bottle of champagne along with our midnight "lunch". We hiked with carbide lamps, often tricky as a stiff wind would blow out the flame and you had to fuss around to get it started again; the lamps worked with carbide and water, so you had to be sure that your water did not freeze. Memories of the views from the top on a cold winter night, the church bells ringing in the New Year in the valley at midnight.... priceless. Surprisingly there was always a good turnout of hearty folks."

As bushwhacking was considered a fundamental club activity, it was decided that the club should work to preserve the following peaks in their trailless state: Balsam Cap, Big Indian, Doubletop, Fir, Friday, Halcott, Lone, North Dome, Rocky, Rusk, Sherrill, Vly, and West Kill. The New York State Conservation Department and the New York-New Jersey Trail Conference agreed to cooperate with the club to keep these peaks trailless. Soon, however, orange paint blazes were reported on Lone Mountain. Elinore Leavitt suggested that the club draw up a creed to encourage good stewardship of the wilderness by aspiring 3500ers. LEAVE NOTHING BUT FOOT-PRINTS, REMOVE ALL LITTER FROM TRAILS, ALWAYS TAKE TRASH HOME, CLEAN WOODLANDS ARE YOUR RESPONSIBILITY was written in the second issue of the *Catskill Canister*. Illegal trail blazing has always been discouraged. The club also supports state acquisition of land for public use. From its inception, the motivating force behind the club's activities has been the preservation of the Catskill Forest Preserve in its wilderness state. The Reverend Ray Donahue served as the club's Conservation Chair through 1994.

Forty-eight people attended the first annual dinner on March 26, 1966 at the Governor Clinton Hotel in Kingston. Edward West, New York State Conservation Department's Superintendent of Land Acquisition, spoke about reviving old trails in the 10,000-acre North Lake complex that were so popular during the era of the great hotels: the Catskill Mountain House, Laurel House, and Hotel Kaaterskill. Brad Whiting was elected president of the Club, but soon moved west. Bill Hentschel next assumed the presidency and started club-sponsored hikes to pro-

mote winter hiking. The Catskill 3500 Club under Hentschel's leadership organized a hiking schedule and started leading group hikes in September 1966, the first up Panther Mt. In 1968 the *Catskill Canister*, the club's official publication, was launched. This publication has preserved Catskill hiking literature ever since.

The first Winter Weekend was held in January 1969 in Oliverea, near Big Indian. At the annual meeting that year, the membership numbered sixty-five and dues were increased to \$2.00. Elinore Leavitt reported a new class of membership as #1-D, Smokey Spangenberg, became the first canine member. Milestones along the way have included at least four marriages involving members, two of which were performed in the mountains with clergyman club members officiating.

Bill Leavitt, a truly marathon hiker, was in charge of placing all the original canisters on the trailless peaks. Because he and his daughter, Ann Clapper, affixed the cans (literally coffee cans) to a summit tree in the winter, by the next summer it was noted they were too high for folks to reach - Bill and Ann had been standing on four or five feet of snow ! The original canisters consisted of a one-pound coffee tin inside a two-pound coffee tin. Kay Spangenberg took charge of painting the two-pound tins orange. In May 1966, Peter Fish became chair of the Canister Committee to service the cans and develop a more substantial canister - porcupines were eating the coffee cans ! In December 1966, Bill Hentschel was asked to design a new bronze prototype to be put on Doubletop. A year later Pete Fish developed a porcupine-proof, non-condensing can, which was placed first on Rusk.

So proceeded this club which the Spangenbergers had envisioned and implemented.

Abridged adaptation from "Catskill Peak Experiences" by Carol White, published by Black Dome Press (April 2008). For the full chapter "Catskill 3500 Club History" see [www.catskill-3500-club.org/about/club-history.htm](http://www.catskill-3500-club.org/about/club-history.htm).

*The Haiku Corner*

Snowmen fall from the sky unassembled.

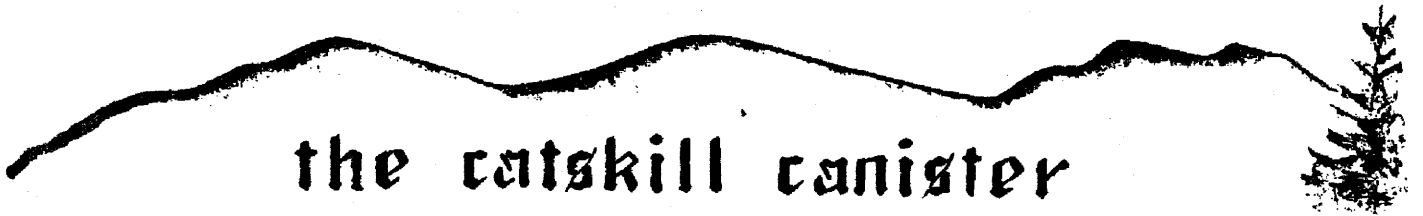


Learn about the pine from the pine.

**Reminder**

The *Canister* craves articles of up to 1100 words on the Catskills.





# the catskill canister

April - June 2009

Volume 42, Number 2

## Inside

*President's Column (Winter Hiking Etiquette)* .....2

*New ByLaws Proposal*.....3

*Hike Schedule* ..... 4 - 6

*Club T-Shirts Available*.....6

*Our New Members* ..... 7

*Scree (Canister Report, Club Munificence, New Club Website, and more)*.....7

*Annual Dinner Invitation*.....8

### SAVE THE DATE

- ⇒ *Annual Dinner: Saturday, April 4 (pp. 7, 8)*
- ⇒ *Trail Maintenance Gala, April 25 (p.7)*
- ⇒ *Trail Maintenance on Peekamoose, May 10 (p. 5)*



## Hiking and Loving the Catskills – a poem

Hiking in the Catskills with Will and maybe more. The chief point is adventure; maybe mild, but the unknown is always there. So we generally bush-whack. Sometimes where no other humans would ever have been—why would they? And still for each trip there is something new.

The Catskills, after all, are the most mysterious of mountains. Most valleys lead to cul-de-sacs, some gentrified, many not, and the mountains rise up around waiting to be climbed.

No manicure paths better still. Are we having fun? The temperature 90 degrees, humid, impenetrable laurel or spruce, no visible landmarks much less viewpoints. We will, when we have our reprise, remember when we went in a circle, or reached that 300-foot drop-off, straight vertical, or when Arnie argued retrospectively that we had not climbed South Bearpen, as it was another bulge five feet higher and fifty yards further. Arnie, I am the chairman and I say we climbed it, but after the first 200 peaks or when we reach 90 years old, whichever comes first, if it pleases you, we will do it again. Or when Will changed the poem and took the glory away in finding an unknown orange trail in the middle of the underbrush from Plateau up, over, and down

Spruce Top to Elka Park.

OK, so let's review. There are 35 over 35, some without trails, but with canisters. People to be seen, though you can also climb the old red trail from Moon Haw and see no one. One time, at lunch break, I fell asleep two thirds of the way up this trail, and when I woke up, Will, most kindly fearing for my life, suggested we return.

Then there are many, many others, each unique as a human being, each special as a human being, and each itself. Some lived upon once, many

"The Catskills, after all, are the most mysterious of mountains."

not, and some, I swear it, never trammed. For example, Olderbark to Plateau, before they built the new, wonderful trail extension

of the Long Path, searched for a land bridge which no one had ever searched for before, I think?

And in these mountains, sending Arnie, as a gentlemanly delegation of one, to negotiate, always successfully, with private property owners, and the affability and helpfulness of the people of the Catskills.

Before I forget, the occasional bear, coyote, fox, all of which run, and the rattlesnake who stays still to admire

(Continued on page 3)

## The Catskill Canister

### President

Joseph B. Bogardus  
joe.adks@gmail.com  
P.O. Box 165  
Keene, New York 12942  
(518) 576-9739

### Editor

Martin A. Cohen  
wm169@verizon.net  
169 Pershing Ave.  
Ridgewood, NJ 07450  
(201) 670-8383

### Associate Editor

Michael E. Doehring  
7 Cloverdale Ave.  
White Plains, NY 10603  
(914) 761-7225

### Membership

David White  
ccswhite@juno.com  
28 Mulberry St.  
Clinton, NY 13323  
(315) 853-6942

### Subscriptions/Aspirants

Judith M. Weiner  
Jmw755@aol.com  
755 Anderson Ave., #4J  
Cliffside Park, NJ 07010  
(201) 840-7078

### Outings

Manuel A. Peraza  
mapcolus1@att.net  
23 Kathy Pl., #2B  
Staten Island, NY 10314-5921  
(718) 698-4422

### Peripatetic Porcupine

Ralph Ferrusi  
rjferrusi@frontiernet.net  
34 Kim Lane  
Stormville, NY 12582  
(845) 227-6217

The Catskill Canister is published four times yearly by the Catskill 3500 Club, Inc. for \$10.00 a year. Articles of less than 1100 words on hiking, essays, or poetry, should be sent to [wm169@verizon.net](mailto:wm169@verizon.net).

All material contained herein is copyrighted by the authors or by the Catskill Canister.

Nominal dates for receiving the Canister are: Feb 15, Jun 15, Sep 15, and Dec 15.

## The President's Column

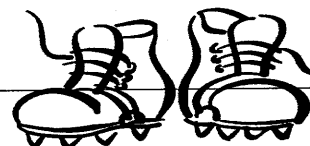
"Ok, this wasn't the worst post holing I'd ever seen, but five miles of following a bare booter up two steep mountains was no fun. Actually, they seemed to have had quite a bit of company, at least down low, but only one or maybe two hardy souls made it all the way to <Catskill Peak> (at least I hope they made it, because they didn't appear to have turned around). The culprit hiked several days ago, and the tracks had not set up completely, but they were pretty close. It's a good thing five of us with snowshoes walked over them — out and back. The trail was in pretty good shape when we finished."

This quote is from a recent internet forum posting by a Catskill 3500 Club member. In spite of snow conditions in the Catskills as good as they've been in years, some hikers still are not using snowshoes. Some are not even carrying them. Why? Is it so difficult to decide what kind of footwear to use on a winter hike, or even during part of a particular hike? For several years, the Club has required hikers to bring snowshoes and full crampons to the trailhead (see the header above the Hike Schedule). It is up to the leader to decide what is appropriate for the day's hike (sometimes both snowshoes and crampons are needed, only one, or neither). In addition, anyone not properly equipped may be refused permission to participate, at the leader's absolute discretion. Even more difficult than what to bring is the decision on what to wear during the hike, as conditions and terrain often change markedly.

The primary reason for this requirement is safety of the hikers on club hikes; using inappropriate footwear increases the risk of injuries in the backcountry where rescue and help are miles (and hours) away. Also important is maintaining a safe surface for all trail users, even those who may use the trail days or weeks later. Post holes made by bare booting, or even when wearing crampons, in soft snow are not "harmless" or "inconsequential". They eventually harden, and make travel difficult and increase the risk of injury for all winter travelers, regardless of what they are wearing on their feet. Changing back and forth is annoying, but hikers should always use the appropriate footwear for the conditions.

So please, please, wear snowshoes on winter hikes whenever the conditions warrant it. If, without snowshoes, you are sinking more than a few inches, or occasionally sinking more deeply, put on your snowshoes—for the safety and benefit of everyone using the trail.

