We're on the web at www.catskill-3500-club.org
The President’s Column

It’s my first column as President and I’m excited and honored to take my turn at the wheel! I’ve been wrestling with what to write for several days, though. Why am I editing myself so harshly, I wondered, as I electronically crumpled up yet another draft and clicked “delete.” Because it’s important is the answer. And because sharing sobering insights about where our club may have wandered into some nettles, so to speak, is a bitter pill. I wish my column could be all high fives and fist bumps about hiking accomplishments, but unfortunately we have to talk. Step into my office…

Our club promotes hiking the high peaks; our club promotes conservation. We’ve done a fine job with the former but it’s time to walk our talk even more stridently with the latter. Not that we haven’t put our collective back into it – we joined the Catskill Park Coalition and participated in lobby days in Albany seeking funding for the Catskill Forest Preserve, including critical funding for DEC foresters, rangers, assistant forest rangers, and operations crew. We’ve donated $15,000 to date to the Summit Steward program managed by the New York New Jersey Trail Conference. We run biannual highway clean ups on our adopted section of Route 214, and biannual trail maintenance outings to our adopted trail and lean to. We have scheduled Hemlock Woolly Adelgid identification trainings, and turned out in force for litter pick ups at the Blue Hole. We’re talking with the land managers about more ways we can mitigate damage done by hikers, including rehabilitation projects on the high peaks. And we plan to offer a Leave No Trace training to our hike leaders. We haven’t been slackers.

But we promote hiking the peaks, and hiking is happening in numbers the likes of which we haven’t seen ever before. Total canister sign ins doubled from 2009 to 2015, and numbers at Vly for example increased from approximately 130 in 2007 to almost 900 in 2016. Yes, you read that correctly – in less than ten years an almost sevenfold increase has occurred. Think about it – it took nearly 30 years for the club to reach one thousand members. It took less than 20 years to double that, and we are on track to hit 3,000 at the next dinner later.

With increasing numbers comes increasing responsibility. It’s time for us to up our game, so to speak. It’s time to be brutally honest with ourselves about our role in impacting these peaks, and explore ways to change our behavior to lighten the load. Yes, change. It might not be easy or comfortable, but we’ll be in it together. Loving the Catskills: these forests and waterways, balsams and bears, porcupines and red efts, snow, ice, mud, moss, beech whips and eye pokers… it’s who we are and it’s what we do. Figuring out how to do it more gently is not only possible – it’s imperative. See you in the woods,

Heather

Trail Mix Continued from page 1

standing who leads six scheduled hikes including a winter hike and (separately) a bushwhack. Also required is participation in one club trail maintenance outing.

Applications are available online at http://catskill-3500-club.org/forms/HikeLeaderAward.pdf

Club Service Award

The purpose of this award is to recognize service to the club by its members. The award is open to any member in good standing who accumulates 7 points by participating in various activities. Get details or apply online at http://catskill-3500-club.org/forms/ClubServiceAward.pdf Other awards (with patches!) may be added in the future. Stay tuned for announcements!
Wilderness Impact continued from page 1

what these wilderness areas should be – as “untrammeled” as possible. The DEC’s Catskill Park State Land Master Plan lays it out clearly: wilderness “is an area where the earth and its community of life are untrammeled by man--where man himself is a visitor who does not remain.” Further, wilderness has a “primeval character” and is “managed so as to preserve, and where necessary, enhance and restore, its natural conditions, and which (1) generally appears to have been affected primarily by the forces of nature, with the imprint of man’s work substantially unnoticeable; (2) offers outstanding opportunities for solitude or a primitive and unconfined type of recreation.” The natural human impulse to create, fix, improve, or build is contrary to the essence of wilderness. It is a place we don’t “improve.” Even the trails are a compromise, and trail-less peaks offer a spectacular wilderness experience... if they are indeed untrammeled.

I know many of you work hard to leave no trace, never littering and ever careful to pick up the dreck someone else left behind. But the numbers show us that it’s not just litter we need to think about. It’s where we place our boots, how often, and how many of us. Our very presence is an issue. And that’s pretty uncomfortable to think about. Hiking is what brings us into nature, foments an intimacy with the natural world that leads to a passionate commitment to conserve it... and hiking is also causing a problem in and of itself. What’s an ethical club member to do?