Joe Bogardus



(Continued from page 1)

and be admired. And the many porcupine, deer, and all sorts of small critters and big and small birds. Fortunately, Will, our ornithologist with his good eyes, knows or makes up names and habits to most of them.

And Arnie, who as a civil engineer, built roads everywhere in the world, only occasionally gets lost. And Phil, who a bit short of 90, leads us all, in all ways. And Walter with all sorts of heart problems refuses to carry pills. And Hank, whose intellectual curiosity exceeds the sum of us. And Anne of nearly 1000 days who liked ginger ice cream, what happened to her?

Do you get the point. There is no Catskills, only a lot of Catskill. Never ending, never wanting to be enclosed. The most beautiful mountains in the world, and they own all of us.

Now the streams. There are 9 waterfall streams, 7 waterfalls, and spectacular one and two waterfall water courses. Watch out you don't slip. I slipped—I'm all right, I'm all right! And most of the time I was — if you don't count knocking yourself out once, breaking an ankle once, and innumerable bruises, and so forth. Actually, a very safe preoccupation, when compared to most.

Fifty four years now, with a hike a week, all seasons, all weather. We turned back only once, when Arnie apologized after two hours, to say that he was near frostbite and we forgave him, since we were too.

Mostly in the Catskills—when White was approached

with my claim that I had climbed all 35, winter and summer, but couldn't remember when, but most were with my first wife or second wife, and he said more details were required, and I said "OK keep the patches, I have the memories", and he decided exceptions could be allowed, after all it's only a patch.

So which was the best—what a question! If the Gunks are in the Catskills, I prefer Shale Falls, the Big and the Little Stony and Shingle Gully or, for the best view in the world, Gertrude's Nose approached on the now red trail from Millbrook Mountain, and which we used to summit by a fixed rope—who fixed it? Where did it go? — and encircled the Palmaghatt. And we were married overlooking Minnewaska at the old Cliff House, even then closed but opened for the occasion, with my favorite judge and his friend and our friends up from New York and on cliffs there was the ceremony and champagne, and in the dining room open for the occasion, dancing and food, and it all since burned down.

But if the Gunks are not in the Catskills then I'd say bushwhack up from Kaaterskill Falls to the escarpment and continue then forever, or perhaps just pick a lovely mountain and keep it company for a day.

I suppose the point is that you can either be a peak bagger (none allowed with us) or a lover, which surpasses all logic and knowledge.

Written by Paul Levine #1180 and edited by the Canister.

**Proposed By-Law Change** In order to operate more efficiently as issues arise throughout the year, the Executive Committee requests the membership to approve the following bylaw change, whose intent is to allow votes and actions to be taken in writing or by email response between regular meetings.

#### Current Bylaws

Article VII-Government, Section 3. The Executive Committee shall meet at least three times each year: In the spring, in the fall, and in the winter prior to the annual meeting. Special meetings of the Executive Committee may be called by the President, and must be called upon request of any two Officers.

**Proposed Change** Add the following statement to Article VII-Government, Section 3 (above).

**"An action may be taken by the Executive Committee without a meeting if a majority of the members of the committee vote in favor of the action in writing or email response. Every reasonable effort shall be made to contact each member of the Executive Committee and the President shall set a reasonable deadline for a return response. The action and voting record shall be filed with the minutes of the next Executive Committee meeting."**

## Hike Schedule April — June, 2009

**Assumed Risk:** Hiking involves certain inherent risks and persons participating do so at their own risk. In cool weather, hike participants should avoid cotton clothing, as it retains dampness and the resulting chill can result in hypothermia, **which can lead to death.** Instead, wear (and have available in your pack) garments of wool or fleece. Silk or polypropylene make the best base layers, as they tend to wick moisture away from the body. Hats, gloves, and a headlamp must be part of the standard early spring kit. Ice and snow can still be found unexpectedly in these peaks. In early spring, if there is any doubt about the conditions that may be encountered, each hiker is strongly advised to **bring snowshoes and full crampons to the trailhead**; the leader may advise that these do not have to be taken on the hike, but be aware that while there may be bare ground at the trailhead, there is often very significant ice and snow as the elevation increases, which could result in those improperly prepared being sent back. Anyone not properly equipped may be refused permission to participate, at the leader's absolute discretion. Don't be seduced by buds on the trees at the trailhead, **early spring in the Catskills is not to be treated lightly.**

**Rating System:** Please be advised that the hikes listed herein would most likely be rated more difficult by clubs who hike in non-mountainous terrains

**Cancellations:** Please be aware that, in the case of bad weather or bad driving conditions, some hikes may be canceled; if you are uncertain, please contact the leader before leaving for the hike. As a matter of courtesy to our volunteer hike leaders, we ask that you let them know as early as possible if you have to cancel your attendance on a hike.

**Private Property:** All Catskill 3500 Club hikes respect "No Trespassing" signs and the owners' wishes in such regards; leaders shall obtain permission to cross private property when so required.

**Volunteer to Lead:** If you are a member of the Club please consider becoming a hike leader. Just contact Manuel Peraza (mapcolus1@att.net; 718-698-4422 (7pm-9pm)), and Manny will arrange to add you to the low-volume private Yahoo list through which hikes are coordinated. You will be contacted via this means when hikes are needed.

### Sat, April 4 – LITTER PICKUP

Join us for our Annual Spring clean up on our adopted two mile stretch of Route 214. Please bring work gloves. Safety vests and hard hats will be provided. Possibility of a hike to Plateau following event.

**Meeting Place/Time:** Notch Lake Parking area, 8:45 a.m.

**Leader:** Elie Bijou #1492; [adironacks@verizon.net](mailto:adironacks@verizon.net), 518-523-6434; NCA 9 pm.

### Sun, April 5 – RUSK & EVERGREEN

**Distance:** 6.4 mi. Ascent: 2000', Elev. 3680', 3400'

A moderately paced bushwhack and trail hike.

**Meeting Place/Time:** Please contact leader to register before April 2.

**Leader:** Joe Bogardus #1399; [joe.adks@gmail.com](mailto:joe.adks@gmail.com); 518-576-9739.

### Sat, April 11 – KAATERSKILL HIGH PEAK

**Distance:** 8 mi. Ascent: 1730', Elev. 3651'.

A moderately paced trail hike & bushwhack.

**Meeting Place/Time:** Please contact leaders to register.

**Leaders:** Tom and Laurie Rankin #'s 1503, 1337 [trankin@hvc.rr.com](mailto:trankin@hvc.rr.com); 845-926-6209

### Sun, April 12 – DOUBLETOP

**Distance:** 6 mi. Ascent: 1860', Elev. 3862'.

A moderately paced trail hike and bushwhack.

**Meeting Place/Time:** Please contact leaders to register.

**Leaders:** Tom and Laurie Rankin #'s 1503, 1337 [trankin@hvc.rr.com](mailto:trankin@hvc.rr.com); 845-926-6209

### Sat, April 18 – BALSAM, HAYNES, & EAGLE

**Distance:** 9 mi. Ascent 2150'; Elev. 3600', 3420', 3600'

A steady, moderately paced trail through-hike with some stream crossings. Car shuttle required.

**Meeting Place/Time:** Please contact leader Mon—Thu before the hike.

**Leader:** Edna Blanchfield #1245; [goatgirl\\_35r@verizon.net](mailto:goatgirl_35r@verizon.net); 845-246-3362 NCA 9pm.

### Sun, April 19 – INDIAN HEAD LOOP

**Distance:** 7 mi. Ascent: 1600', Elev. 3573'

A moderately paced trail hike.

**Meeting Place/Time:** Please contact leaders Mon —Thu before the hike.

**Leaders:** David & Carol White, #860 & 859; [ccswhite@juno.com](mailto:ccswhite@juno.com); 315-853-6942.

### Sat, April 25 – PLATEAU

**Distance:** 8 mi. Ascent: 2200', Elev. 3600', 3840'.

A moderately paced trail hike.

**Meeting Place/Time:** Please call leader Apr 20—23.

**Leader:** Peggy Wissler #1499; 914-260-7506; cell 914-260-7506.

### Sun, April 26 – BEARPEN & VLY

**Distance:** 8 mi. Ascent: 1900', Elev. 3600, 3529'.

A fast paced bushwhack and road walk from the south.

**Meeting Place/Time:** Please contact leader by Fri 4/24.

**Leader:** Jim Bouton #1539; [jbouton@catskill.net](mailto:jbouton@catskill.net) (preferred); 607-326-4033.

It is imperative that hike participants do not race ahead of the group, as this could create serious problems of safety and navigation.

**Sat, May 2 – DEVILS PATH - EAST HALF (Indian Head, Twin, Sugarloaf & Plateau)**

Distance: 13 mi. Ascent: 4500', Elev. 3735', 3640', 3800' & 3840'.

This is a difficult all day (10 hour) hike at a moderate pace with numerous rest stops. Car shuttle required.

Meeting Place/Time: Please contact leader April 25—30.

Leader: Aaron Schoenberg #1582;

askus3@optonline.net (preferred); 845-986-8645.

**Sun, May 3 – FIR & BIG INDIAN**

Distance: 9 mi. Ascent 2400', Elev. 3620', 3700'

A moderately paced trail hike and bushwhack.

Meeting Place/Time: Contact leaders Apr 27—May 3. .

Leaders: Walter Brett and Liz Faulkner #'s 1716, 1717;

lawzil@verizon.net; 845-373-7164; cell: 646-522-8000

**Sat, May 9 – TWIN & SUGAR LOAF**

Distance: 10 mi. Ascent 2600', Elev. 3640', 3800'

A moderately paced trail hike.

Meeting Place/Time: Contact leader May 4—7.

Leader: Suzanne Knabe #1326; suzkna@msn.com;

718-435-3092 after 7pm

**Sun, May 10 – PEEKAMOOSE & TABLE Trail Maintenance.**

Novice through experienced maintainers welcome. Join members of your board and speak your mind about club issues. Please bring work gloves and tools: a saw, lopper, hand clipper, and/or hoe, if you have them; otherwise the Club will provide tools. Earns point towards 3500 Club Service Award.

Meeting Place/Time: Peekamoose Road at 8:15am

Leader: Elie Bijou #1492; Adirondacks@verizon.net;

518-523-6434. NCA 9 pm.

**Sat, May 16 – PANTHER TRAVERSE**

Distance: 8 mi. Ascent:1830', Elev. 3720'

A moderately paced through-hike; shuttle required.

Meeting Place/Time: Contact leader to register by 5/14.

Leader: Carol Nestor #1325; 914-683-3858; NCA 9 pm.

**Sun, May 17- NO HIKE SCHEDULED****Sat, May 23 – WINDHAM HIGH PEAK & Burnt Knob**

Distance: 7 mi. Ascent: 1700', Elev. 3524'.

A one-way, moderately paced but strenuous trail hike (short shuttle required).

Meeting Place/Time: Please contact leader by May 22.

Leader: George Preoteasa #1478;

gvp@ms.com (preferred); 201-694-8344.

**Sun, May 24 – SOUTHWEST HUNTER & HUNTER**

Distance: 9 mi. Ascent: 2225', Elev. 3740', 4040'.

A moderately paced bushwhack and trail hike.

Meeting Place/Time: Please contact leader to register.