For starters, we need to admit that there is an issue to be addressed. The genie is out of the bottle – some areas may be permanently damaged, never to recover. We hikers did that, and we need to be honest with ourselves about our role, and open to changing our behavior. Our right to hike is undeniable but our impact upon the forests we love so much is also undeniable. What else can we do? To begin, let’s

♦ Learn about hiking more sustainably. Leave No Trace (the organization in general and the 7 principles more specifically) is an excellent place to start. The club is planning specific LNT trainings later this year – stay tuned!

♦ Be mindful of impact when planning hikes. Snow cover is a durable surface; mud season and times of drought tend to be extra hard on plant life. Waiting a week or two for conditions to improve may greatly decrease impact.

♦ Keep our group sizes small. Heavy foot traffic by a large group on a single day has been shown to be a significant source of damage and impact.

♦ Volunteer to help rehabilitate or repair damaged areas. The Club plans to work with DEC staff to identify areas that can be rehabbed, and volunteers will be needed to assist with these projects.

♦ Share your ideas. Write to me at president@catskill-3500-club.org to share your suggestions for how the club can up its stewardship game. 🌟

The author wishes to acknowledge assistance from NYS DEC foresters Ian Dunn and Jeff Rider.

Trail Mix continued from page 2

Spring Road Clean-Up

We had another amazing turnout for the Club’s May Adopt-A-Highway event on Rte 214. Participants were David Bunde, Al Davis, Steve Emanuel, Jim Gebhard, Peter Greweling, Tim Hale, Bobbie Hladik, Laurie Hladik, Keith Keator, Linda Kukol, Larry Leslie, Tom Martone, Charlie Lutomski, Pamela Martin, Kim Robinson, TJ Robinson, Tom Robinson, James Ruoff Sr, Laura Sanford, and Lyn Walker. Twenty people! A big thank you to all who participated. Out next opportunity to help out will be our trail maintenance trip on July 16th. Hope to see you there! David Bunde, Trail Maintenance Chair

Changing of the Guard

A hearty thank you to departing past president Tom Rankin and secretary Laurie Rankin, and welcome to Charlie Lutomski, our new second vice president, and Melissa McCutcheon, our new secretary. Also thank you to departing Canister Editor Kevin Morgan and welcome to our new editor, Bill Chriswell. For a full run down on the current board members, committee chairs and officers of the club, go to http://catskill-3500-club.org/history_officers.php 🌟

Conservation Corner—
A Note from our Conservation Chair, Carol White

ADK nominated the Blue Hole for a 2017 Leave No Trace HOT SPOT. ADK will host a week of public education at the Blue Hole from Monday, August 14, 2017 (all day) to Monday, August 21, 2017 (all day), providing staff support and training. More: adk.org/protect/issues-and-alerts. Visit www.LNT.org. Many outdoor areas are negatively impacted by recreational use – we are literally loving the land to death from a lack of knowledge or skills, resulting in litter, polluted water, invasive species, habituated wildlife, trail and campsites erosion, campfire ring proliferation, cigarette butts, dog waste, etc. Hot Spots are sites that are damaged but can become healthy after specific Leave No Trace applications.

The Good News: A fully-funded $300 million Environmental Protection Fund for the second year will protect facilities for the Catskill and Adirondack Forest Preserves including more trail construction, maintenance, and additional Summit Stewards, and fund public land conservation and acquisition. There is also increased funding to combat invasive species like the hemlock woolly adelgid in the Catskills. Funds improve water quality, prevent pollution, fund community health programs, zoos, parks, and botanical gardens. Capital investments made through the EPF support thousands of jobs and generate $40 billion in revenue every year. The Fund was created in 1993 to ensure that the state could pay for environmental projects

Continued on page 7
Familiarize yourself with the seven Leave No Trace Principles for all your hikes:

- Plan Ahead and Prepare;
- Travel and Camp on Durable Surfaces;
- Dispose of Waste Properly;
- Leave What You Find;
- Minimize Campfire Impacts;
- Respect Wildlife; and
- Be Considerate of Other Visitors

Sat. July 1 - INDIAN HEAD & TWIN
Distance: 8 mi. Ascent: 2200', Elev: 3573', 3640'
Traverse with shuttle.
Registration Period: June 26 - 30
Leader: Keith Keator #1143
kvkeator@yahoo.com
(518) 589-9890