Leader: Ken Hubert #1351 hikeleader3500@yahoo.com;

718-463-5675 after 3pm (or 518-827-7327 Fri. & Sat).

**Sat, May 30– BLACKHEAD, BLACK DOME & THOMAS COLE**

Distance: 9mi. Ascent 2760'; Elev. 3940', 3980', 3940'

A steady, moderately paced through hike. Car shuttle required.

Meeting Place/Time: Please contact leader 6/14—6/18.

Leader: Edna Blanchfield # 1245;

goatgirl\_35r@verizon.net; 845-246-3362 NCA 9pm.

**Sun, May 31 – FRIDAY & BALSAM CAP**

Distance: 7 mi. Ascent: 2800', Elev. 3623', 3694'.

A moderately paced, but strenuous bushwhack to two of the more difficult peaks. Please bring extra water and food; the ridge is dry.

Meeting Place/Time: Contact leader by Fri, 29 May.

Leader: Elie Bijou #1492; adirondacks@verizon.net;

518-523-6434. NCA 9 pm.

**Sat, June 6 – WESTKILL**

Distance: 8 mi. Ascent: 2400', Elev. 3880'.

A one-way moderately paced but strenuous trail hike (short shuttle required).

Meeting Place/Time: Contact leader by June 5.

Leader: George Preoteasa #1478;

gvp@ms.com (preferred); 201-694-8344.

**Sun, June 7 – NORTH DOME & SHERRILL**

Distance: 6.5 mi. Ascent: 2500', Elev. 3610', 3540'

A moderately paced bushwhack loop route from Westkill side. Dogs on leashes welcome.

Meeting Place/Time: Contact leader prior to hike day.

Leader: Danielle Besso #1496;

dbesso@stny.rr.com; 607-724-5523 (6 pm to 9 pm);

**Sat, June 13 – WITTENBERG, CORNELL & SLIDE TRAVERSE**

Distance: 10 mi. Ascent: 3500', Elev. 3780', 3860', 4180'.

A strenuous but moderately paced trail hike. Shuttle required.

Meeting Place /Time: Contact leader to register by 6/11.

Leader: Carol Nestor #1325. 914-683-3858; NCA 9 p.m.

(Continued on page 6)

In case of bad weather or bad driving conditions, hikes may be canceled; if in doubt contact leader.

**Sun, June 14 – HALCOTT**

Distance: 3 mi. Ascent: 1200', Elev. 3520'.

A moderately paced bushwhack.

Meeting Place/Time: Contact leader to register June 1—5.

Leader: Joseph Polcha; [jpolcha@aol.com](mailto:jpolcha@aol.com); 914-245-4717

**Sat, June 20 – PEEKAMOOSE & TABLE**

Distance: 9 mi. Ascent: 3000', Elev. 3843', 3847'

A moderately paced but strenuous trail hike. If there is interest, we can make this a one-way (shuttle) hike. The local roads shuttle is about 20 miles.

Meeting Place/Time: Contact leader to register by Jun 19.

Leader: George Preoteasa #1478; [gvp@ms.com](mailto:gvp@ms.com) (preferred); 201-694-8344.

**Sun, June. 21 – NO HIKE SCHEDULED****Sat, June 27 – BALSAM LAKE & GRAHAM**

Distance: 8 mi. Ascent: 2040', Elev. 3723', 3868'

A moderately paced trail hike and bushwhack.

Meeting Place/Time: Contact leader to register June 1—4.

Leader: Suzanne Knabe #1326; [suzkna@msn.com](mailto:suzkna@msn.com); 718-435-3092 after 7pm

**Sun, June 28 – LONE & ROCKY**

Distance: 10 mi. Ascent: 2000', Elev. 3721', 3508'

A moderately paced but strenuous bushwhack.

Meeting place/Time: Please call leader.

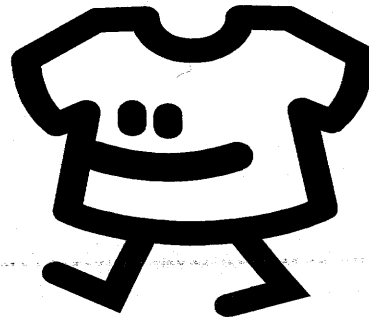
Leader: Harry Rampe #877; 845-292-6736 after 5pm.

In case of bad weather or bad driving conditions, many hikes will be canceled; if in doubt contact leader.

**Get 'em While They're Hot !**

NEW Catskill 3500 Club T shirts will be available at the annual dinner on April 4. The shirts are 50/50 poly/cotton and will have the club patch as logo. Available colors are gray (short sleeve, \$8) and navy blue (long sleeve, \$12). Sizes available will be primarily M, L, XL, with a few in S and XXL. Quantities are limited, so please be prepared to purchase them at the meeting for best selection (and save the shipping cost).

Shirts will also be available later by mail with an additional \$3.00 shipping charge.

**Speaking of dues ...**

"Thanks to all the members who have renewed in a timely fashion — hint, hint, to those who haven't" — says Dave White, Membership Chair

## Scree

**Jim Bouton**, Canister Chair reports that he has visited every canister since June and all are in working order with no problems observed. So if you think you bagged the peak and didn't find the canister...

**Your Donations Put to Work.** Thanks to your generosity, in 2008 the Club was able to donate \$4,000 to the ADK (\$3000 for Catskill conservation advocacy; \$1,000 for their paid trail crew's work in the Catskills) and \$500 to the Catskill Center for Conservation and Development's Fire Tower Maintenance project. [As conservation organizations go, we may not have the largest budget, but I'm sure the ADK appreciates our contributions, especially for their advocacy efforts, which are critically important to the Catskills. – ed.]

**If you happen to be in Jakarta and you want to know the latest about the Club** just Google something like "Catskill 3500 Club" and take a peek at our new Club website which has all kind of goodies including articles too large for these eight pages, like details of the Catskill Master Plan, how to become a Club aspirant, a Club member, and much more.

**Challenge to NYC watershed protection plan fails.** The city is able to avoid costly filtration in its Catskill and Delaware region watershed under a waiver from the federal government that requires the city to purchase land around the reservoirs [which protects such land from development – ed.]. The towns of Hamden, Hunter and Roxbury sued the government in their attempts to develop these watershed lands, but the court ruled in January that the towns lack standing to file the lawsuit.

**Both volumes of "Adirondack Peak Experiences" by Carol and Dave White** will be available at the dinner, with the proceeds to benefit ADK's Catskill trail work.

**Trail Maintenance Recruiting Gala.** With the retirement of Pete Senterman as NY/NJ Trail Conference Supervisor for the Catskills, a gala event (refreshments will be served) is planned for April 25, 2009 in Jewett, NY to organize a Catskills trail maintenance strategy. So, if you would like to be a Catskills trail maintainer or supervisor for the Trail Conference, here's your chance to volunteer or just to learn more. Please call Buddy Jenssen at 201-805-4646.

## Our New Members

1773	Lisa Weismiller	12/23/08
1774	Sue Kenyon	12/27/08
1775	Andrew Janz	12/26/08
1776	Keith Johnson	12/30/08
1777	Heather Rolland	12/30/08
1778	Thomas Moeller	12/30/08
1779	Johanna Rioux	05/10/08
1780	Benjamin French	01/25/09

## New Winter Members

693	Charles Koburger III	1686	01/01/09
694	Andrew Janz	1775	12/26/08
695	Michael Siudy	1728	01/24/09

## New Life Members

1522 Jeff Stephens

Aspirant Wayne Sygman

Rumor has it that **Paul Pomeroy #263**, at age 47 has broken a world's (?) record, in clocking 8 days, 12 hrs, 14 mins, 5 seconds, bettering the previous mark by about one and a quarter hours, in running some or all of the Colorado Trail. As this reportage came from a collaboration of confusion, porky can't quite figure out the feat [you might try a web search.], but she is sure it was masochistic.



**Our annual Club dinner** will be held on April 4, 2009 at the Hillside Manor in Kingston, per usual (reservation form is on page 8). For this year's dinner our second vice-president, **Jean Taylor**, has managed to schedule an exceptionally distinguished speaker: **Dr. Kevin J. Avery, Associate Curator of American Paintings and Sculpture at The Metropolitan Museum of Art.** His talk will contrast paintings of the Catskills by the esteemed nineteenth century Hudson River School of painters with current photos of the

same scenes (should be a very interesting comparison). Among other accomplishments, Dr. Avery has organized the Met's exhibition on the Hudson River School, co-authored the book "Hudson River School Visions", and wrote the Met's thematic essay on this topic (see [www.metmuseum.org/toah/hd/hurs/hd\\_hurs.htm](http://www.metmuseum.org/toah/hd/hurs/hd_hurs.htm)). He certainly has no shortage of expertise on the Hudson River School, a prominent member of which was the eponymous Thomas Cole.

Members, aspirants, and their guests are cordially invited to attend the

**FORTY-Fourth ANNUAL DINNER MEETING**

**Saturday, April 4, 2009**

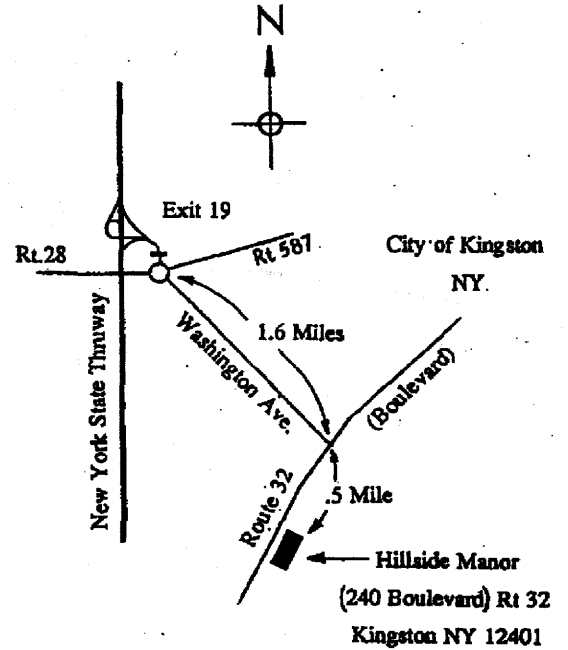
**Location:** Hillside Manor  
Route 32 (240 Boulevard)  
Kingston, New York 12401  
(845) 331-4386

**Social Hour:** 4:00 P.M. — 5:30 P.M.  
Cash bar, hors d'oeuvres served

**Dinner:** 5:45 p.m.

**Program:** "Contrasting Hudson River School Paintings with Current Photographs of the Catskills" by Dr. Kevin J. Avery, Associate Curator of American Paintings and Sculpture at The Metropolitan Museum of Art.

**Tariff:** \$34.00 per person.  
Name-card reserved seating for everyone.  
Round tables seat 10.



**Reservations must be received by March 23, 2009**

**Please detach and mail to:**

Michael Doehring  
7 Cloverdale Avenue  
White Plains, NY 10603

**Questions:** Clover7med@aol.com (preferred) or  
(914) 761-7225

Reservations \$34.00 per person.  
Amount of Check: \$\_\_\_\_\_

Check payable to "Catskill 3500 Club, Inc."

Please Circle Choice of Entrée

Name: \_\_\_\_\_ Prime Ribs    Chicken Française    Mixed Veg. Lasagna

Name: \_\_\_\_\_ Prime Ribs    Chicken Française    Mixed Veg. Lasagna

If you intend to sit with a large group, print the names of the people you would like seated at your table, and please verify that the people listed will actually attend and wish to sit with you


**Reservations must be received by March 23, 2009**





# the catskill canister

July - September 2009

Volume 42, Number 3

## Inside

<i>President's Column (Giving Back)</i> .....	2
<i>Contents of a Pack</i> .....	3
<i>Hike Schedule</i> .....	4 - 6
<i>Our New Members</i> .....	6
<i>Scree (Belleayre, Overlook Mt., Sundown Wild Forest, Clean Water, Pete Fish, Pete Senterman, and more)</i> .....	7
<i>Club Officers</i> .....	8

## A Lesson from the Catskills

I don't finish much in my life. I have a whole pile of unfinished projects: unframed photos, quilts for my daughters, tilled soil for my garden. I am not so much a quitter as a starter. I start and start and start so many projects and neat ideas that there isn't any time to finish them. So when I explained to my friend Rachel my "plan" to become a member of the 3500 Club and she said, "Let's do it together," I was scared. Rachel finishes one project at a time, and never takes on too much.

The week before our planned guided hike along the Devil's Path, I tried to ignore the looming four peaks and twelve miles of trails. A few times I casually stated, "This is a really long hike." Her chipper response, "We can do it. I'm excited." Lovely, I thought; she's positively happy and I am really going to have to do this. No excuses.

The first steps were easy; I was energized and set to prove to the group what a strong hiker I was. Then, the soft needle laden ground gave way to rocky outcrops and steep elevation. Fear settled in my gut as we ascended Indian Head Peak. "I can't do this", I avowed to myself. The words were a broken record slowly vibrating around and around in my mind. In my efforts to prove my worthiness as a hiker, I strained and stretched each reluctant muscle and my butt was

screaming in protest. I had only finished one of four peaks.

At the apex of Indian Head, we settled in for a break on a rocky ledge. Who knew a rock could be so comfortable. I had no sense of my accomplishment so far, only uncertainty of the other three peaks. Mountains bring forth who we really are. Mountains test our shortcomings and prove our strengths. I never believe I can finish something. I have little faith in myself. Every step on that varying surface was saying "I don't believe", but the mountain responded with: "You can". With each thud of my shoe, the mountain answered, "You

"I never believe I can finish something. I have little faith in myself."

can do it. Feel it as you take each step on me, each scramble up my rocky ledges, each slide on my scree, and each slip on my

mossy, wet rocks. Feel your doubt fall away as you take one more step towards trusting yourself." Mountains heal and nurture us as we challenge our weaknesses. They give life to our abilities and assets and diminish our Achilles' heel.

As we crossed over the second peak and descended to the col before the third, Sugarloaf, I still did not know if I could finish. I even wished for an out. I was happy with two peaks. Rachel only said, "We are doing this." So I kept going, still pulling my butt muscles in a continued effort to prove

(Continued on page 3)

### SAVE THE DATE

- ⇒ *Trail Maintenance on Peekamoose and Table, Sat., July 18 (p. 4)*
- ⇒ *Rte. 214 Litter Pickup, Sun., Aug 30 (p. 5)*
- ⇒ *Hudson River Valley Ramble, four weekends in September (p.7)*
- ⇒ *Lark in the Park, end of September (p.7)*

## The Catskill Canister

### President

Jeff Glans  
glansj@yahoo.com  
58 Old Dike Road  
Trumbull, CT 06611  
(203) 816-8142

### Editor

Martin A. Cohen  
wm169@verizon.net  
169 Pershing Ave.  
Ridgewood, NJ 07450  
(201) 670-8383

### Associate Editor

Michael E. Doehring  
7 Cloverdale Ave.  
White Plains, NY 10603  
(914) 761-7225

### Membership

David White  
ccswhite@juno.com  
28 Mulberry St.  
Clinton, NY 13323  
(315) 853-6942

### Subscriptions/Aspirants

Judith M. Weiner  
Jmw755@aol.com  
755 Anderson Ave., #4J  
Cliffside Park, NJ 07010  
(201) 840-7078

### Outings

Manuel A. Peraza  
mapcolus1@verizon.net  
23 Kathy Pl., #2B  
Staten Island, NY 10314-5921  
(718) 698-4422

The Catskill Canister is published four times yearly by the Catskill 3500 Club, Inc. for \$10.00 a year. Articles, not previously published, of less than 1100 words on hiking, essays, or poetry, should be sent to [wm169@verizon.net](mailto:wm169@verizon.net).

All material contained herein is copyrighted by the authors or by the Catskill Canister.

Nominal dates for receiving the Canister are: Feb 15, Jun 15, Sep 15, and Dec 15.

**We're on the web at**

**[www.catskill-3500-club.org](http://www.catskill-3500-club.org)**

## The President's Column

### Giving Back to the Hiking Community

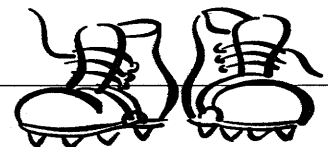
I attended the recent club trail maintenance trip to the Peekamoose trail. We maintain that trail as a way of giving back to the trails. One of the other people there was a new aspirant named Colin. This was Colin's first ever trip to one of the Catskill 35 ! I found it very refreshing that a new aspirant wanted to give back to the club and to the trails even before he'd had the benefits of tromping them.

Every new administration for most organizations has a theme or focus (before the day-to-day emergencies take over). My theme for this year will be giving back to the hiking community. This quarter I'd like to focus on the trails themselves. We are extremely fortunate in have such an extensive network of trails in the Catskills. But obviously trails don't build or maintain themselves. While the trails in the Catskills are the responsibility of the New York Department of Environmental Conservation (NYDEC) the trails are mostly maintained by volunteers coordinated by the New York / New Jersey Trail Conference (NY/NJ TC). If you are not already a member of that organization, I would strongly recommend you become one.

Most of the trails are maintained by individual volunteers and coordinated by the NY/NJ TC. The trail conference is always looking for folks to maintain trails in the Catskills. I'm proud of the fact that many of these volunteers are members of our club. If you are interested, the trail conference will be happy to train you and give you all the help you need to maintain a trail ([www.nynjtc.org](http://www.nynjtc.org)). Most maintainers visit their trail 3-4 times a year. Responsibilities include keeping the trail clear of brush, keeping the blazes visible and reporting any major issues back to the TC. I maintained a portion of the Long Path over Kaaterskill High Peak for a number of years and really enjoyed working within the trail conference community.

If that level of commitment seems daunting, or you'd first like to get a taste of maintaining, the club maintains the trail over Peekamoose and Table. Elie Bijou, our trail maintenance supervisor, schedules two trips annually to work on this trail; the first was in May, the second one will be July 18 (see the hike schedule). So come on out and join us. See what trail maintenance is all about and give back to your club and the trails we all love.

Jeff Glans



**Hike Chair Theorizes:** "Next winter I will be in great shape." – Manny Peraza



(Continued from page 1)

I'm good enough. I was not yet able to admit I could slow down. I had to power through. Yet that mountain was patiently waiting for me, not moving for thousands of years. I just needed to walk till I finished. My fear finally climaxed at the start of the fourth peak, Plateau. As I scaled the rocky face I moaned with the effort, sweating a lot and swearing a little. At the crown, it had finally settled in that I was finishing this hike. However, I now began to fear the responsibility that came with finishing all my undertakings, current and future. My excuses melted away on these mountains. Nothing facing me was as strenuous as a twelve mile hike. I had to have faith in me now.

Plateau has two miles of level hiking at the summit, cushioned from years of fallen pine needles and rotting leaves. The sun peeked between the trees warming me from my

cooling sweat. It was a reprieve before the mile-long scree-adorned steep descent leading to the parking lot. Little did I know the descent would be more difficult than the 1200 vertical feet to the summit. I was sore; my quads quivered with the effort of slowing my descent in order not to tumble down the mountain. My butt still reeled from my ego-filled run up Indian Head, Twin, and Sugarloaf. I was tired, very tired; but at the first sighting of our cars, my heart sang with pride and relief. I was so happy to be done. But you know, if I had had to walk more to finish, I could have. The mountains will always be there to show me I can do it. I can finish anything. I just have to work for it.

Submitted by **Sarah Goesling**, aspirant, and edited by **the Canister**.

### What's In My Pack

Ever wonder what's in your fellow hiker's pack? Well, especially for the benefit of those new to the Catskills, let me go through my warm weather pack and see what's in there. First of all, I find a recording device to surreptitiously listen in on fellow hikers in order to gain tidbits for **the Canister** – just kidding.

In approximate order of importance I find:

- Rain jacket – good for keeping one dry, warm, and making a litter (Note: littering is a viable option only with large groups and a lightweight victim).
- Water bottles – usually two quarts in warm weather (also iodine tablets).
- Lunch – and an extra energy bar
- Compass and map – they work together nicely (you **will** learn how to use them).
- Altimeter – tells you where you are at a glance.
- Watch - gives you a hint of your likelihood of getting out before dark (part of the altimeter).
- Rope and knife – useful for splint and litter making, lining a pack up or down a ledge, re-hanging a downed sign, cutting a bandage, etc.
- Saw (small, folding) – one can clear most of the obstruction from a blowdown; useful for litter making.
- Extra Clothes – tights, polypro t-neck, balaclava, warm socks, bandana (see Bivy Sack).
- First Aid Kit – ammonia/water mixture for wasp stings, sterile bandages (used only once in 26 years), ace bandage, antiseptic, liquid soap, rubber gloves, aspirin (for heart attacks), Sam's splint.
- Duct tape (wrapped around a water bottle), assorted little straps, and a carabiner or two.
- Bivy Sack, emergency size - (it could get cool overnight, should you be so unlucky).
- Wallet, ID etc. (minimal).
- Bug net – too warm to wear for hiking, but often useful when stopped.
- Pencil and paper – who knows, you might meet someone nice.
- Cell phone— usually doesn't work in the Catskills, but my last one was stolen from my car so I don't leave it there any more..
- Desiccated old tomato - now what's that doing in there ?

## Hike Schedule July - September, 2009

**Assumed Risk:** Hiking involves certain inherent risks and persons participating do so at their own risk. In cool weather, hike participants should avoid cotton clothing, as it retains dampness and the resulting chill can result in hypothermia, **which can lead to death.** In summer participants should have available in their pack garments of wool or fleece and a headlamp, should one have to unexpectedly spend the night in the mountains. Anyone not properly equipped may be refused permission to participate, at the leader's absolute discretion.

**Rating System:** Please be advised that the hikes listed herein would most likely be rated more difficult by clubs who hike in non-mountainous terrains

**Cancellations:** Please be aware that, in the case of bad weather or bad driving conditions, some hikes may be canceled; if you are uncertain, please contact the leader before leaving for the hike. As a matter of courtesy to our volunteer hike leaders, we ask that you let them know as early as possible if you have to cancel your attendance on a hike.

**Private Property:** All Catskill 3500 Club hikes respect "No Trespassing" signs and the owners' wishes in such regards; leaders shall obtain permission to cross private property when so required.

**Volunteer to Lead:** If you are a member of the Club please consider becoming a hike leader. Just contact Manuel Peraza (mapcolus1@verizon.net; 718-698-4422 (7pm-9pm)), and Manny will arrange to add you to the low-volume private Yahoo list through which hikes are coordinated. You will be contacted via this means when hikes are needed.