Sat. July 1 - NORTH DOME & SHERRILL
Distance: 8 mi. Ascent: 2900', Elev: 3540', 3610'
A moderately paced, strenuous bushwhack.
Joint hike with ADK Long Island.
Registration Period: June 12 - 28
Leader: Ed Moran #2007
edmoran@gmail.com
(631) 741-3765

Sun. July 2 - WEST KILL
Distance: 6.4 mi. Ascent: 1,786’, Elev: 3,880’
A moderately paced trail hike.
Registration Period: June 26 - 30
Leader: Jim Malumphy #890
lump63@hotmail.com
(203) 206-0586 before 8pm

Sun. July 2 - BALSAM CAP & FRIDAY
Distance: 7 mi. Ascent: 2200', Elev: 3694', 3623'
A moderately paced strenuous bushwhack.
Map & compass instruction.
Registration Period: June 26 - July 1
Leader: Ed Gorczynski verticallyinclined1@live.com

Sat. July 8 - HALCOTT & SLEEPING LION
Distance: 7 mi. Ascent: 2000', Elev: 3524', 3400'
Moderate pace through hike with navigation instruction. Well behaved dogs welcome.
Registration period: June 29 - July 6
Leaders: Shari Aber #2224 shnaber@yahoo.com
(914) 489-0654 and Joe Ferri #2223
newpaltz33@yahoo.com
(914) 489-1582

Sun. July 9 - WINDHAM HIGH PEAK
Distance: 7 mi. Ascent: 1800' Elev: 3524'
A relaxed pace trail hike.
Registration Period: July 1 - 8
Leader: Al Davis #2192 W1082
ad322@freeelectron.net
(518) 947-6407

Sun. July 15 - RUSK & EAST RUSK
Distance: 5.5 mi. Ascent: 1800', Elev: 3680', 3520'
A moderate paced, steep bushwhack.
Registration Period: July 1 - 15
Leader: Chris Adams #2710
GetElevatedNY@gmail.com

Sun. July 16 - PEEKAMOOSE-TABLE TRAIL MAINTENANCE
It’s our summer trail maintenance day! Please help us keep the Peekamoose-Table Trail clean, clear and safe for the enjoyment of all. Bring work gloves and your favorite trail maintenance tools (the Club will also have tools available). It’s fun work and a great way to help the Club and the hiking community. Refreshments will be provided afterward.
Registration Period: Open
Leaders: David Bunde #2269 W925 Tom Martone #2454 W1010, david@dgbdesign.com

(Continued on page 5)
Sat. July 22 - PLATEAU  
Distance: 5 mi. Ascent: 1600', Elev: 3840'  
Steep ascent & descent, flat top with great views.  
Registration Period: July 16 - 21  
Leader: Mike Stallbohm #1826 W745  
mstall0128@gmail.com

Sat. July 22 - KAATERSKILL HIGH PEAK  
Distance: 7 mi. Ascent: 1330', Elev: 3655'  
A relaxed paced, often steep bushwhack.  
Registration Period: July 13 - 20  
Leader: Ted Shemella #1550 W789  
tshemella@yahoo.com (preferred)  
(845) 687-2208 to leave message

Sun. July 23 - BEARPEN & VLY  
Distance: 7 mi. Ascent: 2000', Elev: 3600', 3529'  
A moderate paced bushwhack and trail hike.  
Registration Period: July 14 - 21  
Leader: Michael Bongar #2173 W994  
michael@bongarbiz.com

Sat. July 29 - SLIDE  
Distance: 7 mi. Ascent: 1780', Elev: 4180'  
Loop via Curtis-Ormsbee Trail.  
Registration Period: July 24 - 28  
Leader: Keith Keator #1143  
kvkeator@yahoo.com  
(518) 589-9890

Sat. July 29 - DOUBLETOP  
Distance: 5.7 mi. Ascent: 1900', Elev: 3860'  
A relaxed paced, strenuous bushwhack.  
Registration Period: July 20 - 27  
Leader: Ted Shemella #1550 W789  
tshemella@yahoo.com (preferred)  
(845) 687-2208 to leave message

Sun. July 30 - BALSAM LAKE & MILL BROOK RIDGE  
Distance: 8.6 mi. Ascent: 1800', Elev: 3723', 3480'  
A relaxed pace trail hike.  
Registration Period: July 22 - 29  
Leader: Al Davis #2192 W1082  
ad322@freelectron.net  
(518) 947-6407

Sat. Aug. 6 - ST. ANNE'S & WEST KILL  
Distance: 7.75 mi. Ascent: 2300', Elev: 3880'  
Traversal with car shuttle. Well behaved dogs are welcome.  
Registration Period: July 31 - Aug. 4  
Leader: Tom Martone #2454 W1010  
tom.martone.cmc@gmail.com

Sat. Aug. 12 - BLACKHEAD, BLACK DOME AND THOMAS COLE  
Distance: 8 mi. Ascent: 2745' Elev: 3940', 3980', 3940'  
A moderately paced, sometimes steep traverse across the Blackhead Range.  
Registration Period: July 31 - Aug. 11  
Leader: David Bunde #2269 W925  
david@dgbdesign.com

Sun. Aug. 13 - BLACKHEAD  
Distance: 4.5 mi. Ascent: 1840', Elev: 3940'.  
A moderate paced, steep trail hike.  
Registration Period: July 21 - Aug. 5  
Leaders: Chris Adams #2710  
GetElevatedNY@gmail.com

Sat. Aug. 19 - BALSAM & EAGLE  
Distance: 9 mi. Ascent: 2000' Elev: 3600'  
Moderately paced trail hike.  
Registration Period: Aug. 7 - 18  
Leader: David Bunde #2269 W925  
david@dgbdesign.com

Sun. Aug. 20 - ROCKY & LONE  
Distance: 10.3 mi. Ascent: 2678', Elev: 3508', 3721'  
A moderate paced bushwhack and trail hike.  
Registration Period: By Aug. 11 - 18  
Leader: Michael Bongar #2173 W994  
michael@bongarbiz.com

Sat. Aug. 26 - HUNTER & SOUTHWEST HUNTER  
Distance: 10 mi. Ascent: 2500', Elev: 4045', 3720'  
Moderately paced loop hike. Well-behaved dogs welcome.  
Registration Period: Aug. 17 - 24  
Leaders: Shari Aber #2224  
shnaber@yahoo.com  
(914) 489-0654 and Joe Ferri #2223  
newpaltz33@yahoo.com  
(914) 489-1582

Sat. Sept. 2 - FRIDAY & BALSAM CAP  
Distance: 7 mi. Ascent: 3000', Elev: 3694', 3623'  
Steep, strenuous bushwhack at a moderate pace.  
(Continued on page 6)
Sat. Sept. 9 - ADOPT-A-HIGHWAY CLEAN-UP
Route 214 Clean Up: Bring work gloves and a great attitude – all else will be provided, including refreshments afterward. Your participation helps the Club, the environment, and keeps the Catskills beautiful!
Registration Period: Open
Leaders: David Bunde #2269 W925; Tom Martone #2454 W1010
david@dgbdesign.com
Sat. Sept. 9 - PLATEAU & SUGARLOAF
Distance: 8.8 mi. Ascent: 3300', Elev: 3840', 3800'
Traverse with car shuttle. Starts after Club's Adopt-a-Highway cleanup event.
Registration Period: Sept. 4 - 8
Leader: Tom Martone #2454 W1010
tom.martone.cmc@gmail.com
Sun. Sept. 10 - Devil’s Path East - INDIAN HEAD, TWIN, SUGARLOAF & PLATEAU
Distance: 13.8 mi. Ascent: 4270', Elev: 3573', 3640', 3800', 3840'
Very strenuous, steep, moderately paced trail hike traverse.
Registration Period: Aug. 28 - Sept. 8
Leader: David Bunde #2269 W925
Sat. Sept. 16 - BIG INDIAN & FIR
Distance: 10.5 mi. Ascent: 3153', Elev: 3700', 3620'
A moderately paced bushwhack and trail hike.
Registration Period: By Sept. 7 - 15
Leader: Michael Bongar #2173, W994
michael@bongarbiz.com
Sat. Sept. 16 - GRAHAM
Distance: 7 mi. Ascent: 1360', Elev: 3868'
A moderate paced bushwhack.
Registration Period: Sept. 11 - 16
Leader: Suzanne Knabe#1326 suzkna@msn.com
(718) 435-3092 after 7:00 pm
Sun. Sept. 17 - PANTHER
Distance: 7 mi. Ascent 1800', Elev: 3720'
A moderately paced hike with short yoga session at Giant Ledge.
Registration Period: Sept. 2 - 16
Leader: Pamela Martin #2102
Pamela@martininc@gmail.com