### Sat, July 4 – NORTH DOME & SHERRILL

**Distance:** 6.5 mi. Ascent: 2500'; Elev. 3540', 3610'  
Moderately paced bushwhack. Dogs welcome.

**Meeting Place/Time:** Please contact leader after Jun. 20 to register.

**Leader:** Doug Garrity #1757; [garrid0@lycos.com](mailto:garrid0@lycos.com), 845-471-1079.

### Sun, July 5 – BEARPEN & VLY

**Distance:** 8 mi. Ascent: 2035'; Elev. 3600', 3529'  
Moderately paced bushwhack. Dogs welcome.

**Meeting Place/Time:** Please contact leader after Jun. 20 to register

**Leader:** Doug Garrity #1757; [garrid0@lycos.com](mailto:garrid0@lycos.com); 845-471-1079.

### Sat, July 11 – PLATEAU

**Distance:** 8 mi. Ascent: 1700'; Elev. 3840'  
Moderately paced trail hike.

**Meeting Place/Time:** Please call leader by July 9.

**Leader:** Carol Nestor #1325; 914-683-3858. NCA 9 pm.

### Sun, July 12 - BLACKHEAD, BLACK DOME and THOMAS COLE

**Distance:** 7 mi. Ascent: 2600'; Elev. 3940', 3980', 3940'  
A one-way, moderately paced but strenuous trail hike (short shuttle required).

**Meeting Place/Time:** Please contact leader to register by July 10.

**Leader:** George Preoteasa #1478; [gvp@ms.com](mailto:gvp@ms.com) (preferred); 201-694-8344..

### Sat, July 18 – TRAIL MAINTENANCE

Please join members of your club as we clear trail from Denning to the summits of Table and Peekamoose. Please bring work gloves and the following: folding saw, loppers, or hand clippers.

**Meeting Place/Time:** Meet at Denning trailhead at 9:15 am

**Leader:** Elie Bijou #1492; [adirondacks@verizon.net](mailto:adirondacks@verizon.net); 518-873-2119.

### Sun, July 19 – LONE & ROCKY

**Distance:** 10 mi. Ascent: 2000'; Elev. 3508', 3721'  
Moderately paced, arduous bushwhack to these remote peaks.

**Meeting Place/Time:** Please contact leader to register by July 18.

**Leader:** Jim Kerlin #1723; [hike3500@yahoo.com](mailto:hike3500@yahoo.com) (preferred); 973-618-1250.

### Sat, July 25 – EAGLE, Haynes, & BALSAM

**Distance:** 9 mi. Ascent 2150'; Elev. 3600', 3420', 3600'  
A steady, moderately paced trail hike with some stream crossings. Car shuttle required.

**Meeting Place/Time:** Please contact leader by Wed. July 22nd, no last minute sign ups.

**Leader:** Cindy Kuhn #1629; [cmkuhn@verizon.net](mailto:cmkuhn@verizon.net) (preferred); 570-954-7541 NCA 9pm.

### Sun, Jul. 26 – WITTENBERG, CORNELL & SLIDE TRAVERSE

**Distance:** 10 mi. Ascent 4000'; Elev. 3780', 3860', 4180'  
A moderately paced trail hike.

**Meeting Place/Time:** Contact leader to register July 20-24.

**Leader:** Suzanne Knabe #1326; [suzkna@msn.com](mailto:suzkna@msn.com); 718-435-3092 after 7pm.

It is imperative that hike participants do not race ahead of the group, as this could create serious problems of safety and navigation.

**Sat, Aug. 1 – WINDHAM & Burnt Knob**

Distance: 7 mi. Ascent: 1700'; Elevation: 3524'

A one-way, moderately paced trail hike, (a short shuttle may be required)

Meeting Place/Time: Please contact leader to register July 25-31

Leader: Joseph Polcha; [jpolcha@aol.com](mailto:jpolcha@aol.com); 914-245-4717; cell: 914-374-6242.

**Sun, Aug 2 – HALCOTT**

Distance: 5 mi. Ascent 2800'; Elev. 3537'

A moderately paced bushwhack to a trailless peak.

Meeting Place/Time: Please register between July 17 - 31.

Leader: Elie Bijou # 1492; [adironacks@verizon.net](mailto:adironacks@verizon.net); 518-873-2119 NCA 9 pm.

**Sat, Aug. 8 – SUGARLOAF LOOP (possibly TWIN)**

Distance: 8 (or 10 miles) Ascent: 1900' (640'); Elev. 3800' (3640')

A moderately paced trail hike.

Meeting Place/Time: Please contact leader by Aug. 7

Leader: Edna Blanchfield #1245; [goatgirl\\_35r@verizon.net](mailto:goatgirl_35r@verizon.net); 845-246-3362 NCA 9pm.

**Sun, Aug. 9 – NO HIKE SCHEDULED****Sat, Aug. 15 – FIR**

Distance: 8 mi. Ascent: 1500'; Elev. 3620'.

A moderately paced trail hike and bushwhack. Bring map and compass.

Meeting place/Time: Please contact leader to register.

Leader: Jeff Glans; [glansj@yahoo.com](mailto:glansj@yahoo.com), 203-816-8142; NCA 9:30 pm.

**Sun, Aug. 16 – NO HIKE SCHEDULED****Sat, Aug. 22 – HUNTER & SW. HUNTER**

Distance: 9 mi Ascent 2200'; Elev. 4040', 3740'

A moderately paced bushwhack and trail hike. Dogs welcome.

Meeting Place/Time: Please contact leader after Aug. 8 to register.

Leader: Doug Garrity #1757; [garrid0@lycos.com](mailto:garrid0@lycos.com), 845-471-1079.

**Sun, Aug. 23 - BIG INDIAN & EAGLE**

Distance: 9.5 mi. Ascent: 2100'; Elev. 3700', 3600'

A moderately paced but strenuous mostly trail hike with a short bushwhack to Big Indian.

Meeting Place/Time: Please contact leader to register by Aug. 21.

Leader: Doug Garrity #1757; [garrid0@lycos.com](mailto:garrid0@lycos.com), 845-471-1079.

**Sat, Aug 29 – BALSAM CAP & FRIDAY**

Distance: 7 mi. Ascent: 2800'; Elev. 3623', 3694'

A bushwhack of moderate pace to two of the more remote Catskill peaks.

Please register between Aug. 8 - 27 NCA 9 pm.

Leader: Elie Bijou #1492; [adironacks@verizon.net](mailto:adironacks@verizon.net); 518-873-2119.

**Sun, Aug. 30 – LITTER PICK-UP**

Please join us for our annual autumn litter pick up on the Club's adopted section of Route 214. Meet at Notch Lake at 9:45 am; \$5.00 parking fee will be required. Please bring work gloves. Safety equipment and trash bags will be provided. This activity counts 1 point towards service patch (7 needed).

Leader: Elie Bijou #1492; [adironacks@verizon.net](mailto:adironacks@verizon.net); 518-873-2119.

**Sat, Sept. 5 – DOUBLETOP**

Distance: 7 mi. Ascent: 1860'; Elevation: 3870'

A moderate bushwhack ascent.

Meeting Place/Time: Please contact leader by email.

Leader: Edward Ripley-Duggan.; [erd@wilsey.net](mailto:erd@wilsey.net).

**Sun, Sept. 6 – INDIAN HEAD & TWIN**

Distance: 7 mi. Ascent: 2200'; Elev. 3575', 3640'.

A moderately paced trail hike.

Meeting Place/Time: Please contact leader to register.

Leader: Ken Hubert, #1351; [hikeleader3500@yahoo.com](mailto:hikeleader3500@yahoo.com); 718-463-5675 after 3pm (or 518-827-7327 Fri & Sat).

**Sat, Sept. 12 – RUSK**

Distance: 4 mi. Ascent: 1600'; Elev. 3680'.

A moderately paced trail hike and bushwhack.

Meeting Place/Time: Please contact leader to register between Sep. 7-10. Calls only on Sep. 11. NCA 8 pm.

Leader: Jim Malumphy #890; [lump63@hotmail.com](mailto:lump63@hotmail.com). 203-206-0586.

**Sun, Sept. 13 – BALSAM LAKE & GRAHAM**

Distance: 8 mi. Ascent: 2040'; Elev. 3723', 3868'

Moderately paced trail hike and bushwhack.

Meeting Place/Time: Contact leader to register Sep. 7-11.

Leader: Suzanne Knabe #1326; [suzkna@msn.com](mailto:suzkna@msn.com); 718-435-3092 after 7pm.

**Sat, Sept. 19 – PEEKAMOOSE & TABLE**

Distance: 9 mi. Ascent: 3000'; Elev. 3843', 3847'

A moderate to fast paced trail hike.

Meeting Place/Time: Please call leader Mon - Thu of the week of the hike.

Leader: Peggy Wissler # 1499; 914-260-7506.

(Continued on page 6)

In case of bad weather or bad driving conditions, hikes may be canceled; if in doubt contact leader.

**Sun, Sept. 20 – WESTKILL**

Distance: 8 mi. Ascent 2400'; Elev. 3880'

A moderately paced trail hike (shuttle required).

Meeting Place/Time: Please contact leader by 7pm Fri., Sep.18 to register.

Leader: Wanda Davenport #523; [wandatrails@verizon.net](mailto:wandatrails@verizon.net)

**Sat, Sept. 26 – PANTHER**

Distance: 9 mi. Ascent: 2100'; Elev. 3720'

A moderate to fast paced trail hike. Car shuttle may be required.

Meeting Place/Time: Please call leader Mon - Thu of the week of the hike.

Leader: Peggy Wissler #1499; 914-260-7506.

**Sun, Sept. 27 – KAATERSKILL**

Distance: 9 mi. Ascent: 2100'; Elev. 3655'

A moderately paced but strenuous trail hike with a short bushwhack.

Meeting Place/Time: Please contact leader to register by Sep. 25.

Leader: George Preoteasa #1478; [gvp@ms.com](mailto:gvp@ms.com); (preferred) 201-694-8344..

**Our New Members**

1781	Hsin-Chien "Chippy" Tai	10/11/08
1782	George Kugler	12/15/08
1783	Brian Guadagno	02/14/09
1784	Gordon Hoekstra	02/14/09
1785	Lawrence Salavec	02/09/09
1786	Beth Altmann	02/22/09
1787	Frank Schellhorn	02/22/09
1788	George Baranauskas	03/01/09
1789	Felix Modugno	03/03/09
1790	John Sellingsloh	02/27/09
1791	Ray Lin	03/08/09
1792	Sarah Ip	03/08/09
1793	Duncan Still	03/18/09
1794	James J Gebhard	03/20/09
1795	Donna McBride	03/21/09
1796	Paula Mordini	03/21/09
1797	James H. Beers	03/27/09
1798	Liselotte Hackel	03/27/09
1799	Jeffrey LeMonds	03/27/09
1800	Varda LeMonds	03/27/09
1801	Jessica Moore	03/22/09
1802	Kevin Fuller	03/22/09
1803	Andrew Freda	03/22/09
1804	Laurie Gruberg	04/02/09

**New Winter Members**

696w	Hsin-Chien "Chippy" Tai	1781	01/31/09
697w	Denise Mongillo	1705	02/07/09
698w	Nicole Versandi	1694	02/14/09
699w	Janice Miller	1710	02/21/09
700w	Norman Mueller	1643	02/21/09
701w	Douglas Garrity	1757	02/22/09
702w	Felix Modugno	1789	02/21/09
703w	Peter Herrig	1747	02/28/09
704w	William Maurer	1699	02/28/09
705w	William Schirmer	1754	03/15/09
706w	Sarah Ip	1792	03/08/09
707w	Ray Lin	1791	03/08/09
708w	Mary Ann Cascarino	1691	03/17/09
709w	Lawrence Swayne	1622	03/14/09
710w	James de Wall Malefyt	1655	03/14/09
711w	Robert Gregory	1722	03/15/09
712w	George Chiu	1748	03/16/09
713w	George Kugler	1782	03/15/09
714w	Brett Gruberg	1704	03/15/09
715w	Duncan Still	1793	03/18/09
716w	Walter Brett	1716	03/20/09
717w	Elizabeth Faulkner	1717	03/20/09
718w	Norm Kuchar	1576	03/17/09
719w	Will Roden	1690	03/20/09
720w	James J Gebhard	1794	03/20/09
721w	Albert J Thompson V	1735	03/21/09
722w	Fiona Thompson	1734	03/21/09
723w	Renee Gerber	1596	03/14/09

**New Life Members**

1587	Benjamin Weisberg
1791	Ray Lin
1794	James J Gebhard
1802	Kevin Fuller

## Scree

**Support for a Worthy (?) Charity.** Environmentalists may spend their spare time trekking through the woods, but developers know better, they spend all their time seeking to amass money; in the current case trying to get taxpayer's stimulus money for the **Belleayre Resort**, "a high-priced, high-elevation, high-density, steep-slope, sprawling, speculative ski condo and golf course, developers want to build on a sensitive Catskills mountaintop". For more you might want to read [www.thedailystar.com/columns/local\\_story\\_129043010.html](http://www.thedailystar.com/columns/local_story_129043010.html) and then send Governor Paterson your views on this issue.

**Two Are as Good As One.** After only 19 years of volunteer service, **Pete Senterman** has stepped down as Catskill Trail chair for the NY-NJ Trail Conference. In recognizing the current scope of the task, the Trail Conference has split the responsibility into two regions, assigning responsibility for Region 3 to **Elie Bijou**, and for Region 4 to **Howard "Pete" France**, #1580.

**More Room to Play on Overlook Mountain.** The Kingston Freeman reports that the Open Space Institute has protected "186 acres of the California Quarry property on Overlook Mountain. The property is expected to provide expanded recreational opportunities and views of the Catskills, the Hudson River Valley and parts of Massachusetts and Connecticut. The parcel adjoins previously protected state land on three sides and will be conveyed to the state Department of Environmental Conservation for management as part of the Catskill Forest Preserve".

**And More Room to Play in Sundown Wild Forest.** Midhudsonnews.com has reported that the Open Space Institute has acquired a 136-acre inholding located near the town of Denning within Sundown Wild Forest of the Catskill Park. Protection of the property opens up additional access for those who utilize this very isolated and pristine area for recreation and enjoyment. The acquisition will ultimately be conveyed to DEC.

Conservation of the forestland is also significant because the previous landowners harvested timber on the land in such a way that allowed for a variety of new growth, creating a diverse and unique wildlife habitat. Today, deer, bears, coyotes, foxes and turkeys roam its 136 mountainous acres of hills, streams and ledges.

For hikers in the region, the conserved property is not far from the 60-foot-high Red Hill Fire Tower, the last fire tower to be staffed in the Catskills. For those who climb its nine flights of stairs, the tower rewards them with incredible views of the Catskill High Peaks to the west and north, and the Rondout Reservoir to the south-east.

**Reading is Good for the Club.** Sales of **Carol and Dave White's** books and **Will Nixon's** poetry volume, all of whose profits therefrom were donated to the club, provided almost a \$200 windfall to our treasury. We also thank Will for his gift of customized chocolates [In the interests of fair reporting your editor felt obligated to sample all such wares].

**A Clean Water Act That Actually Cleans the Water.** The NY Times reports "the Obama administration has rightly declared its support for Congressional efforts to restore the broad reach of the Clean Water Act. The law, passed in 1972, was intended to protect all of the waters of the United States, large and small. That mission has since been muddied by two Supreme Court decisions that narrowed the law's scope, weakened its safeguards against pollution and confused federal regulators." <http://www.nytimes.com/2009/06/02/opinion/02tue3.html>

**You Mean He Did Something Else Besides Climb Marcy ?** The Waterman Fund announced that **Pete Fish**, #12, is this year's recipient for the Alpine Steward Award. "Pete Fish was a New York State Forest Ranger for 23 years in both the Catskills and the Adirondacks. He is an active member of the Adirondack 46ers and the Catskill 3500 Club who has interacted with thousands of hikers. Through these organizations, as well as on his own initiative and time, Mr. Fish has educated the public about Leave No Trace, backcountry safety, mountain stewardship, and alpine hiking etiquette. His stewardship activities have had a substantial impact in the High Peaks region".

**About the Grand Walkabout.** As part of the quadricentennial celebration of the good ship Half Moon's sail up the Hudson under the helm of the eponymous Henry Hudson, 3500 Club leaders, including **Wanda Davenport, Manny Peraza, Laurie Rankin, and Jean Taylor**, led hikes in the Catskills, our spectacular mountains that awed Capt. Hudson and other Hudson River excursionists then and now.

**What Do Old 3500-ers Do ?** They write books. Despite efforts at secrecy, word has leaked that **Paul J. Brach** #1025 has published a book chronicling adventurous hikes he has taken, including, of course, some in the Catskills. <http://stores.lulu.com/pauljbrach>.

**Lark'n and Rambl'n Along.** This year again **Dave and Carol White** will be leading hikes for the Hudson River Valley Ramble which will be the four weekends in September. Dave and Carol also plan to be involved in The Lark in the Park usually scheduled for the end of September into October. For more exciting Ramble and Lark events check out their websites (after they're updated for 2009).

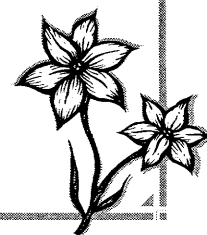
## Our Club Officers

President	Jeff Glans	203-816-8142	glansj@yahoo.com
Past President	Joe Bogardus	518-576-9739	joe.adks@gmail.com
1st Vice President	Jean Taylor	908-209-4750	jtaylor@cims.nyu.edu
2nd Vice President	Tom Rankin	845-926-6209	trankin@hvc.rr.com
Secretary	Laurie Rankin	845-926-2182	laurierankin@hvc.rr.com
Treasurer	Ed Gilroy	908-419-2543	egilroy@gmail.com
Conservation Chair	Carol White	315-853-6942	ccswhite@juno.com
Aspirants Chair	Judy Weiner	201-840-7078	jmw755@aol.com
Membership Chair	Dave White	315-853-6942	ccswhite@juno.com
Outings Chair	Manuel Peraza	718-698-4422	mapcolus1@verizon.net
Representative to the NYNJTC	Richard Barr	212-877-2694	richardedbarr@aol.com
Canisters Chair	Jim Bouton	607-326-4033	jbouton@catskill.net
Trail Maintenance Chair	Elie Bijou	718-377-2990 (518-873-2119 Jun to Sep)	adirondacks@verizon.net
Assistant to the Trail Maint. Chair	Donna Wamsley	845 246-8616	
Annual Dinner Chair	Mike Doehring	914-761-7225	clover7med@aol.com
Assistant to the Dinner Chair	Manuel Peraza	718-698-4422	mapcolus1@verizon.net
Winter Weekend	Art Zimmerman	516-432-1205	artzim1@msn.com
The Canister Editor	Marty Cohen	201-670-8383	wm169@verizon.net

### In Memoriam

**William T. Schafer**, #1173; February 28, 2009 at 70 years of age. Laurie Rankin writes: "He had such a great love of the mountains and the woods. His work with the Boy Scouts and guiding his young son, Will #1558, through his 35 peaks seemed a never ending joy to him. I have thought often of

him today, from our first meeting on an outing to Big Indian and Fir where he was planning on bringing Will along and then didn't. Yet, he thanked me over and over for being willing to have a 'kid' along. He was always so appreciative of a day in the woods".







# the catskill canister

October—December 2009

Volume 42, Number 4

## 3500-ers as Seen from Hunter Ski Trails

### Inside

*President's Column (Giving Back to the Hiking Community: Hike Leaders).....2*

*Devil's Path Backpack.....3*

*Wonders of the Fourth Season....3*

*Hike Schedule .....4 - 6*

*Our New Members .....6*

*Scree (Judy Weiner moves on, Spangenberg bequest, Old Canisters sought, T-shirts—free?, Auditor needed, and more).....7*

*How to Hike, Ladies.....8*

.....

**SAVE THE DATE**

⇒ *Training in Harriman State Park, December 5 (p. 5)*

.....

Since I have finished climbing all the 35 peaks, my skiing has gained a new dimension, a new focus, and many more friends dotting the horizon. Getting off the chair lift I keep looking for them, fondly recalling their names and all the adventures associated with the hikes. From the chair lift and the ski trails I can identify ten peaks but by far the most prominent are the three Blackheads. They seem to follow you from trail to trail always looking serious in their dark hats, even on the sunniest days when everything smiles. On cloudy days, wreathed in dark halos, the pearly monochrome tableau can be quite overwhelming. To the left Windham High Peak looks only like their sidekick.

"I have a friendly talk with Plateau and Sugarloaf"

Moving further to the left I discover the inconspicuous Rusk, my first trailless peak in the Catskills. It brought back so many memories of my 46er days so far away now. I climbed Rusk with my friend Elaine, who was a much better compass person than I, and so we reached the summit without any problems. Look-

ing for the canister became the most exciting treasure hunt. We were like kids again even though I was 75. And what an incredible prize. The warm afternoon sun wrapped our entire world in happiness.

Happy to be with my new friends I say hello to the stately and impressive Westkill and then rest my eyes on the fire tower of Hunter Mountain, which I used to point out to my kids when teaching them skiing.

So, during one dinner we decided to climb the real Hunter and the following summer we did. Without knowing it then, thus began my long love affair with Catskill peaks.

Completing my visit I have a friendly talk with Plateau and Sugarloaf, so close together almost uniting when dusk falls. Skiing back to the lodge I stop and smile at Kaaterskill High Peak dominating the eastern horizon. He seems quite happy and satisfied with himself even if he is no longer the highest peak. ▲

Submitted by Henry Halama #1647 and edited by the Canister.