Sun. Sept. 17 - SLIDE, CORNELL & WITTENBERG
Distance: 9.8 mi. Ascent: 2800', Elev: 4180', 3860', 3780'
A strenuous traverse. Car shuttle required.
Registration Period: Sept. 10 - 15
Leaders: Tom and Laurie Rankin #s 1503 W627, 1337 W531
lauriejrankin@gmail.com
(845) 926-2182
Sat. Sept. 23 - WINDHAM HP & BURNT KNOB
Distance: 7 mi. Ascent: 1480', Elev: 3524'
Traverse with shuttle.
Registration Period: Sept. 18 - 22
Leader: Keith Keator #1143
kvkeator@yahoo.com
(518) 589-9890
Sat. Sept. 23 - NORTH DOME & SHERRILL
Distance: 9.5 mi. Ascent: 2500', Elev: 3540', 3610'
A relaxed paced, long and steep bushwhack.
Registration Period: Sept. 14 - 21
Leader: Ted Shemella #1550 W789
tshemella@yahoo.com (preferred)
(845) 687-2208 to leave message
Sat. Sept. 30 - WITTENBERG & CORNELL
Distance: 8.85 mi. Ascent: 2514', Elev: 3784', 3868'
A moderate hike with nice views.
Registration Period: Sept. 24 - 29
Leader: Mike Stallbohm #1826 W745
mstall0128@gmail.com
Sat. Sept. 30 - HUNTER
Distance: 8.2 mi. Ascent: 1898', Elev: 4040'
Moderate pace trail hike. Short yoga session at fire tower.
Registration Period: Sept. 14 - 29
Leader: Pamela Martin #2102
Pamela@martininc@gmail.com

By The Numbers...
The lists of new and winter members included in this newsletter are as of the dinner. Those not inducted this past April will be listed in the fall Canister and feted next year. The number of new and winter members this year were 199 and 69 respectively. The regular number is a record; the winter is down from last year’s record 98 but is still the second highest.
Submitted by Dave White, Membership Chair
in good economic times and bad, because the EPF is paid for primarily from revenue from the Real Estate Transfer Tax (RETT), which takes no money away from other state priorities. All legislators agree that the EPF has a 7-1 pay-off for every dollar invested through greater tourism and economic activity. The state pays full local property taxes on about 3 million acres of Adirondack and Catskill Forest Preserve based on a 123-year-old law that recognized the burden that state land ownership would place on small rural communities. State-paid taxes are compensation for the prohibition against commercial use of the Forest Preserve, and in recognition of services provided by local taxpayers—police, fire, courts, road maintenance, school operation and other essential services. 

**The Bad News:** The Environmental Protection Agency’s budget may be cut by $2 billion; its workforce by 3,000 employees; and its grants to states and air and water programs by 30%. EPA represents a mere two-tenths of one percent of the federal budget before cuts. “If the EPA falters in meeting its legal obligations to ensure a clean, safe, and healthy environment,” New York Attorney General Eric Schneiderman said, “I will not hesitate to use the full power of my office to force the agency to meet those obligations and to hold polluters accountable for violations of New York State and federal law.” Kathy Nolan, Senior Research Director at Catskill Mountainkeeper, added: “New York’s families, communities, and great outdoors rely on a fully funded EPA to protect our air, water, and public health. We call on our Congressional representatives to vote against any EPA budget cuts.” Schneiderman led a coalition of Attorneys General in opposing President Trump’s Executive Order to eliminate the Clean Water Rule and he led the coalition of states and localities supporting the Clean Power Plan.

“I have spent my entire career fighting to preserve our natural resources,” said City of Kingston Mayor Steve Noble. “But the most important work I did was educating our community, particularly our youth, about the responsibility each of us has in protecting the environment. The thousands of children I taught understood the lesson quite well—if we are not good stewards of our water, land and ecosystems, we will lose them.” Water Program Director at Riverkeeper, Dan Shapley: “Proposed cuts to the EPA, NOAA and other science-based environmental agencies are a direct attack on values we hold dear in the Hudson Valley and threaten to stall a half century of progress on the Hudson; every one of us have to fight against them.” Peter Iwanowicz, executive director of Environmental Advocates of New York said, “This is a pivotal moment — the nation needs New York to lead on climate, clean air and water.”