## The Catskill Canister

### President

Jeff Glans  
glansj@yahoo.com  
58 Old Dike Road  
Trumbull, CT 06611  
(203) 816-8142

### Editor

Martin A. Cohen  
wm169@verizon.net  
169 Pershing Ave.  
Ridgewood, NJ 07450  
(201) 670-8383

### Associate Editor

Michael E. Doehring  
7 Cloverdale Ave.  
White Plains, NY 10603  
(914) 761-7225

### Membership

David White  
ccswhite@juno.com  
28 Mulberry St.  
Clinton, NY 13323  
(315) 853-6942

### Subscriptions/Aspirants

Cindy Kuhn  
cmkuhn@verizon.net  
7 Joyce Street  
Moosic, PA 18507  
(570) 954-7541 (m) (NCA 9pm)

### Outings

Manuel A. Peraza  
mapcolus1@verizon.net  
23 Kathy Pl., #2B  
Staten Island, NY 10314-5921  
(718) 698-4422

The Catskill Canister is published four times yearly by the Catskill 3500 Club, Inc. for \$10.00 a year. Articles, not previously published, of less than 1100 words on hiking, essays, or poetry, should be sent to [wm169@verizon.net](mailto:wm169@verizon.net).

All material contained herein is copyrighted by the authors or by the Catskill Canister.

Nominal dates for receiving the Canister are: Feb 15, Jun 15, Sep 15, and Dec 15.

**We're on the web at**

**[www.catskill-3500-club.org](http://www.catskill-3500-club.org)**

## The President's Column

### Giving Back to the Hiking Community: Hike Leader

Last quarter I suggested trail maintenance as a great way to give back to the trails and to the hiking community. But there are other ways to give back that don't involve "cleaning up the woods" as some of my friends jokingly call trail maintenance. This quarter I'd like to suggest that becoming a hike leader is another. The 3500 Club is well known for its extensive schedule of led hikes. Most quarters there are hikes on both Saturday and Sunday of every weekend, reaching most of the 35 summits. In addition there are specialty hikes to areas outside of the Catskills and/or educational hikes. We've had hikes on local history, local flora and fauna, and GPS use to name just a few.

At present there is a dedicated but small core of hike leaders, many of whom lead multiple hikes in order to fill the schedule. Manuel Peraza is our outings chair and he does a great job filling our hike schedule but he is always looking for new hike leaders.

While becoming a hike leader might seem a daunting responsibility, there is an easy way to get comfortable with the role. The simplest way to get the experience is to join club-led hikes and observe the hike leader. Watch how he or she sets the expectations for the hike and then manages the group so that everyone reaches that goal. If you let the leaders know that you're interested in becoming a hike leader I'm sure they'll take you under their wing as an apprentice leader. Many leaders lead from the rear and would be happy to let you "take point" to get some experience. Manuel is also a great source of information on leading hikes. He also leads hikes and I'm sure he'd be willing to come along on your hike as an elder statesman. I also lead the occasional hike and would be happy to have you along as an apprentice.

So why not contact Manuel ([mapcolus1@verizon.net](mailto:mapcolus1@verizon.net)) and offer your services. You'll find it very rewarding. You'll also see the Catskills in an entirely new light. Hike leaders can also qualify for the Hike Leader patch, but more on that next quarter.

Jeff Glans



## Devil's Path Backpack — don't be so anxious.

I had been excited to try my hand at the Devil's Path. I arrived early with my wife, who helped me shuttle my car to Spruceton Road and bid me farewell at the end of Prediger Road. Physically I was fit, but in my anxious attempt to gain as much mileage as possible on the first day, I passed up the few opportunities to refill my water bottle, and sorely paid for it by the end of the first day. I was badly in need of some water when I came down from Plateau to Devil's Tombstone campground. With running water on site, it was hard to pass up, despite the steep overnight fee. On the second day I awoke refreshed, in spite of listening to howling coyotes patrolling the ridges above the campground all night. I let my imagination run wild that night, picturing a pack of coyotes communicating my position below, back and forth between each other, as they methodically circled in on their unsuspecting and dehydrated prey. It helped keep me entertained at the very least, as I restlessly lay awake. All in all, this trip offered a long, dry slog with magnificently pure views of the Catskills, well worth all the effort. ▲

"I passed up the few opportunities to refill my water bottle"

and sorely  
the end of the  
badly in need  
when I came

## The Wonders of the Fourth Season

This must have been my finest winter day on Slide. On this day – a sunny, blue-sky day with everything blanketed in fresh snow from the Valentine's Day storm the week before – I became enamored with winter hiking. As I approached the summit, the trees were bowed with heavy drapes of glistening snow, sparkling in the bright sun. I reached the top and was able to soak it all in for a few brief moments before the throngs of hikers began to emerge from the white tunnels of snow-covered forest. I slowly ambled down via the Curtis-Ormsbee Trail, meeting many people along the way and thoroughly enjoying the perfect winter day. I stopped to listen to birds singing, took pleasure in watching a skier who was out enjoying the bounty of snow, and passed a photographer capturing the natural beauty surrounding us. This is the day that made me realize the wonders of the fourth season. ▲

The above two stories were submitted, along with stories of some other solo hikes in the Catskills, by **Benjamin French #1780**.

He tells us *"I find those times that I'm alone to allow me to fully reflect upon and appreciate the outdoors. When I have joined the group hikes, it's been a great experience being with other like minded individuals and a good balance between my solo, introverted trips."*, and then reflects

*"At the beginning of this winter season, I set two goals for myself: to complete my 3500 list and to begin, in earnest, my winter 35's. I've accomplished the first, and as of this writing am just under half way done with my winter peaks. It is with a bittersweet note that I recently found out that I am being transferred to Chicago for my job. I can celebrate the fact that I completed my first goal, but am disheartened that I will not be as close to my beloved Catskills. What's more, Chicago, the midwest, where the great plains begin, has nothing to climb! I've promised myself that I'll return next winter for at least a week in order to reconnect and bag some more of those Catskill high peaks."*

## Hike Schedule October - December, 2009

**Assumed Risk:** Hiking involves certain inherent risks and persons participating do so at their own risk. In cold weather hike participants should avoid cotton clothing, as it retains dampness and the resulting chill can result in hypothermia, **which can lead to death.** Instead, wear (and have available in your pack) garments of wool or fleece. Silk or polypropylene make the best base layers, as they tend to wick moisture away from the body. Hats, gloves and a headlamp must be part of the standard fall kit. Ice and snow can come early and unexpectedly to these peaks; if there is any doubt about the conditions that may be encountered, each hiker is strongly advised to **bring snowshoes and full crampons to the trailhead**; the leader may advise that these do not have to be taken on the hike, but be aware that while there may be bare ground at the trailhead, there is often very significant ice and snow as the elevation increases, which could result in those improperly prepared being sent back. Anyone not properly equipped may be refused permission to participate, at the leader's absolute discretion. **Fall in the Catskills is not to be treated lightly.**

**Rating System:** Please be advised that the hikes listed herein would most likely be rated more difficult by clubs who hike in non-mountainous terrains

**Cancellations:** Please be aware that, in the case of bad weather or bad driving conditions, some hikes may be canceled; if you are uncertain, please contact the leader before leaving for the hike. As a matter of courtesy to our volunteer hike leaders, we ask that you let them know as early as possible if you have to cancel your attendance on a hike.

**Private Property:** All Catskill 3500 Club hikes respect "No Trespassing" signs and the owners' wishes in such regards; leaders shall obtain permission to cross private property when so required.

**Volunteer to Lead:** If you are a member of the Club please consider becoming a hike leader. Just contact Manuel Peraza (mapcolus1@verizon.net; 718-698-4422 (7-9pm)), and Manny will arrange to add you to the low-volume private Yahoo list through which hikes are coordinated. You will be contacted via this means when hikes are needed.

### Sat, Oct. 3 -HUNTER & SW HUNTER

**Distance:** 9 mi. Ascent: 2225', Elev. 3740', 4040'

A moderately paced bushwhack and trail hike.

**Meeting Place/Time:** Please contact leader by Oct 1 to register.

**Leader:** Carol Nestor #1325; 914-683-3858. (NCA 9 pm)

### Sun, Oct. 4 - NORTH DOME & SHERRILL

**Distance:** 6.5 mi. Ascent: 2500', Elev. 3540', 3610'

A moderately paced bushwhack. Dogs welcome.

**Meeting Place/Time:** Please contact leader to register after Sep 20.

**Leader:** Doug Garrity, #1757; garrid0@lycos.com; 845-471-1079

### Sat, Oct 10 - BALSAM LAKE MT, BILL SCHAFFER MEMORIAL HIKE

**Distance:** 4 mi. Ascent: 1425', Elev. 3723'

A moderately paced trail hike to honor Bill Schaffer's memory and last climb in the Catskills.

**Meeting Place/Time:** Please call leader to register Mon.-Thurs. 7-9 pm before the hike.

**Leader:** Irene Logan #888; 845-753-5651

**Co-leader:** Harry Rampe #877

**Rain Date:** Saturday, Oct 17

### Sun, Oct. 11 - BLACKHEAD RANGE TRAVERSE

**Distance:** 7.5 mi. Ascent: 2760' Elev. 3940', 3980', 3940'

A moderately paced trail through hike (shuttle required).

**Meeting Place/Time:** Please contact leader to register.

**Leader:** Ken Hubert #1351;

hikeleader3500@yahoo.com; 718-463-5675 after 3pm (or 518-827-7327 Fri & Sat)

### Sat, Oct. 17- WEST KILL MT.

**Distance:** 8 mi. Ascent: 2400', Elev. 3880'

A moderately to fast paced through trail hike (short shuttle required).

**Meeting Place/Time:** Please contact leader by Oct 15.

**Leader:** Edna Blanchfield #1245;

goatgirl\_35r@verizon.net; 845-246-3362 (NCA 9pm).

### Sun, Oct. 18 - BALSAM CAP & FRIDAY

**Distance:** 7 mi. Ascent: 2800', Elev. 3623', 3694'

A moderately paced but strenuous bushwhack to two of the most difficult to reach peaks.

**Meeting Place/Time:** Please contact leader to register by Oct 16. (email preferred).

**Leader:** George Preoteasa #1478; gvp@ms.com; 201-694-8344

It is imperative that hike participants do not race ahead of the group, as this could create serious problems of safety and navigation.

**Sat, Oct. 24 – RUSK**

Distance: 4 mi. Ascent: 1600'. Elev. 3680'.

A moderately paced trail hike and bushwhack.

Meeting Place and Time: Please contact leader to register between Oct 19 -22; calls only on Oct 23 (NCA 8 pm)

Leader: Jim Malumphy #890; [lump63@hotmail.com](mailto:lump63@hotmail.com); 203-206-0586

**Sun, Oct. 25 – GRAHAM & DOUBLETOP**

Distance: 5.5 mi. Ascent: 2800', Elev. 3868', 3860'

A moderately paced but strenuous bushwhack from Seager. Dogs welcome.

Meeting Place/Time: Please contact leader to register (email preferred).

Leader: Danielle Besso #1496; [dbesso@stny.rr.com](mailto:dbesso@stny.rr.com); 607-724-5523 6-9pm

**Sat, Oct. 31 – VLY & BEARPEN**

Distance: 8 mi. Ascent 2200', Elev. 3529', 3600'.

Two relaxed-pace, straightforward bushwhacks.

Meeting Place/Time: Please contact leader to register.

Leader: Jean Taylor #1440; [jtaylor@cims.nyu.edu](mailto:jtaylor@cims.nyu.edu); 908-209-4750

**Standard Time Returns Nov. 1— we get to sleep an extra hour !**

**Sun, Nov. 1 – INDIAN HEAD & TWIN**

Distance: 9 mi. Ascent: 2400', Elev. 3573', 3640'

A moderately paced trail hike.

Meeting Place/Time: Please contact leader to register between Oct. 26-31.

Leader: Suzanne Knabe #1326; [suzkna@msn.com](mailto:suzkna@msn.com); 718-435-3092 (after 7pm)

**Sat, Nov. 7 – WITTENBERG & CORNELL**

Distance: 8 mi. Ascent: 2850' Elev. 3780', 3860'

A moderately paced trail hike.

Meeting Time/Place: Please contact leader to register by Nov 5.

Leader: Carol Nestor #1325; 914-683-3858. (NCA 9 pm)

**Sun, Nov. 8 – FIR & BIG INDIAN**

Distance: 9 mi. Ascent: 2400', Elev. 3620', 3700'

A moderately paced trail hike and bushwhack

Meeting Place/Time: Please contact leader to register.

Leaders: Tom and Laurie Rankin #'s 1503, 1337; [laurierankin@hvc.rr.com](mailto:laurierankin@hvc.rr.com); 845-926-2182

**Sat, Nov. 14 – PEEKAMOOSE & TABLE**

Distance: 9 mi. Ascent: 3000'. Elev. 3843', 3847'

A moderately paced, but strenuous trail hike. Possible car shuttle.

Meeting Place/Time: Please contact leader to register.

Leaders: Tom and Laurie Rankin #'s 1503, 1337; [laurierankin@hvc.rr.com](mailto:laurierankin@hvc.rr.com); 845-926-2182

**Sun, Nov. 15 – SUGARLOAF & PLATEAU**

Distance: 8 mi. Ascent: 3100', Elev. 3800', 3840'

A moderately paced but strenuous trail hike on steep trails. Well behaved dogs welcome.

Meeting Place/Time: Please contact leader to register after Nov1.

Leader: Doug Garrity #1757; [garrid0@lycos.com](mailto:garrid0@lycos.com); 845-471-1079

**Sat, Nov. 21 – HUNTING SEASON STARTS  
NO CLUB HIKES****Sun, Nov. 22 – NO CLUB HIKES****Sat, Nov. 28 – NO CLUB HIKES****Sun, Nov. 29 – NO CLUB HIKES****Sat, Dec. 5 – TRAINING in HARRIMAN STATE  
PARK**

Survival in cold weather conditions. Navigation using map, compass, and terrain recognition.

Meeting Place/Time: Please contact leader to register between Nov 30 - Dec 4.

Leader: Joseph Polcha; [jpolcha@aol.com](mailto:jpolcha@aol.com); 914-245-4717

**Sun, Dec. 6 – NO CLUB HIKES****Sat, Dec. 12 – NO CLUB HIKES****Sun, Dec. 13 – HUNTING SEASON ENDS – LET'S  
GO HIKING !****Sat, Dec. 19 – BALSAM**

Distance: 4.9mi. Ascent: 1600'; Elev. 3600'

A moderately paced trail hike.

Meeting Place/Time: Please contact leader to register (email preferred).

Leader: Jeff Glans #793; [glansj@yahoo.com](mailto:glansj@yahoo.com); 203-816-8142; (NCA 9:30 pm)

(Continued on page 6)

**In case of bad weather or bad driving conditions, most hikes will be canceled; if in doubt contact leader.**

**Sun, Dec. 20 – PANTHER & GIANT LEDGES**

Distance: 6.8 mi. Ascent:1900'; Elev. 3720', 3200'

An easy to moderately paced trail hike.

Meeting Place/Time: Please contact leader to register between Dec 14 -18.

Leader: Michael "Mick" Dunn #1272; [mdunn@wyeth.com](mailto:mdunn@wyeth.com), 603-595-2678 (10am to 8pm)

**Sat, Dec. 26 – HALCOTT MT.**

Distance: 5 mi. Ascent: 1200' Elev. 3537'

A bushwhack at a slow to moderate pace; well behaved dogs welcome.

Meeting Place/Time: Please contact leader to register by Dec 24.

Leader: Elie Bijou #1492; [adironacks@verizon.net](mailto:adironacks@verizon.net), 718-377-2990 (NCA 9pm)

**Sun, Dec. 27 – SLIDE**

Distance: 4.2 mi. Ascent: 1900', Elev. 4180'

A moderately paced trail hike.

Meeting Place/Time: Please contact leader to register between Dec 21-26.

Leader: Suzanne Knabe #1326; [suzkna@msn.com](mailto:suzkna@msn.com); 718-435-3092 (after 7pm)



**Our New Members**

**Regular**

- 1805 Alan J Bangel 04/13/09
- 1806 Wendell George 05/06/09
- 1807 Robert Hladik 04/17/09
- 1808 James S Bouton 04/09/09
- 1809 Joseph Amerigo 03/07/09
- 1810 Reid Bauer 05/30/09
- 1811 John R Cooley 06/07/09
- 1812 Mark Lindeman 06/16/09
- 1813 James H Hopson 06/28/09
- 1814 James Spinner 06/28/09
- 1815 William R McFarland 05/24/09
- 1816 Krista Morris 05/25/09
- 1817 Stephen Morris 05/25/09
- 1818 Frederic Waterman 05/25/09
- 1819 Ted Wallace 07/11/09
- 1820 Richard Garrison 07/19/09
- 1821 Paul Sirtoli 08/04/09
- 1822 Patrick Ryan 07/01/08
- 1823 David Lublang 08/27/09

**Winter**

- 724W Chris O'Bara 1724R 03/15/09

**Life**

- 1554 Terri Maxymillian
- 1630 Daniel Weisberg
- 1823 David Lublang



**Clark Flunks Hiking 101.** Our very first Canister editor, Franklin Clark #33, reports that although he is Winter #23, he didn't own full crampons until he redid all the Catskill peaks after age 70, as well as completing the ADK46. [The current editor, who has acquired five sets of crampons over the years, only admits to not knowing how to put them on]. Franklin's tenure as Canister editor from 1968—87 has been an inspiration to us successors.

## Scree

**After eight years of service** our Aspirants Chair, **Judy Weiner #1287**, has had to resign as her (paying) job has necessitated her relocating to France for a few years. An avid all-season Catskills hiker, Judy has been handling aspirant affairs since 2001, eight years of reliable and uncomplaining service to the club. She says "I'll miss everyone and the Catskills too, but am looking forward to climbing new mountains in new places." [**Cindy Kuhn #666**, has volunteered to replace Judy as Aspirants Chair].

**Founder Spangenberg Remembers the Club.** The club has received a bequest of \$1500 from the estate of Bill Spangenberg, #3. To commemorate Bill it will be applied to the construction of the new leanto on Hunter Mountain.

**Trail Maintenance.** On July 18, **Doug Hamilton #1519** and **Mary Hughes**, aspirant, joined Trails Chair **Elie Bijou #1492**, in trail maintenance activities on Peekamoose Mountain. [I know many more of us love Peekamoose, and we will be there for the next TM outing. — ed.]

**Search Your Attic for Old Canisters.** An effort to digitize the entire run of *Catskill Canisters* is being undertaken by **Alan Via #429**. This would be a wonderful resource for us all as it would constitute a detailed history of the club. Unfortunately we've not been able to locate a complete collection of issues. So, if you have a large block of issues and would be willing to make a short term loan of them, please contact Alan at [be46@nycap.rr.com](mailto:be46@nycap.rr.com). Alan has promised to be extremely careful with any copies loaned to him and will return them in the same condition as he receives them.

**For the T-Shirt-deprived.** The club has acquired an inventory of T-shirts in two styles: short sleeve grey (\$11.00) and long sleeve dark blue (\$15.00). All shirts are available in the following sizes: xs, s, m, l, xl, xxl, and all prices include shipping and handling. Checks should be made out and mailed to: Catskill 3500 Club, Inc., 1725 North Stiles St., Linden, NJ 07036. (For an award-winning fashion photo of the T-shirts go to <http://tiny.cc/9eH4D>).

**moreover ...** an anonymous trail benefactor has offered to provide a **free club T-shirt** to anyone who participates in a sufficient number of club trail maintenance outings. **Fine print:** Four outings for a short sleeve, five for a long sleeve; one past outing may be applied, limited to the first ten trail lovers that qualify; to apply just contact the editor.

**The area for the John Robb lean-to replacement was readied** by 12 members including three from the Executive Committee who spent all day June 27 preparing the new site for the lean-to. Organizer **Laurie Rankin** reports that despite less than ideal weather conditions, the new site and its access trail were cleared, the stone foundation laid, the new view point cleared, and the old site mitigated by the planting of trees and such.

**A new Audit Committee member is being sought** to replace **Jay Hui**, whom we wish to thank for successfully completing his three years of service as an auditor. Any member having an arithmetic capability, and an ample degree of distrust, is encouraged to contact club president Jeff Glans ([gjansj@yahoo.com](mailto:gjansj@yahoo.com)) to volunteer.

### Porky's Outdoor Tips:

- ⇒ Hot rocks placed under your sleeping bag will keep you warm, of course you need to be an expert zen practitioner to sleep on hot rocks.
- ⇒ Moss grows on the north side of your compass.



We are grateful to **Mary Sive #595** for the extract below from Alf Evers' *The Catskills*.

Walking was a major activity of summer boarders in the nineteenth-century Catskills. The instructions below in the art appeared in Sylvanus Lyon's *Outing in the Catskills*, NY 1889. The booklet was published to attract patrons to the Columbian Hotel in Cairo in which author Lyon had an interest.



FREE AND EASY.



OUR BLOOMER.

Are you a lover of this art, and do you know the pleasures of this recreation? If not the mountains are the place to learn how to enjoy walking. There are fashions and airs of pedestrians as in dressing, and not one lady in ten practices it correctly for health or true pleasure. There is the swaggering air, the erect gait, the contented tread of aristocracy, the quiet place, the shuffling step, the stoop or the halt pace - and few walk correctly.

The toes should point out; keep the head erect, the shoulders carried back, the chest well expanded, and let the feet move in graceful curves, using "the Alpine staff" for support. One fault of most ladies walking easily is tight shoes and close, unfitting garments. [sic]

Few women give their feet the necessary backward spring for carrying the body lightly and evenly forward. Nearly all walk on their heels and in a deliberate manner, as if they knew it and were glad of it. Others stride on, flat footed and heavy, with noses in the air and hands clinched as if they meant business, or step unevenly as if avoiding imaginary obstacles, or carry their heads forward, their loose and shuffling, and not a few have that walk peculiar to affected women of taking a step and turning the head one way, and going another way. But perhaps the most ungraceful walker is the woman who turns her toes in and lets her feet fall with a slouchy, flip-flap motion. Unless the foot is really deformed, this horrible habit can be controlled by walking slowly and with care. [it goes on]



TEN MILE GAIT.

We've come a long way, boys. Just think, only a little more than a century ago men used to write such chauvinistic guidance (the sketches are instructive, though). ▲



⇒ The Catskill mountains are often termed "America's First Wilderness".

⇒ The Catskills are the highest and easternmost part of the Allegheny Plateau and the northern end of the larger Appalachian Plateau.

⇒ Catskill High Peaks are drained by three major river systems, the Delaware, the Hudson, and the Mohawk.

⇒ All of the Catskill Mountains were glaciated.

Cat Tales are supplied by Larry Allen, #1277, who is always happy to receive information about the Catskills at [lea6141@gmail.com](mailto:lea6141@gmail.com)