**Mountain Pose on the Mountain Top:**

Yoga Hiking with the 3500 Club

By Pamela Martin

Hiking and yoga are a natural combination.

There are physical benefits to balancing the strength and aerobic conditioning of hiking with the balance and flexibility of yoga. There’s also an awareness that yoga and meditation can add to the hiking experience. By noticing and deepening the breath you can focus on your movements and be in the present moment and appreciate the nature around you.

Too often hikers neglect to stretch before or after a hike, and sometimes go straight from a strenuous hike to a long car ride without stretching. You don’t need to be especially flexible, or have any yoga expertise; a few stretches before and after the hike at the trailhead can go a long way to avoiding tightness, muscle cramps, and next-day soreness later on.

On a recent spring Sunday a group of seven hikers set off for Balsam Lake Mountain after a few warmup stretches at the trailhead. We were joined by two more at the fire tower for a short yoga session, mostly standing poses focusing on strength, flexibility and balance.

After yoga as we sat quietly we were treated to the sound of the wind in the evergreens and birdsong. A short silent meditation after yoga is a perfect way to enjoy the subtle sounds of nature that you might miss when hiking with a group.

After hiking back down we did a few more stretches before heading out.

The Catskill 3500 Club is offering hikes with yoga led by hike leader and certified yoga teacher Pamela Martin, #2102.

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**Tree pose on Balsam Lake Mountain. Photo by Pamela Martin**

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## Our New Members 2017

<table>
<thead>
<tr>
<th>Member Name</th>
<th>Date</th>
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<tbody>
<tr>
<td>Michelle de Castro</td>
<td>02/05/17</td>
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<tr>
<td>Karen A White</td>
<td>02/24/17</td>
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<td>David J Meeker</td>
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<td>Scott MacQuarrie</td>
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<td>Rodney Toussaint</td>
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<td>Deanna Loertscher</td>
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<td>Margie O’Brien</td>
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<td>Sarah Perazzo</td>
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<tr>
<td>Jackie Corley</td>
<td>09/24/16</td>
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<td>Shoshanna Speyer</td>
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<td>Emily Johnsen</td>
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<td>Shelley Weber</td>
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<td>Erin Urban</td>
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<td>Kathy Haake</td>
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<td>David Leone</td>
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<td>Avery A Carbone</td>
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<td>Gregory Dunn</td>
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<td>Jeanne CIMorelli</td>
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<td>Arno Boyaciyan</td>
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<td>Angela Gaffney-Smith</td>
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<td>Dennis Ng</td>
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<td>Tatiana Brodsky</td>
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<td>Greg Poland</td>
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<td>Young Jung</td>
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<td>Mark Walsh</td>
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<td>Christina Haase</td>
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<tr>
<td>Mahbuba Chowdhury</td>
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## New Winter Members

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<td>Duck Bum Shin</td>
<td>2480 01/29/17</td>
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<td>Nosa Choi</td>
<td>2426 03/19/17</td>
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<td>Trent Fenner</td>
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<td>Jonathan Tamir</td>
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<td>Tom Keaveney</td>
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<td>Karyn Hurley</td>
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<td>Jamie Myers</td>
<td>2537 02/26/17</td>
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<td>Ken Posner</td>
<td>2573 02/26/17</td>
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<td>Paul Nick</td>
<td>2586 02/11/17</td>
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<tr>
<td>Bethany Woodard</td>
<td>2219 03/04/17</td>
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<td>Nick Minglis</td>
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<td>Jeremy K McKeon</td>
<td>2085 03/04/17</td>
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<tr>
<td>Christine Chwe</td>
<td>2728 03/05/17</td>
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<tr>
<td>Dana Nieder</td>
<td>2415 03/04/17</td>
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<td>Chuck Nieder</td>
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<td>2780 02/03/17</td>
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## New Life Members

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<td>Asp. Raymond Coletti</td>
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<td>Asp. Thomas Theofilatos</td>
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Like us? Then “like” us at [http://facebook.com/Catskill3500Club](http://facebook.com/Catskill3500Club)!
Thank you to our dedicated members. We can’t do it without you! Photo by David Bunde

Fawns and porcupettes! Early summer is the season for babies of all types. Keep your eyes peeled and your camera ready, and enjoy the views!

Photos by Heather Rolland